

## Resources/Recursos

Adult Protective Services .....	1(800) 491-7123
Alzheimer's Association alz.org .....	1(800) 272-3900
American Society on Aging .....	1(800) 537-9728
Blindness Support Services .....	(951) 341-9244
Caregivers Alzheimer's Association .....	1(800) 272-3900
Community Action Partnership .....	(951) 955-4900
City of Jurupa Valley .....	(951) 332-6464
Community Connect .....	1(800) 465-1123
Dial-A-Ride .....	1(800) 795-7887
Elder Abuse Hotline .....	1(800) 677-1116
Fair Housing Council of Riverside County .....	(951) 682-6581
Family Caregiver Alliance .....	1(800) 445-8106
Feeding America .....	(951) 359-4757
HICAP Health Insurance Counseling .....	(909) 256-8369   1(800) 434-0222
ICLS-Inland County Services, Ins. ....	1(800) 977-4257
Inland Counties Legal Services/Senior Hotline.....	(951) 320-7500
Jurupa Area Recreation Park District .....	(951) 361-2090
Meals on Wheels .....	(951) 683-7151
Medicare .....	1(800) 633-4227
Office on Aging/County of Riverside .....	(951) 867-3800
Poison Control Hotline .....	1(800) 222-1222
Riverside County Veterans Services .....	(951) 955-3060
Riverside County Department of Social Services .....	(951) 358-3000
Riverside Transit Agency .....	(951) 565-5000
Rubidoux Resource Center .....	(951) 328-1575
Sherriff's (Jurupa Valley) .....	(951) 955-2600
Social Security Administration .....	1(800) 772-1213
Veteran's Assistance .....	1(800) 827-1000



Operated by JARPD  
under agreement with the City of Jurupa Valley



5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

(951) 275-9975

VOL. 2 ISSUE 5 •  
JULY, AUGUST, SEPTEMBER  
2022  
**THE EDDIE DEE NEWS**



5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

(951) 275-9975



Happy summer! Enjoy the extra light we have this season by making memories. Join our walking club, come socialize during coffee club, or just simply come visit your friends at the Eddie Dee Smith Senior Center. The months of July, August, and September have plenty of fun filled activities for you to participate in.



### Summer on my Mind!

¡Feliz verano! Disfruta del extra de luz que tenemos esta temporada haciendo recuerdos. Únase a nuestro club de caminatas, venga a socializar durante el club de café o simplemente venga a visitar a sus amigos en el Centro para personas mayores Eddie Dee Smith. Los meses de Julio, Agosto y Septiembre tienen muchas actividades llenas de diversión para que participe.

Verano en mi Mente!



## Center Hours

MONDAY-FRIDAY  
LUNES- VIERNES

8:00AM-3:00PM

Email  
EDSSC@JARPD.org

### CENTER STAFF

DEBBIE PATTERSON  
Recreation Coordinator

MARELY PIÑA  
Recreation Specialist



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## FSA-Senior Nutrition Lunch Program

Monday - Friday/Lunes - Viernes

11:30am - 12:30pm

To schedule a reservation for the senior nutrition lunch program, please call (951) 275-9975. A 24 hour notice is required for all lunch reservations. Para programar una reservacion para el programa de almuerzo, llame al (951) 275-9975. Se requiere un aviso de 24 horas para todas las reservas de almuerzo.

## Feeding America-Food Pantry

1st Thursday of the month/ Primer Jueves del mes  
By appointment only/ Por cita solamente.

9:00am - 11:30pm

To schedule an appointment for the Food Pantry, please call (951) 275-9975 on Tuesday the week of pick-up. You Must bring a cart.

Para programar una cita para recoger la comida, llame al (951) 275-9975 los lunes de cada semana. Debe traer su propio carrito.

## Orange County Food Box

Last Monday of the month/ Ultimo Lunes del mes  
10:00am-1:00pm

Eddie Dee Smith Senior Center

\*Drive up outdoor pick-up. Conduzca hasta la recogida al aire libre.

Pick-up the last Monday of the month. Please call (714) 897-6670 for more information. Llame al (714) 897-6670 para mas informacion.

"If you can't feed a hundred people, just feed one."

"Si no puedes alimentar a cien personas, solo dale de comer a una."

-MOTHER TERESA



Tuesday, August 30  
Martes, 30 de Agosto

9am - 10:30am

Join us for a fun game of Bingo with friends. Sponsored by Anthem. Únete a nosotras para un divertido juego de Bingo con amigos. Patrocinado por Anthem.



