

Resources/Recursos

Adult Protective Services	1(800) 491-7123
Alzheimer's Association alz.org	1(800) 272-3900
American Society on Aging	1(800) 537-9728
Blindness Support Services	(951) 341-9244
Caregivers Alzheimer's Association	1(800) 272-3900
Community Access Center	(951) 274-0358
Community Action Partnership	(951) 955-4900
City of Jurupa Valley	(951) 332-6464
Community Connect	1(800) 465-1123
Dial-A-Ride	1(800) 795-7887
Elder Abuse Hotline	1(800) 677-1116
Fair Housing Council of Riverside County	(951) 682-6581
Family Caregiver Alliance	1(800) 445-8106
Feeding America	(951) 359-4757
HICAP Health Insurance Counseling	(909) 256-8369 1(800) 434-0222
ICLS-Inland County Services, Ins.	1(800) 977-4257
Inland Counties Legal Services/Senior Hotline.....	(951) 320-7500
Jurupa Area Recreation Park District	(951) 361-2090
Meals on Wheels	(951) 683-7151
Medicare	1(800) 633-4227
Office on Aging/County of Riverside	(951) 867-3800
Poison Control Hotline	1(800) 222-1222
Riverside County Veterans Services	(951) 955-3060
Riverside County Department of Social Services	(951) 358-3000
Riverside Transit Agency	(951) 565-5000
Rubidoux Resource Center	(951) 328-1575
Sherriff's (Jurupa Valley)	(951) 955-2600
Social Security Administration	1(800) 772-1213
Veteran's Assistance	1(800) 827-1000



Operated by JARPD
under agreement with the City of Jurupa Valley



5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

(951) 275-9975

VOL. 3 ISSUE 1 •

JANUARY, FEBRUARY,
MARCH

2023

THE EDDIE DEE NEWS

5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

(951) 275-9975



As we welcome the New Year let us welcome all of our new members as well. In this new year let us keep up with our resolutions and goals. We have some new things planned for this year so come on in and join us.

Mientras damos la bienvenida al Año Nuevo, démosle la bienvenida a todos nuestros nuevos miembros también. En este nuevo año sigamos con nuestras resoluciones y metas. Tenemos algunas cosas nuevas planeadas para este año, así que ven y únete a nosotros.

Center Hours

MONDAY-FRIDAY
LUNES- VIERNES

8:00AM-3:00PM

Email

EDSSC@JARPD.org

CENTER STAFF

DEBBIE PATTERSON
Recreation Coordinator

MARELY PIÑA
Recreation Specialist



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FSA-Senior Nutrition Lunch Program

Monday - Friday/Lunes - Viernes
11:30am - 12:30pm

To schedule a reservation for the senior nutrition lunch program, please call (951) 275-9975. A 24 hour notice is required for all lunch reservations. Para programar una reservacion para el programa de almuerzo, llame al (951) 275-9975. Se requiere un aviso de 24 horas para todas las reservas de almuerzo.

Feeding America-Food Pantry

1st Thursday of the month/ Primer Jueves del mes
By appointment only/ Por cita solamente.
9:00am - 11:30am

To schedule an appointment for the Food Pantry, please call (951) 275-9975 on Tuesday the week of pick-up. You must bring a cart.

Para programar una cita para recoger la comida, llame al (951) 275-9975 el Martes antes de recoger la comida. Debe traer su propio carrito.

Orange County Food Box

Last Monday of the month/ Ultimo Lunes del mes
10:00am-1:00pm

Eddie Dee Smith Senior Center

*Drive up outdoor pick-up. Conduzca hasta la recogida al aire libre.

Pick-up the last Monday of the month.

Please call (714) 897-6670 for more information. Llame al (714) 897-6670 para mas informacion.

"If you can't feed a hundred people, just feed one."

"Si no puedes alimentar a cien personas, solo dale de comer a una."

-MOTHER TERESA



Eddie Dee's Thrift Store

LA TIENDA DE EDDIE DEE



Come on in to Eddie Dee's Thrift store open every Tuesday except the first Tuesday of the month.

Ven a la tienda de segunda mano de Eddie Dee abierta todos los Martes excepto el primer Martes del mes.

10:00 am - 1:00pm



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Zumba Gold / Zumba

Join Elia from RCHF as she host Zumba Gold for the months of January and February at the center.

Únase a Elia de RCHF como presentadora de Zumba Gold durante los meses de Enero y Febrero en el centro.

