

## Resources/Recursos

Adult Protective Services .....	1(800) 491-7123
Alzheimer's Association alz.org .....	1(800) 272-3900
American Society on Aging .....	1(800) 537-9728
Blindness Support Services .....	(951) 341-9244
Caregivers Alzheimer's Association .....	1(800) 272-3900
Community Action Partnership .....	(951) 955-4900
City of Jurupa Valley .....	(951) 332-6464
Community Connect .....	1(800) 465-1123
Dial-A-Ride .....	1(800) 795-7887
Elder Abuse Hotline .....	1(800) 677-1116
Fair Housing Council of Riverside County .....	(951) 682-6581
Family Caregiver Alliance .....	1(800) 445-8106
Feeding America .....	(951) 359-4757
HICAP Health Insurance Counseling .....	(909) 256-8369   1(800) 434-0222
ICLS-Inland County Services, Ins. ....	1(800) 977-4257
Inland Counties Legal Services/Senior Hotline.....	(951) 320-7500
Jurupa Area Recreation Park District .....	(951) 361-2090
Meals on Wheels .....	(951) 683-7151
Medicare .....	1(800) 633-4227
Office on Aging/County of Riverside .....	(951) 867-3800
Poison Control Hotline .....	1(800) 222-1222
Riverside County Veterans Services .....	(951) 955-3060
Riverside County Department of Social Services .....	(951) 358-3000
Riverside Transit Agency .....	(951) 565-5000
Rubidoux Resource Center .....	(951) 328-1575
Sherriff's (Jurupa Valley) .....	(951) 955-2600
Social Security Administration .....	1(800) 772-1213
Veteran's Assistance .....	1(800) 827-1000



Operated by JARPD  
under agreement with the City of Jurupa Valley



5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

(951) 275-9975

VOL. 2 ISSUE 6 •

OCTOBER, NOVEMBER,  
DECEMBER

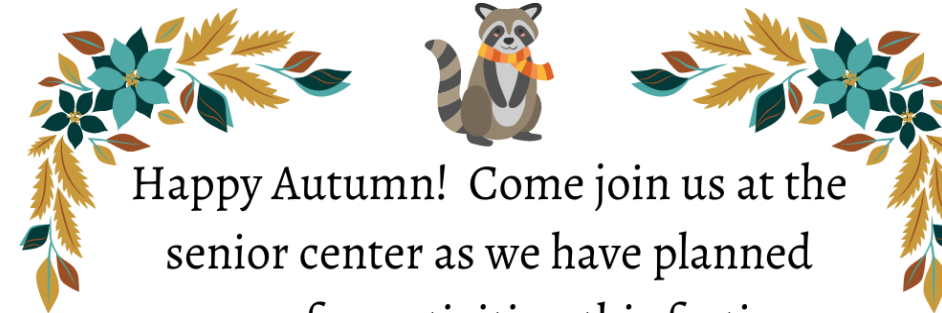
2022

THE EDDIE DEE NEWS



5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

(951) 275-9975



Happy Autumn! Come join us at the senior center as we have planned many fun activities this festive season. From holiday dances to a music performance, spend this special time among friends here at the Eddie Dee Smith Senior Center!



¡Feliz otoño! Únase a nosotros en el senior center ya que hemos planeado muchas actividades divertidas para esta temporada festiva. ¡Desde bailes navideños hasta una presentación musical, pase estos momentos especial entre amigos aquí en el Eddie Dee Smith Senior Center!



## Center Hours

MONDAY-FRIDAY  
LUNES- VIERNES

8:00AM-3:00PM

Email

EDSSC@JARPD.org

### CENTER STAFF

DEBBIE PATTERSON  
Recreation Coordinator

MARELY PIÑA  
Recreation Specialist



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## FSA-Senior Nutrition Lunch Program

Monday - Friday/Lunes - Viernes

11:30am - 12:30pm

To schedule a reservation for the senior nutrition lunch program, please call (951) 275-9975. A 24 hour notice is required for all lunch reservations. Para programar una reservacion para el programa de almuerzo, llame al (951) 275-9975. Se requiere un aviso de 24 horas para todas las reservas de almuerzo.