Eddie Dee's Thrift Store

LA TIENDA DE EDDIE DEE

Every Tuesday

Except the first Tuesday of the Month

10:00am - 1:00pm



Cada Martes

Excepto el primer Martes del Mes

10:00am - 1:00pm

## Zumba Gold / Zumba

July 1 - August 26

1 de Julio - 26 de Agosto

Join Elia from RCHF as she host Zumba Gold for the months of July and August at the center.

Únase a Elia de RCHF como presentadora de Zumba Gold durante los meses de Julio y Agosto en el centro.

Fridays / Viernes

9:00 am - 10:00 am



## Medicare Resources

RECURSOS DE MEDICARE

Date	Time	Agency
07/13/22	10:30am - 1pm	ANTHEM
07/20/22	10am - 12:30pm	PACE
07/26/22	10:30am - 12pm	SCAN
08/04/22	8:30am - 12pm	PACE
08/16/22	10:30am - 12pm	SCAN
08/30/22	10:30am - 1pm	ANTHEM
09/13/22	10:30am - 12pm	SCAN
09/14/22	10:30am - 12pm	PACE
09/28/22	10:30am - 1pm	ANTHEM

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(951) 275-9975

THANK YOU

Alexander Family

Amistad Medical Clinic

Anthem Blue Cross

365 MD Care

Monica Ruiz Mint

Riverside Community Health Foundation

Monica Fiallos

Neighborhood HealthCare

Baker's Drive-Thru

SCAN Health

# Sponsorship/Patrocinio

The Eddie Dee Smith Senior Center can only achieve its goals with assistance of generosity from members of our community. Without this assistance serving those in our area, would not be possible. Please consider sponsoring, we appreciate any contribution towards the center's programs and activities that serve our 55+ community.

El Centro para Personas Mayores Eddie Dee Smith solo puede lograr sus objetivos con la ayuda de la generosidad de los miembros de nuestra comunidad. Sin esta ayuda, no sería posible servir a los que se encuentran en nuestra área. Considere patrocinar, apreciamos cualquier contribución a los programas y las actividades del centro que sirven a nuestra comunidad de 55+.



**Monica I. Ruiz Bustos**  
Independent Insurance Agent  
Lic. #: OK59843 | Hablo español  
Mobile: (909) 908-2599  
Fax: (951) 208-0498  
monica.katyta@gmail.com



**Monica Fiallos**  
Independent Broker  
Medicare Solutions  
Life Insurance  
Lic. OG78920  
Hablo su idioma  
Cell: (951) 314-3258  
Fax: (951) 823-5502



3800 Kilroy Airport Way  
Suite 100  
Long Beach, CA 90806



**Walther Moyano**  
Sales Representative  
1-951-505-3341

wmoyano@scanhealthplan.com  
scanhealthplan.com/sales/walthermoyano  
Se habla español  
License #: 0H68128



**DR. ROBERT NGUYEN MD**  
Certificado en medicina interna,  
Geriatrico y Obesidad  
University of Massachusetts Medical School  
Drew-UCLA



S E S S A L G N U S E P C E Q V C B E A C H V A  
O T U R M V G Q I Y Y M O T X Z R Z F O I J I N  
T P O W N H S Q W D A I T O V O L L E Y B A L L  
W N Z J R J Y W F N X C M I L O C M U H S B D E  
B Z A G L W H D I A K E C A C E U D W L S D F H  
A B Z I M K V K L S L C H N O O V Q M U W J S I  
T A U G U S T D P S L R H E D H K D N J U V R G  
H L W J R F C C I L S E L O P F J S U Q W T H X  
I A Z B R L F V J U X A Q S T W H U D K N C G P  
N K G Q E B W A M J C M P N C I Z L F V M S T S  
G E M O R F B M J P H O J W N P P P B Q D Z Y U  
S Z V Z X R E P V Y L K X E F H W A U F U N G Y  
U C C K Y R S G H F V L N B I N M W N U U X P K  
I J R Z J P V I P J P W M F U L D W X K S S J O  
T T S S R E B I G Q R H Q F S T R O H S Z K X H  
G N D X C K L N E E R C S N U S C T H T N S J P  
L Q V L V F L E V A R T N T C S E T W U D U U A  
F E N A E C O K F Z O E M B A M A F E N L G N P  
X E W G L A W S R A X A D Q I N T Q E Y V P E H  
V I B O U U V A C A T I O N N P R I W L D U W Y  
A O C M T O Y A S X I A N I X I R G W E B B J I  
J I S L E E P O V E R S N H Z F E G R R A M I K  
A G G P D N G X E D E G Z H R I U M N U N Y B N  
C Z E F Y P A G K T T U S W I M M I N G P N U F