Every Friday /
Cada Viernes

9 am - 10 am



Medicare Resources

RECURSOS DE MEDICARE

Date	Time	Agency
1/2/2023	10 am- 12 pm	ANTHEM
1/10/2023	10:30 am - 11:30 am	SCAN
1/25/2023	9 am - 11:30 am	PACE
2/2/2023	10 am- 12 pm	ANTHEM
2/14/2023	10:30 am - 12 pm	PACE
2/21/2023	10:30 am - 11:30 am	SCAN
3/2/2023	10 am - 12 pm	ANTHEM
3/7/2023	10:30 am - 11:30 am	PACE
3/15/2023	10 am - 11:30 am	SCAN

THANK YOU

Alexander Family

Amistad Medical Clinic

Anthem Blue Cross

365 MD Care

Monica Ruiz

Rosa Kuybus

Riverside Community Health Foundation

Monica Fiallos

Mila Arteaga

Neighborhood HealthCare

Baker's Drive-Thru

SCAN Health

Sponsorship/Patrocinio

The Eddie Dee Smith Senior Center can only achieve its goals with assistance of generosity from members of our community. Without this assistance serving those in our area, would not be possible. Please consider sponsoring, we appreciate any contribution towards the center's programs and activities that serve our 55+ community.

El Centro para Personas Mayores Eddie Dee Smith solo puede lograr sus objetivos con la ayuda de la generosidad de los miembros de nuestra comunidad. Sin esta ayuda, no sería posible servir a los que se encuentran en nuestra área. Considere patrocinar, apreciamos cualquier contribución a los programas y las actividades del centro que sirven a nuestra comunidad de 55+.



Monica I. Ruiz Bustos
Independent Insurance Agent
Lic# 0K59843 | Hablo Español
Mobile: (909) 908-2599
Office: (951) 588-2560
Fax: (909) 208-0498
monica.bustos@myvitalityagent.com

Fiallos Insurance Solutions, Inc.
Protection that Promotes Peace of Mind

Monica Fiallos
Independent Broker

Lic. 0G78920
Hablo su idioma

Medicare Solutions
Life Insurance

Cell: (951) 314-3258
Fax: (951) 825-5502



Amistad Medical Clinics
Ajay G. Meka M.D., Inc. Serving Southern California since 1983

scan HEALTH PLAN.

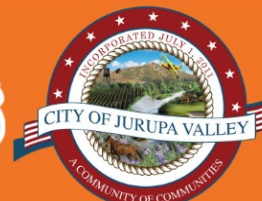
3800 Kilroy Airport Way
Suite 100
Long Beach, CA 90806

Walther Moyano
Sales Representative
1-951-505-3341
wmoyano@scanhealthplan.com
scanhealthplan.com/sales/walthermoyano
Se habla español
License #: 0H68128