## Feeding America-Food Pantry

1st Thursday of the month/ Primer Jueves del mes

By appointment only/ Por cita solamente.

9:00am - 11:30am

To schedule an appointment for the Food Pantry, please call (951) 275-9975 on Tuesday the week of pick-up. You Must bring a cart.

Para programar una cita para recoger la comida, llame al (951) 275-9975 el Martes antes de recogerla comida. Debe traer su propio carrito.

## Orange County Food Box

Last Monday of the month/ Ultimo Lunes del mes

10:00am-1:00pm

Eddie Dee Smith Senior Center

\*Drive up outdoor pick-up. Conduzca hasta la recogida al aire libre.

Pick-up the last Monday of the month.

Please call (714) 897-6670 for more information.

Llame al (714) 897-6670 para mas informacion.

"If you can't feed a hundred people, just feed one."

"Si no puedes alimentar a cien personas, solo dale de comer a una."

-MOTHER TERESA



## Pool Tournament Torneo de Billar

Tuesday, October 11, 2022

Martes, 11 de Octubre, 2022

8 am - 3 pm

Sign up at the front desk!

\$10.00 to join/  
para participar

*Holiday Movie Day!*

Tuesday, December 20, 2022

Martes, Diciembre 20, 2022

12 pm - 3 pm

*Eddie Dee's Thrift Store*

LA TIENDA DE EDDIE DEE

Every Tuesday

10:00 am - 1:00pm



Cada Martes

10:00am - 1:00pm

## Zumba Gold / Zumba

Join Elia from RCHF as she host Zumba Gold for the months of October and November at the center.

Únase a Elia de RCHF como presentadora de Zumba Gold durante los meses de Octubre y Noviembre en el centro.

Every Friday /

Cada Viernes

9 am - 10 am



## Medicare Resources

RECURSOS DE MEDICARE

Date	Time	Agency
10/10/22	10 am- 11:30 am	ANTHEM
10/11/22	9 am - 11 am	PACE
11/3/22	9 am - 11:30 am	ANTHEM
11/10/22	10:30 am- 12 pm	SCAN
11/22/22	11 am - 12 pm	PACE
12/8/22	9 am - 11:30 am	ANTHEM
12/12/22	9 am - 10:30 am	PACE
12/20/22	10:30 am - 12 pm	SCAN

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THANK YOU

Alexander Family

Amistad Medical Clinic

Anthem Blue Cross

365 MD Care

Monica Ruiz Mint

Riverside Community Health Foundation

Monica Fiallos

Mila Arteaga

Neighborhood HealthCare

Baker's Drive-Thru

SCAN Health

## Sponsorship/Patrocinio

The Eddie Dee Smith Senior Center can only achieve its goals with assistance of generosity from members of our community. Without this assistance serving those in our area, would not be possible. Please consider sponsoring, we appreciate any contribution towards the center's programs and activities that serve our 55+ community.

El Centro para Personas Mayores Eddie Dee Smith solo puede lograr sus objetivos con la ayuda de la generosidad de los miembros de nuestra comunidad. Sin esta ayuda, no sería posible servir a los que se encuentran en nuestra área. Considere patrocinar, apreciamos cualquier contribución a los programas y las actividades del centro que sirven a nuestra comunidad de 55+.

**Anthem**  
**BlueCross**



**Monica I. Ruiz Bustos**  
Independent Insurance Agent  
Lic. #: 0K59843 | Hablo español  
**Mobile: (909) 908-2599**  
Fax: (951) 208-0498  
monica.katyta@gmail.com



*Fiallos Insurance Solutions, Inc.*  
Protection that Promotes Peace of Mind



**Monica Fiallos**  
Independent Broker  
Medicare Solutions  
Life Insurance  
Lic. 0G78920  
Hablo su idioma  
Cell: (951) 314-3258  
Fax: (951) 825-5502

