

Resources/Recursos

Adult Protective Services	1(800) 491-7123
Alzheimer's Association alz.org	1(800) 272-3900
American Society on Aging	1(800) 537-9728
Blindness Support Services	(951) 341-9244
Caregivers Alzheimer's Association	1(800) 272-3900
Community Access Center	(951) 274-0358
Community Action Partnership	(951) 955-4900
City of Jurupa Valley	(951) 332-6464
Community Connect	1(800) 465-1123
Dial-A-Ride	1(800) 795-7887
Elder Abuse Hotline	1(800) 677-1116
Fair Housing Council of Riverside County	(951) 682-6581
Family Caregiver Alliance	1(800) 445-8106
Feeding America	(951) 359-4757
HICAP Health Insurance Counseling	(909) 256-8369 1(800) 434-0222
ICLS-Inland County Services, Ins.	1(800) 977-4257
Inland Counties Legal Services/Senior Hotline.....	(951) 320-7500
Jurupa Area Recreation Park District	(951) 361-2090
Meals on Wheels	(951) 683-7151
Medicare	1(800) 633-4227
Office on Aging/County of Riverside	(951) 867-3800
Poison Control Hotline	1(800) 222-1222
Riverside County Veterans Services	(951) 955-3060
Riverside County Department of Social Services	(951) 358-3000
Riverside Transit Agency	(951) 565-5000
Rubidoux Resource Center	(951) 328-1575
Sherriff's (Jurupa Valley)	(951) 955-2600
Social Security Administration	1(800) 772-1213
Veteran's Assistance	1(800) 827-1000



Operated by JARPD
under agreement with the City of Jurupa Valley



5888 MISSION BLVD. JURUPA VALLEY, CA. 92509



(951) 275-9975

VOL. 3 ISSUE 4 •

OCTOBER, NOVEMBER,
DECEMBER 2023

THE EDDIE DEE NEWS

5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

(951) 275-9975



With all the holidays approaching make sure to take the time and be thankful for all this year has brought. While looking through all the upcoming events see if you could spot all 31 hidden ghost. The first 10 people to find all 31 ghost by November 1st will get a small prize.



HAPPY
HOLIDAYS



Con todas las fiestas acercándose, asegúrese de tomarse el tiempo y agradecer todo lo que este año ha traído. Mientras revisa todos los próximos eventos, vea si puede encontrar los 31 fantasmas ocultos. Las primeras 10 personas que encuentren los 31 fantasmas antes del 1 de Noviembre obtendrán un pequeño premio.