- |            |              |            |            |          |
|------------|--------------|------------|------------|----------|
| august     | bathing suit | beach      | flip flops | friends  |
| fun        | hot          | ice cream  | july       | june     |
| lake       | ocean        | pool       | sand       | shorts   |
| sleepovers | summer       | sunglasses | sunscreen  | sunshine |
| swimming   | tanning      | towel      | travel     | vacation |
| volleyball |              |            |            |          |

For more information on how to become a sponsor, call (951) 275-9975.



**California Phones**  
Keeping you connected.

Para mas informacion, favor de llamar al Centro al (951) 275-9975 or visite [www.JARPD.org](http://www.JARPD.org)

# JULY / JULIO



**B I N G O**

**Tuesday, July 5th/Martes, 5 de Julio**

Sponsored by: 9-11am  
Patrocinado por:



Register/Registrese

## Grandparent & Me

Sponsored by: July 13, 2022

Patrocinado por: 9:00am-11:00am



\$3 Per Grandkid

Bring your grandkids and enjoy a morning of crafts and games.

*Grandkids must be ages 4+*

## Abuelos & Yo

Trae a tus nietos y disfruta de una mañana de manualidades y juegos. Los nietos deben tener 4 años o más.

Julio 13, 2022

9:00am-11:00am

\$3 Por Nieto



## Upcoming Activities

Proximas actividades

### Food Pantry Bag

*Bolsa de Alimentos*

July / Julio 7

9:00am - 11:30am

### Craft Class

*Clase de manualidades*

July/ Julio 14 & 28

9:30am - 1:30pm

### Monthly Birthday Celebration

*Celebracion de Cumpleaños*

July/ Julio 15

### LOTERIA

July/ Julio 22

9:00am - 11:00am

### Smart Phone Training

Android

July/ Julio 29

9:00am - 11:00am

## BOOK YOUR NEXT EVENT WITH US!

Salon de Fiestas Para Rentar

*Celebrate with Us!*

## SPECIAL OCCASIONS!

The Jurupa Area Park District offers facilities with a wide range of amenities to meet your personal or professional needs.

## RENT A FACILITY!

Our Event Room and Dining Room at the Eddie Dee Smith Senior Center are the perfect venues for your wedding reception, quinceañeras, birthday party, or other special occasion.



## Locations Include:

- Jurupa Community Center
- Veterans Memorial Community Center
- SkyView Event Center
- Eddie Dee Smith Senior Center
- Picnic Shelters
- and much more!

**FOR PRICING AND AVAILABILITY INFORMATION, PLEASE CALL THE CENTER!**

5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

(951) 275-9975

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(951) 275-9975

# Pool Tournament Torneo de Billar

Tuesday, August 9th, 10th & 11th  
Martes, 9, 10 & 11 de Agosto  
8:00am - 3:00pm

**Pool Player Meeting/ Junta**  
July 20th at 2pm

Sign up at  
the front  
desk!

\$10.00 to join /  
para participar

## Classes & Workshops Talleres & Clases

### Amistad Medical Clinic

**Tuesday/Martes**  
9:00 am - 11:00 am  
*Nutrition Class*  
*Clase de Nutricion*

7/12/22  
8/9/22  
Friday 9/16/22

### Amistad Medical Clinic

**Tuesday/Martes**  
9:00 am - 11:00 am

*Painting Class*  
*Clase de Pintura*

7/19/22  
8/23/22  
9/6/2022

### **Mental Health Classes/ Clases de Salud Mental**

### Vision & Compromiso

9:00am - 11:00am  
July 21 & 27  
August 18 & 31  
September 13 & 22

## Upcoming Activities

Proximas actividades

**Food Pantry Bag**  
*Bolsa de Alimentos*  
August/Agosto 4

**Craft Class**  
*Clase de manualidades*  
August/ Agosto 11 & 25  
9:30am - 1:30pm

**Monthly Birthday Celebration**  
*Celebracion de Cumpleaños*  
August/Agosto 19

**Smart Phone Training**  
*iphone*  
August/Agosto 12  
9:00am - 11:00am

**Smart Phone Training**  
*Android*  
August/Agosto 26  
9:00am - 11:00am

## AUGUST / AGOSTO

### *Summer Luau*

**Friday, August 26th**

**1pm - 4pm**

**\$5 a ticket**

Come dressed in your Hawaiian  
outfits to celebrate summer.