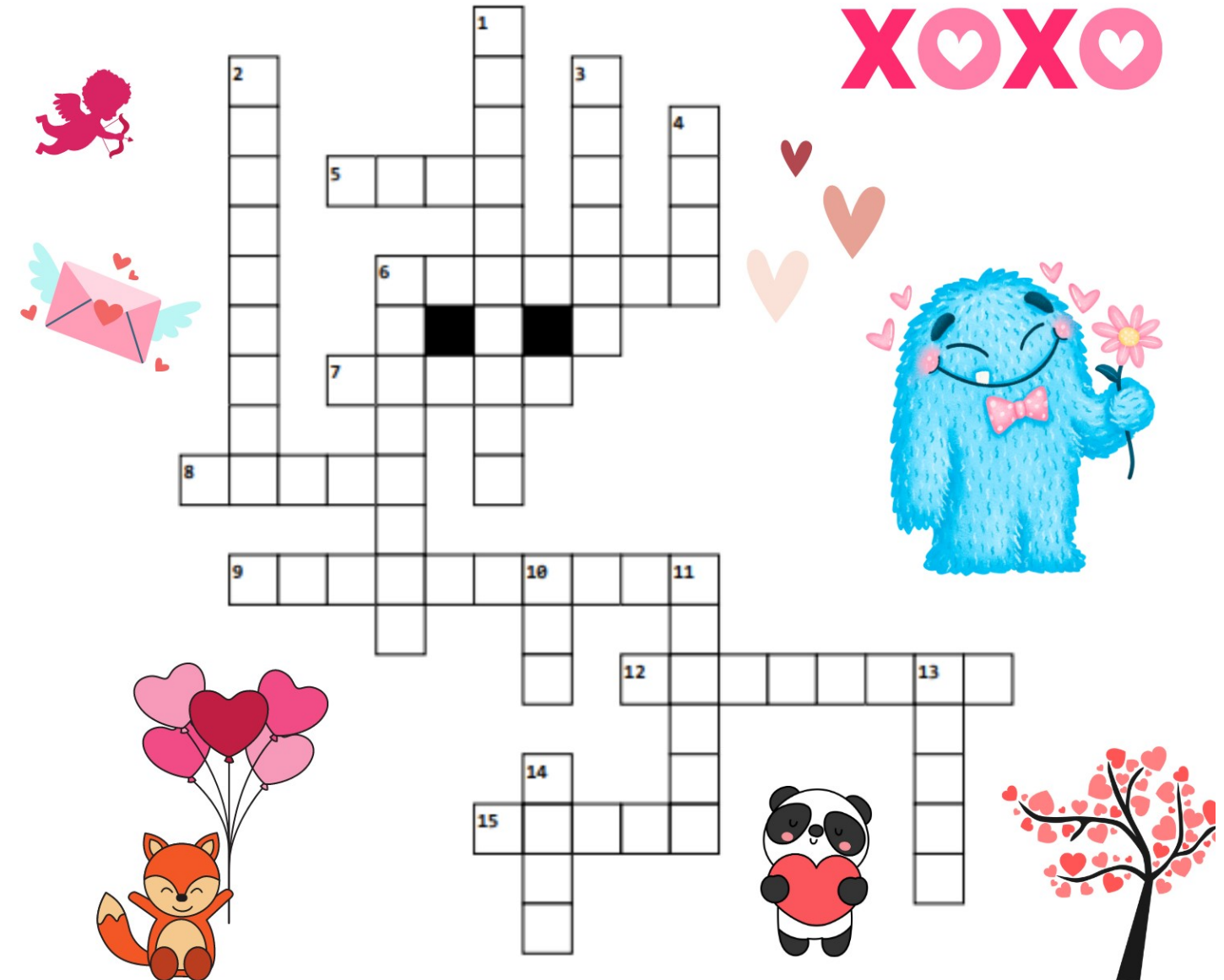
365 MD Care

DR. ROBERT NGUYEN MD
Certificado en medicina interna,
Geriatrico y Obesidad
University of Massachusetts Medical School
Drew-UCLA

For more information on how to become a sponsor, call (951) 275-9975.



California Phones
Keeping you connected.



Across

- 5. people make this connection a lot
- 6. people also give this on valentines day
- 7. he is the valentines day mascot
- 8. where people find love
- 9. cupid shoots these to lovers
- 12. this is the month Valentines day is
- 15. people give this on valentines day

Down

- 1. this is a fictional liquid used on valentines day
- 2. people give this to their significant others
- 3. this also shows love
- 4. this shows love
- 6. this is the day the valentines day is celebrated
- 10. one of the valentines day colors
- 11. people receive this on valentines day
- 13. these are the most common types of valentines day flowers
- 14. the other valentines day color



Para mas informacion, favor de llamar al Centro al (951) 275-9975 or visite www.JARPD.org

January / Enero



Bingo

Join us for our first Bingo game of the new year!
Don't forget to sign up!

¡Únase a nosotros para nuestro primer juego de
Bingo del nuevo año!
¡No olvide registrarte!

Wednesday January 25, 2023 9 am -
Miércoles 25 de Enero, 2023 10:30 am

Sign up before Friday January 20

**Inscríbete antes del
Viernes 20 de Enero**



Upcoming Activities

Proximas actividades

Food Pantry Bag
Bolsa de Alimentos
January / Enero 5
9:00am - 11:30am

Monthly Birthday Celebration

Celebración de Cumpleaños
January / Enero 20

Smartphone Training

January 23
9:00 am - 11:00 am

Entrenamiento de Teléfonos

Enero
Llamar para inscribirse
9:00 am - 11:00 am

Wreath Class

Clase de Coronas
January / Enero 12
9:30 am - 1:00 pm

BOOK YOUR NEXT EVENT WITH US!

Salon de Fiestas Para Rentar

Celebrate with Us!

SPECIAL OCCASIONS!

The Jurupa Area Park District offers facilities with a wide range of amenities to meet your personal or professional needs.

RENT A FACILITY!