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Center Hours

MONDAY-FRIDAY
LUNES- VIERNES

8:00AM-3:00PM

Email

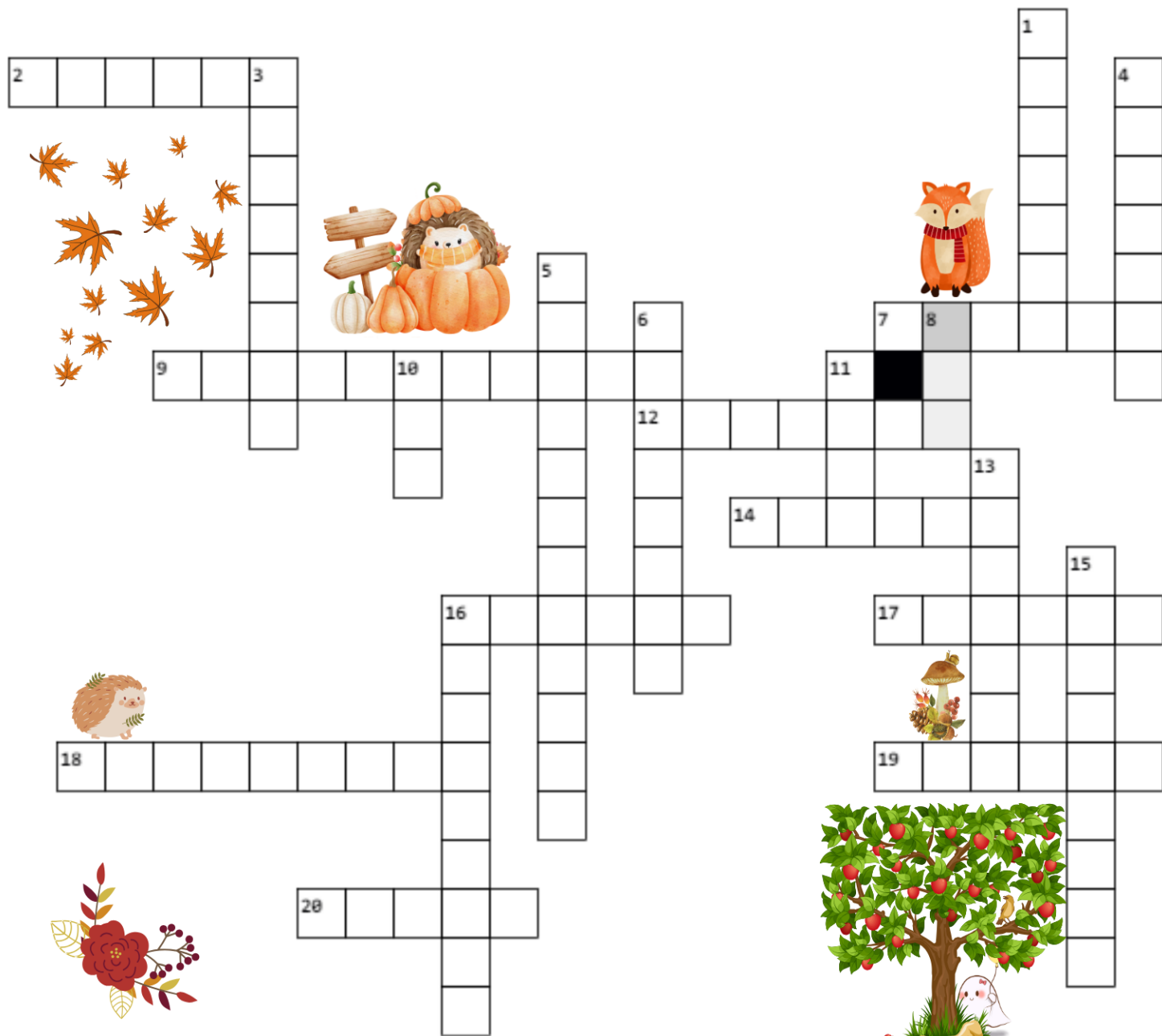
EDSSC@JARPD.org

CENTER STAFF

DEBBIE PATTERSON
Recreation Supervisor

MARELY PIÑA
Recreation Specialist





Across

- 2. Another name for Fall.
- 7. A mix of red and yellow.
- 9. Orange vegetable used to make fries or pie.
- 12. Where apples grow.
- 14. The color of the sun (also a primary color).
- 16. Air that is not warm.
- 17. I change colors and fall from trees in the fall.
- 18. Holiday in October where you dress up.
- 19. A feathered animal you eat on Thanksgiving.
- 20. Brown seed that falls from trees.

Down

- 1. Orange vegetable used for jack o lantern.
- 3. The 11th month of the year.
- 4. The 10th month of the year.
- 5. Holiday in November.
- 6. A sport with touchdowns and field goals.
- 8. The color of apples (also a primary color).
- 10. Baked dessert made of fruit.
- 11. Nickname for the season Autumn.
- 13. You out me on when it's chilly outside.
- 15. The 9th month of the year.
- 16. Red berry that also comes canned.

Para mas informacion, favor de llamar al Centro al
(951) 275-9975 or visite www.JARPD.org

Eddie Dee's Thrift Store

LA TIENDA DE EDDIIE DEE



Come on in to Eddie Dee's Thrift store open every Thursday except the first Thursday of the month. Ven a la tienda de segunda mano de Eddie Dee abierta todos los Jueves excepto el primer Jueves del mes.

10:00 am - 1:00pm



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Zumba Gold / Zumba

Join Elia from RCHF as she host Zumba Gold for the months of October and November at the center.

Únase a Elia de RCHF como presentadora de Zumba Gold durante los meses de Octubre y Noviembre en el centro.