Dinner will be provided.

### *Luau de Verano*

**Viernes, Agosto 26th**

**1pm - 4pm**

**\$5 por boleto**

Ven vestido en tu conjunto  
Hawaiano para celebrar verano.

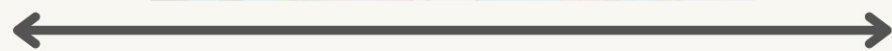
Cena sera proporcionada.



# LOTERIA

Tuesday, September 20  
Martes 20 de Septiembre

9:00 am - 11:00 am



## Grandparents Day / Dia de Abuelos

September 12/ Septiembre 12  
9 am - 10am

Come enjoy some coffee and donuts!

Venga a disfrutar de cafe y donas!



5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

## Upcoming Activities

Proximas actividades

### Food Pantry Bag

*Bolsa de Alimentos*

September / Septiembre 1

### Wreath Class

*Clase de Coronas*

September / Septiembre 15 & 29

9:00am - 11:00am

### Smart Phone Training

*Android*

September / Septiembre 9 & 23

9:00am - 11:00am

### Monthly Birthday Celebration

*Celebracion de Cumpleaños*

September / Septiembre 16

11:30am - 12:30pm

### Root beer Float

*Flotador de cerveza de raíz*

Friday / Viernes

September / Septiembre 23

During Lunch

*Durante el Almuerzo*

(951) 275-9975



12:00pm - 3:00pm

Wednesday,  
September 28

12:00pm - 3:00pm

Miercoles, 28 de  
Septiembre



## Root Beer Floats

Come enjoy a root beer float in celebration of National Senior Citizen Day.

Venga a disfrutar un flotador de cerveza de raíz en celebración del Día Nacional de la Tercera Edad.



Monday / Lunes  
August / Agosto 22  
Durante el Almuerzo

## Cool/Warm Center

Seniors Only 55+

Monday – Friday

10:00a.m. to 3:00p.m.

When temperatures are forecast to exceed 97°F or below 40°F.

In partnership with the County of Riverside's Community Action Partnership, the Center will act as Cool/Warm Center for vulnerable seniors in need of temporary relief from the heat or cold, under certain weather conditions.

Quando se pronostica que las temperaturas excederán los 97 ° F o por debajo de los 40 ° F.

En asociación con la Asociación de Acción Comunitaria del Condado de Riverside, el Centro actuará como Centro Cool / Warm para personas mayores vulnerables en necesidad de un alivio temporal del calor o el frío, en determinadas condiciones climáticas.

### Joke of the

#### Quarterly Newsletter

An elderly couple had dinner at another couple's house, and after eating, the wives left the table and went into the kitchen. The two gentlemen were talking, and one said,

"Last night we went out to a new restaurant and it was really great. I would recommend it very highly."

The other man said, "What is the name of the restaurant?"

The first man thought and thought and finally said, "What is the name of that flower you give to someone you love? You know... the one that's red and has thorns." "Do you mean a rose?" "Yes, that's the one," replied the man.

He then turned towards the kitchen and yelled, "Rose, what's the name of that restaurant we went to last night?"

#### Broma del Boletín

##### Trimestral

¿Cuales son las vacas mas perezosas?

-Las Vacaciones!

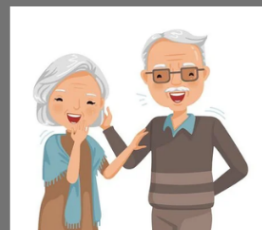
¿Cuál es la diferencia entre un volcan y un terremoto?

- ¿Cual?

-que un terremoto ensucia

-¿Y el volcan?

-Lava



## MEMBER SERVICES

Fiallos Insurance Solutions, Inc. will be providing a variety of support services at no cost to our members.



Monica Fiallos

**Make an appointment the 2nd and 4th Thursday of each month.**

### SERVICIOS DE MIEMBROS

Soluciones De Aseguranza Fiallos Inc. provee una variedad de servicios con apoyo sin ningun costo a nuestros miembros.