Our Event Room and Dining Room at the Eddie Dee Smith Senior Center are the perfect venues for your wedding reception, quinceañeras, birthday party, or other special occasion.



Locations Include:

Jurupa Community Center
Veterans Memorial Community Center
SkyView Event Center
Eddie Dee Smith Senior Center
Picnic Shelters
and much more!

**FOR PRICING AND
AVAILABILITY
INFORMATION, PLEASE
CALL THE CENTER!**

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Classes & Workshops Talleres & Clases

Amistad Medical Clinic

Nutrition Class

Clase de Nutrición

9 am - 11 am

1/26/2023

2/14/2023

3/6/2023



Painting Class

Clase de Pintura

9 am - 11 am

1/24/2023

3/14/2023

Vision & Compromiso

Craft class /

Clase de Manualidades

9 am - 10:30 am

1/11/2023 & 1/18/2023

2/ 8/2023 & 2/22/2023

3/7/2023 & 3/21/2023



Riverside Community

Health Foundation

*Activities and their
benefits on aging*

9 am - 10:30 am

1/23/2023

Heart Health

9 am - 10:30 am

2/27/2023

Upcoming Activities

Proximas actividades

Food Pantry Bag

Bolsa de Alimentos

February / Febrero 2

Monthly Birthday Celebration

Celebración de Cumpleaños

February / Febrero 17

Smartphone Training

February 13

9:00 am - 11:00 am

Entrenamiento de Teléfonos

Febrero

Llamar para inscribirse

9:00 am - 11:00 am

Wreath Class

Clase de Coronas

February / Febrero 9

9:30 am - 1:00 pm



February / Febrero

Sweetheart Dance

Saturday February 11, 2023

Sábado 11 de Febrero, 2023

4:00 pm - 7:00 pm

\$7 per ticket

\$7 por boleto

**Come in your best masquerade
mask.**

Venga en su mejor antifaz.

Buy your ticket before Monday

February 6, 2023

Compre su boleto antes del Lunes

6 de Febrero, 2023

5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

(951) 275-9975

March / Marzo

Happy Women's Day

Feliz Día de la Mujer

Saint Patrick's Day

Bingo

Come try your luck! Wednesday March 15, 2023 9 am - 10:30 am

Venga a probar su suerte! Miércoles 15 de Marzo, 2023 9 am - 10:30 am

Sign up before Friday March 10 Inscríbete antes del Viernes 10 de Marzo

Upcoming Activities

Proximas actividades Food Pantry Bag Bolsa de Alimentos March / Marzo 2

Monthly Birthday Celebration Celebración de Cumpleaños March / Marzo 17 11:30am - 12:30pm

Smartphone Training March 13 9:00 am - 11:00 am

Entrenamiento de Teléfonos Marzo Llamar para inscribirse 9:00 am - 11:00 am

Wreath Class Clase de Coronas March / Marzo 16 9:30 am - 1:00 pm



LOTERIA

Join us for a fun game of Lotería Thursday February 23, 2023 at 9 am - 10:30 am

Únase a nosotras para un divertido juego de Lotería. Jueves 23 de Febrero, 2023 9 am - 10:30 am

Don't forget to sign up before Tuesday February 21, 2023

No se olvide apuntarse antes de Martes 21 de Febrero, 2023



Cool/Warm Center

Seniors Only 55+ Monday - Friday 10:00a.m. to 3:00p.m.

When temperatures are forecast to exceed 97°F or below 40°F.

In partnership with the County of Riverside's Community Action Partnership, the Center will act as Cool/Warm Center for vulnerable seniors in need of temporary relief from the heat or cold, under certain weather conditions.

Cuando se pronostica que las temperaturas excederán los 97 ° F o por debajo de los 40 ° F.

En asociación con la Asociación de Acción Comunitaria del Condado de Riverside, el Centro actuará como Centro Cool / Warm para personas mayores vulnerables en necesidad de un alivio temporal del calor o el frío, en determinadas condiciones climáticas.

Joke of the
Quarterly Newsletter

"Knock, knock." "Who's there?" "Warren." "Warren who?" "You warren anything green for St. Patrick's Day?"



Joe: Why shouldn't you iron a four-leaf clover?

Bob: Tell me.

Joe: You might press your luck!



Broma del Boletín
Trimestral

Se acerca una chica al mostrador de una tienda y le dice al vendedor:

- ¿Tienes tarjetas que digan Para mi único y verdadero amor?

- Sí, señorita, ¿quiere una? - No, deme ocho, por favor.