Every Friday /
Cada Viernes
9 am - 10 am



Medicare Resources

RECURSOS DE MEDICARE

Date	Time	Agency
10/5/2023	10:00 am - 12:00 pm	ANTHEM
10/26/2023	9:30 am - 10:30 am	SCAN
10/30/2023	9:00 am - 10:30 am	PACE
11/2/2023	10:00 am - 12:00 pm	ANTHEM
11/28/2023	10:30 am - 12:00 pm	PACE
12/7/2023	10:00 am - 11:30 am	ANTHEM
12/15/2023	10:30 am - 11:30 am	SCAN
12/18/2023	10:00 am - 12:00 pm	PACE



- Amistad Medical Clinic
- Anthem Blue Cross
- Monica Ruiz
- Rosa Kuybus
- Riverside Community Health Foundation
- Monica Fiallos
- Mila Arteaga
- Neighborhood HealthCare
- SCAN Health

Sponsorship/Patrocinio

The Eddie Dee Smith Senior Center can only achieve its goals with assistance of generosity from members of our community. Without this assistance serving those in our area, would not be possible. Please consider sponsoring, we appreciate any contribution towards the center's programs and activities that serve our 55+ community.

El Centro para Personas Mayores Eddie Dee Smith solo puede lograr sus objetivos con la ayuda de la generosidad de los miembros de nuestra comunidad. Sin esta ayuda, no sería posible servir a los que se encuentran en nuestra área. Considere patrocinar, apreciamos cualquier contribución a los programas y las actividades del centro que sirven a nuestra comunidad de 55+.

Monica I. Ruiz Bustos
Independent Insurance Agent
Lic# 0K59843 | Hablo Español
Mobile: (909) 908-2599
Office: (951) 588-2560
Fax: (909) 208-0498
monica.bustos@myvitalityagent.com

Protection that Promotes Peace of Mind

Monica Fiallos
Independent Broker
Medicare Solutions
Life Insurance
Lic. 0G78920
Hablo su idioma
Cell: (951) 314-3258
Fax: (951) 825-5502

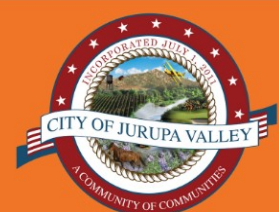
Ajay G. Meka M.D., Inc. Serving Southern California since 1983

3800 Kilroy Airport Way
Suite 100
Long Beach, CA 90806

Walther Moyano
Sales Representative
1-951-505-3341
wmoyano@scanhealthplan.com
scanhealthplan.com/sales/walthermoyano
Se habla español
License #: 0H68128



For more information on how to become a sponsor, call (951) 275-9975.



FSA-Senior Nutrition Lunch Program

Monday - Friday/Lunes - Viernes
11:30am - 12:30pm

To schedule a reservation for the senior nutrition lunch program, please call (951) 275-9975. A 24 hour noticed is required for all lunch reservations. Para programar una reservacion para el programa de almuerzo, llame al (951) 275-9975. Se requiere un aviso de 24 horas para todas las reservas de almuerzo.

Feeding America-Food Pantry

1st Thursday of the month/ Primer Jueves del mes
By appointment only/ Por cita solamente.

9:00am - 11:30am

To schedule an appointment for the Food Pantry, please call (951) 275-9975 on Tuesday the week of pick-up. You must bring a cart.

Para programar una cita para recoger la comida, llame al (951) 275-9975 el Martes antes de recoger la comida. Debe traer su propio carrito.

Orange County Food Box

Last Monday of the month/ Ultimo Lunes del mes
10:00am-1:00pm

Eddie Dee Smith Senior Center

*Drive up outdoor pick-up. Conduzca hasta la recogida al aire libre.

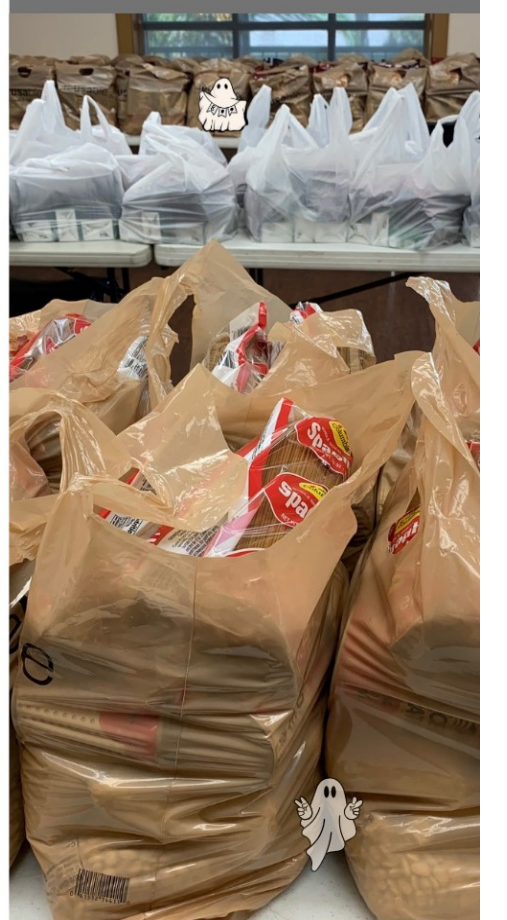
Pick-up the last Monday of the month.