**Necesita asistencia? haga su cita el 2o y 4o Jueves de cada mes.**

## Rock Garden at EDS

WEDNESDAY, AUGUST 17TH

9:00AM - 11:00AM

Join us create our own rock garden outside in the patio. We will be painting rocks.

MIERCOLES 17 DE AGOST

9:00AM - 11:00AM

Únase a nosotros para crear su propio jardín de rocas en el patio. Estaremos pintando

rocas.



## CENTER EVENTS & ACTIVITIES

Eventos & Actividades del Centro

### SPORTS DAY

Friday, September 2

Viernes, 2 de Septiembre

Come dressed in your favorite



Jersey.  
Venga vestido en su Jersey favorito.

### Crazy Hat Day

Tuesday September 6 /

Martes 6 de Septiembre

### Walking Club Club de Caminata

Every Wednesday at 7:30 am

Cada Miercoles a la 7:30 am

Join Vision & Compromiso for an hour walk.

Unase a Vision & Compromiso para una caminata de una hora.



### Aging Mastery Program®

National Council on Aging

Build your own personal play book for aging well. This fun and innovative program empowers you to take key steps to improve your well-being, add stability to your life, and strengthen ties to your community.



JOIN THE ADVENTURE!

- Meet new friends and become involved in the community
- Make impactful changes in your health
- Get REAL incentives!

JUNE 6, 2022

9:00AM-10:30AM

Eddie Dee Smith Senior Center  
(5888 Mission Blvd., 92509)

comunidad.



¡ÚNASE A LA AVENTURA!

- Conozca nuevos amigos/as e involúcrese en la comunidad.
- Realice cambios impactantes en su salud
- ¡Obtenga incentivos REALES!

6 DE JUNIO DEL 2022

9:00AM-10:30AM

Eddie Dee Smith Senior Center  
(5888 Mission Blvd., 92509)

# Eddie Dee Smith Senior Center

MONDAY		TUESDAY		WEDNESDAY	
8:30 - 9:30	Stretch & Flex	8:30 - 9:30	Stretch & Flex	7:30 - 8:30	Walking Club
8:30 - 10:30	Coffee Social	8:30 - 10:30	Coffee Social	9:00 - 11:00	Crochet Club
11:30 - 12:30	Lunch Program	10:00 - 2:00	Sewing Club	8:30 - 10:30	Coffee Social
11:00 - 3:00	Ceramics Class	11:30 - 12:30	Lunch Program	8:30 - 10:30	Painting Club
<b>"The spirit never ages. It stays forever young." - Lailah Gifty Akita</b>		11:30 - 3:00	Ceramics Class	11:30 - 12:30	Lunch Program
		<b>Coloring Social Tuesdays/Martes 8:30am-10:30am</b>		12:00 - 2:00	Quilting*
<small>* Food Pantry Days may affect class. Please check with the front desk.</small>					



**Wreath Class**  
**Will be back**  
**September**  
**15 & 29**  
**9:30AM - 11:30AM**



**IF NOT FULLY VACCINATED  
MASKS  
REQUIRED**

# Program Schedule

THURSDAY		FRIDAY		ONGOING ACTIVITIES	
8:30 - 9:30	Stretch & Flex	8:30 - 10:30	Coffee Social	8:00 - 3:00	Billiards
8:30 - 10:30	Coffee Social	9:00 - 10:00	Zumba Gold	8:00 - 3:00	Computer Lab
11:30 - 12:30	Lunch Program	10:00 - 11:00	Computer Class	8:00 - 3:00	Gym
12:00 - 3:00	Mexican Train	10:00 - 1:00	Watercolor	8:00 - 3:00	Library
 <b>Sorry WE'RE CLOSED</b> July 4, 2022 September 5, 2022		11:00 - 3:00	Canasta	<b>Center Hours</b> Monday-Friday <i>Lunes a Viernes</i> 8:00am - 3:00pm  Sat & Sun Available for Rentals  <i>*Centro disponible para fiestas</i>	
		11:30 - 12:30	Lunch Program		
		11:30 - 12:30	Birthday Celebration (3rd Friday)		
<b>Lunch Program</b> <i>Programa de Lonche</i> 11:30 — 12:30 pm <b>Reservations Required</b> <i>Se Requiere Reservacion</i>		 <b>VOLUNTEERS MAKE A DIFFERENCE</b>			
		<b>Special Events / Eventos Especiales:</b> Monthly Birthday Celebrations / Celebraciones de Cumpleaños Mensuales <i>3rd Friday of the Month / 3er Viernes del Mes</i>			