Un matrimonio se acaba de acostar y la mujer le susurra a su marido:

-Mi amor, ¿te acuerdas lo felices que eramos hace tres años?

El le responde:

-Hace tres años no nos conocíamos Sara.

-Por eso cariño, por eso.

MEMBER SERVICES

Fiallos Insurance Solutions, Inc. will be providing a variety of support services at no cost to our members.



Monica Fiallos

Make an appointment the 2nd and 4th Thursday of each month.

SERVICIOS DE MIEMBROS

Soluciones De Aseguranza Fiallos Inc. provee una variedad de servicios con apoyo sin ningun costo a nuestros miembros.

Necesita asistencia? haga su cita el 2o y 4o Jueves de cada mes.



NATIONAL PLANT A FLOWER DAY

Join us in painting a pot and planting a flower.

Monday March 13

Únase a nosotros para pintar una maseta y plantar una flor.

Lunes 13 de Marzo

9 am - 10:30 am



**Must Sign up before Thursday March 9
Debe inscribirse antes de Jueves 9 de Marzo**



CENTER EVENTS & ACTIVITIES

Eventos & Actividades del Centro



Don't forget to wear green on Friday March 17 to celebrate Saint Patrick's Day.

No se le olvide ponerse Verde el Viernes 17 de Marzo en celebration del Dia de San Patricio.



Walking Club Club de Caminata

Every Wednesday at 8:00 am

Cada Miercoles a la 8:00 am

Join Vision & Compromiso for an hour walk.

Únase a

Vision & Compromiso para una caminata de una hora.



Computer Class

Join us for our beginner computer class every Wednesday from 9 am - 11 am.



Eddie Dee Smith Senior Center

MONDAY		TUESDAY		WEDNESDAY	
8:30 - 9:30	Stretch & Flex	8:00 - 9:00	Walking Club	8:00 - 10:00	Queen of the Hill
8:30 - 10:30	Coffee Social	8:30 - 9:30	Stretch & Flex	8:30 - 10:30	Coffee Social
11:30 - 12:30	Lunch Program	8:30 - 10:30	Coffee Social	8:30 - 10:30	Painting Club
11:00 - 3:00	Ceramics Class	10:00 - 2:00	Sewing Club	9:00 - 11:00	Crochet Club
<p>“The spirit never ages. It stays forever young.”</p> <p>– Lailah Gifty Akita</p>		11:30 - 12:30	Lunch Program	11:30 - 12:30	Lunch Program
		11:30 - 3:00	Ceramics Class	12:00 - 2:00	Quilting*
		<p><i>Coloring Social</i> Tuesdays/Martes 8:30am-10:30am</p>		<p>* <i>Food Pantry</i> Days may affect class. Please check with the front desk.</p>	



Wreath Class

January 12, 2023

February 9, 2023

March 16, 2023

9:30AM - 11:30AM

CHAIR YOGA

YOGA EN SILLA


DATES / FECHAS

1/11 - 1/25 PRICE / PRECIO

2/8 - 2/22 \$5 Per Class

2/8 - 2/22 \$5 Por Clase

Wednesday / Miercoles **8am - 9am**



Program Schedule

THURSDAY		FRIDAY		ONGOING ACTIVITIES	
8:30 - 9:30	Stretch & Flex	8:30 - 10:30	Coffee Social	8:00 - 3:00	Billiards
8:30 - 10:30	Coffee Social	9:00 - 10:00	Zumba Gold	8:00 - 3:00	Computer Lab
11:30 - 12:30	Lunch Program	10:00 - 1:00	Watercolor	8:00 - 3:00	Gym
12:00 - 3:00	Mexican Train	11:00 - 3:00	Canasta	8:00 - 3:00	Library

Sorry WE'RE CLOSED

January 2, 2023
January 16, 2023
February 20, 2023

Lunch Program
Programa de Lonche
11:30 — 12:30 pm
Reservations Required
Se Requiere Reservacion



11:30 - 12:30 Lunch Program

11:30 - 12:30 Birthday Celebration (3rd Friday)



VOLUNTEERS MAKE A DIFFERENCE

Special Events / Eventos Especiales:
Monthly Birthday Celebrations /
Celebraciones de Cumpleaños Mensuales
3rd Friday of the Month / 3er Viernes del Mes

Center Hours
Monday-Friday
Lunes a Viernes
8:00am - 3:00pm

Sat & Sun
Available for Rentals

*Centro disponible para fiestas