Please call (714) 897-6670 for more information. Llame al (714) 897-6670 para mas informacion.

"If you can't feed a hundred people, just feed one."

"Si no puedes alimentar a cien personas, solo dale de comer a una."

-MOTHER TERESA



OCTOBER / OCTUBRE



**HALLOWEEN
PARTY**

TUESDAY OCTOBER 31, 2023

MARTES 31 DE OCTUBRE, 2023

4:00 – 7:00 PM

\$7 PER TICKET

\$7 POR BOLETO

Come dressed in your best costume for a spooky good time filled with music, dance and food.

Ven vestido en tu mejor disfraz para pasar un rato espeluznante bueno lleno de música, baile y comida.

**Don't forget to register by Wednesday
October 25th**

**No se le olvide regístrese antes de
Miércoles 25 de Octubre**

**Upcoming
Activities**

Proximas actividades

Food Pantry Bag

Bolsa de Alimentos

October / Octubre 5

9:00am - 11:30am

Monthly Birthday Celebration

Celebración de Cumpleaños

October / Octubre 20

Smartphone Training

Call to Sign-up

9:00 am - 11:00 am

Entrenamiento de Teléfonos

Llamar para inscribirse

9:00 am - 11:00 am

Wear Pink

Use Rosa

October / Octubre 20

5888 MISSION BLVD. JURUPA VALLEY, CA. 92509



(951) 275-9975

BOOK YOUR NEXT EVENT WITH US!

Salon de Fiestas Para Rentar

Celebrate with Us!



SPECIAL OCCASIONS!

The Jurupa Area Park District offers facilities with a wide range of amenities to meet your personal or professional needs.

RENT A FACILITY!

Our Event Room and Dining Room at the Eddie Dee Smith Senior Center are the perfect venues for your wedding reception, quinceañeras, birthday party, or other special occasion.



Locations Include:

- Jurupa Community Center
- Veterans Memorial Community Center
- SkyView Event Center
- Eddie Dee Smith Senior Center
- Picnic Shelters
- and much more!

**FOR PRICING AND
AVAILABILITY
INFORMATION, PLEASE
CALL THE CENTER!**



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Classes & Workshops Talleres & Clases



Amistad Medical Clinic

Nutrition Class

Clase de Nutrición

9 am - 11 am

10/26/2023

11/16/2023

12/21/2023



Painting Class

Clase de Pintura

9 am - 11 am

11/9/2023

12/14/2023

Vision & Compromiso

Mental Health Classes

Clases de Salud Mental

9 am - 10:30 am

Every Tuesday

Cada Martes



Riverside University

Health System

Flu Shot Clinic

Clínica de vacunación

contra la gripe

11:30 am - 3:00 pm

12/1/2023

No se require cita

No appointment needed



November / Noviembre



Upcoming Activities

Proximas actividades

Food Pantry Bag

Bolsa de Alimentos

November / Noviembre 2

Monthly Birthday

Celebration

Celebración de Cumpleaños

November / Noviembre 17

Smartphone Training

Call to make appointment

9:00 am - 11:00 am

Entrenamiento de Teléfonos

Llamar para inscribirse

9:00 am - 11:00 am



Join us as the choir students from Pacific Avenue Academy of Music perform during lunch.

Únase a nosotros mientras los estudiantes del coro de la Academia de Música Pacific Avenue interpretan algunas canciones durante el almuerzo.

Wednesday November 29, 2023

Miércoles 29 de Noviembre, 2023

11:15 am - 12:45 pm



LOTERÍA

Wednesday November 8, 2023

Miércoles 8 de Noviembre, 2023

9:00 am - 10:30 am

Don't forget to register before Friday
November 3, 2023

No se le olvide registrarse antes de
Viernes 3 de Noviembre, 2023



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(951) 275-9975

December / Diciembre

Ugly Christmas Sweater Dance Baile Navideño del Suéter Feo

Come in your best Ugly Sweater for a chill night of dancing and celebration.
Venga en su mejor Suéter Feo para una noche tranquila de baile y celebración.

Saturday December 16
Sábado 16 de Diciembre

4:00 pm - 7:00 pm

\$7 per ticket
\$7 por boleto

Don't forget to register by Friday
December 8th.

No se le olvide regístrese antes de
Viernes 8 de Diciembre.

5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

Upcoming Activities

Proximas actividades

Food Pantry Bag

Bolsa de Alimentos

December / Diciembre 7

Monthly Birthday Celebration

Celebración de Cumpleaños

December / Diciembre 15

11:30am - 12:30pm

Smartphone Training

Call to Sign-up

9:00 am - 11:00 am

Entrenamiento de Teléfonos

Llamar para inscribirse

9:00 am - 11:00 am



(951) 275-9975

Thanksgiving Luncheon

Friday November 17 2023
Viernes 17 de Noviembre 2023
\$5 per person
\$5 por persona

Make sure to buy your ticket before Friday
November

Asegúrese de comprar su boleto antes de
Viernes de Noviembre

RSVP Required

Limited
Space
Espacio
Limitado

Christmas Luncheon

Friday December 15, 2023
Viernes 15 de Diciembre, 2023
\$5 per person
\$5 por persona

Make sure to buy your ticket before Friday
December

Asegúrese de comprar su boleto antes de
Viernes de Diciembre

Cool/Warm Center

Seniors Only 55+

Monday – Friday

10:00a.m. to 3:00p.m.

When temperatures are forecast to exceed 97°F or below 40°F.

In partnership with the County of Riverside's Community Action Partnership, the Center will act as Cool/Warm Center for vulnerable seniors in need of temporary relief from the heat or cold, under certain weather conditions.

Cuando se pronostica que las temperaturas excederán los 97 ° F o por debajo de los 40 ° F.

En asociación con la Asociación de Acción Comunitaria del Condado de Riverside, el Centro actuará como Centro Cool / Warm para personas mayores vulnerables en necesidad de un alivio temporal del calor o el frío, en determinadas condiciones climáticas.

Joke of the Quarterly Newsletter

You know how important exercise is, as we grow older. Here are a few suggestions. I start by standing outside behind the house and, with a five-pound potato sack in each hand, extend my arms straight out to my sides and hold them there as long as I can.

After a few weeks, I moved up to 10-pound potato sacks, then 50-pound potato sacks and finally I got to where I could lift a 100-pound potato sack in each hand and hold my arms straight out for more than a full minute!

Next, I started putting a few potatoes IN the sacks, but I would caution you not to overdo it at this level.

Broma del Boletín Trimestral

Estoy buscando trabajo.
¿Le gustaría de jardinero?
¿Dejar dinero?
Si más bien necesito.

Llega una viejita a la farmacia y le pregunta al farmacéutico:
– Joven, ¿qué tiene para las canas?
A lo que el encargado dice:
– Un gran respeto señora, un gran respeto.



MEMBER SERVICES

Fiallos Insurance Solutions, Inc. will be providing a variety of support services at no cost to our members.

**Make an appointment the
2nd and 4th
Thursday of each month.**

Soluciones De Aseguranza Fiallos Inc. provee una variedad de servicios con apoyo sin ningun costo a nuestros miembros.

**Necesita asistencia? haga su
cita el 2o y 4o
Jueves de cada mes.**

Christmas Carols with The Sanchez Family

Monday December 18

Lunes 18 de Diciembre

**During Lunch
Durante el Almuerzo**



Monica Fiallos



CENTER EVENTS & ACTIVITIES

Eventos & Actividades del Centro

Riverside Sunrise Rotary Luncheon

Join Riverside Sunrise Rotary for a fun afternoon of bingo and lunch.

Únase a Riverside Sunrise Rotary para pasar una tarde divertida de bingo y almuerzo.

Saturday October 28, 2023
Sabado 28 de Octubre, 2023
10:30 am - 2:00 pm



Make sure to sign up! Space is limited!
¡Asegúrese de registrarse! ¡Espacio es limitado!

Gingerbread House Decorating Decoración de la Casa de Pan de Jengibre

Monday December 18, 2023
Lunes 18 de Diciembre, 2023
9:00 am - 10:30 am

Don't forget to register before
Wednesday December 13, 2023
No se le olvide registrarse antes de
Miércoles 13 de Diciembre, 2023



WEDNESDAY OCTOBER 25, 2023
MIÉRCOLES 25 DE OCTUBRE,
2023

9:00 AM - 10:30 AM

String Choir Performance Coro de Cuerdas

Monday December 11, 2023
Lunes 11 de Diciembre, 2023

During Lunch
Durante el Almuerzo

Movie Days

Friday October 13, 2023
Viernes 13 de Octubre, 2023
Monday November 20, 2023
Lunes 20 de Noviembre, 2023
Tuesday December 12, 2023
Martes 12 de Diciembre, 2023

12:00 - 3:00 pm



Eddie Dee Smith Senior Center

MONDAY		TUESDAY		WEDNESDAY	
8:30 - 9:30	Stretch & Flex	8:00 - 9:00	Walking Club	8:00 - 10:00	Queen of the Hill
8:30 - 10:30	Coffee Social	8:30 - 9:30	Stretch & Flex	8:30 - 10:30	Coffee Social
11:00 - 12:30	Lunch Program	8:30 - 10:30	Coffee Social	8:30 - 10:30	Painting Club
11:00 - 3:00	Ceramics Class	10:00 - 2:00	Sewing Club	9:00 - 11:00	Crochet Club
“The spirit never ages. It stays forever young.” – Lailah Gifty Akita		11:00 - 12:30	Lunch Program	11:00 - 12:30	Lunch Program
		11:30 - 3:00	Ceramics Class	12:00 - 2:00	Quilting*
		<u>Coloring Social</u> Tuesdays/Martes 8:30am-10:30am		* Food Pantry Days may affect class. Please check with the front desk.	

Pumpkin Decorating Day

Come in and enjoy a morning of fun while decorating your own pumpkin just in time for Halloween.

Disfrute una mañana de diversión mientras decora su propia calabaza justo a tiempo para Halloween.

Monday October 30, 2023
Lunes 30 de Octubre, 2023
 9:00 am - 10:30 am

Lunch Program

Reservation required.
Se requiere reservación.

We now have TWO lunch times 11:00 am and 12:00 pm. When calling to make a reservation specify what time you would like to attend.

Ahora tenemos DOS Horarios de almuerzo 11:00 am y 12:00 pm. Al llamar para hacer una reservación, especifique a que hora le gustaría atender.

Program Schedule

THURSDAY		FRIDAY		ONGOING ACTIVITIES	
8:30 - 9:30	Stretch & Flex	8:30 - 10:30	Coffee Social	8:00 - 3:00	Billiards
8:30 - 10:30	Coffee Social	9:00 - 10:00	Zumba Gold	8:00 - 3:00	Computer Lab
11:00 - 12:30	Lunch Program	10:00 - 1:00	Watercolor	8:00 - 3:00	Gym
12:00 - 3:00	Mexican Train	11:00 - 3:00	Canasta	8:00 - 3:00	Library
<div style="border: 1px solid black; padding: 5px; text-align: center;"> Closed / Cerrado </div> November 10, 2023 November 23, 2023 November 24, 2023 December 25, 2023 Closing at 12 pm December 22, 2023 December 19, 2023		11:00 - 12:30	Lunch Program	 Office on Aging County of Riverside Classes / Clases Save the Food California Challenge Monday October 16 at 9:30 am - 10:30 am <i>Class in English</i> Salve la Comida California Viernes 27 de Octubre de 9:30 am - 10:30 am <i>Clase en Español</i> Build a Healthy Plate Monday November 6 at 9:30 am - 10:30 am <i>Class in English</i> Hacienda un plato Saludable Lunes 13 de Noviembre de 9:30 am - 10:30 am <i>Clase en Español</i>	
		11:30 - 12:30	Birthday Celebration (3rd Friday)		
		CENTER HOURS HORAS DEL CENTRO Monday - Friday Saturday & Sunday Lunes a Viernes Sábado y Domingo 8:00 am - 3:00 pm Available for Rentals Disponible para Renta			

Thank you Volunteers!

Gracias Voluntarios!

As a thank you to all our volunteers we would like to hold a lunch just for you.

Como agradecimiento a todos nuestros voluntarios, nos gustaría organizar un almuerzo solo para ustedes.

Thursday December 21, 2023
Jueves 21 de Diciembre, 2023
 2:00 pm - 4:00 pm

Birthday Celebration

Celebration de Cumpleaños

Come celebrate your birthday month with us!

Every 3rd Friday of the month
 During your lunch time

Venga a celebrare el mes de su cumpleaños con nosotros!

Cada 3er Viernes del mes
 Durante su hora de almuerzo