**neighborhood HEALTHCARE**  
PACE

**Amistad Medical Clinics**  
Ajay G. Meka M.D., Inc. Serving Southern California since 1983



3800 Kilroy Airport Way  
Suite 100  
Long Beach, CA 90806



**Walther Moyano**  
Sales Representative  
**1-951-505-3341**

wmoyano@scanhealthplan.com  
scanhealthplan.com/sales/walthermoyano  
Se habla español  
License #: 0H68128

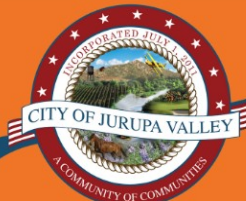


**365 MD Care**

**DR. ROBERT NGUYEN MD**  
Certificado en medicina interna,  
Geriatrico y Obesidad  
University of Massachusetts Medical School  
Drew-UCLA

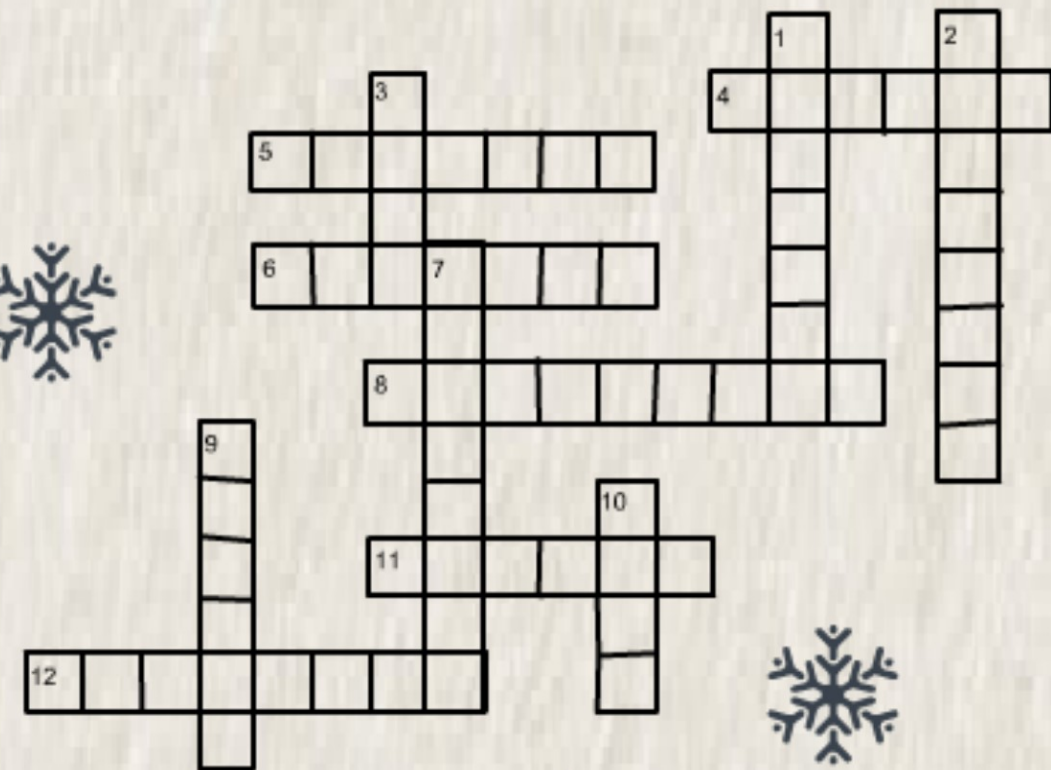


For more information on how to become a sponsor, call (951) 275-9975.



**California Phones**  
Keeping you connected.

## Winter Crossword Puzzle



Down:

1. A large piece of woolen or similar material used as a covering on a bed or elsewhere for warmth.
2. The twelfth month of the year in the northern hemisphere usually considered the first month of winter.
3. Burning
7. A severe snowstorm with high winds.
9. Shake slightly and uncontrollably as a result of being cold.
10. Make or become liquefied by heat.

Across:

4. A covering for the hand-worn for protection against cold or dirt and typically having separate parts for each finger and the thumb.
5. A vertical channel or pipe which conducts smoke and combustion gases up from a fire or furnace and typically through the roof of a building.
6. A large floating mass of ice detached from a glacier or ice sheet and carried out to sea.
8. (of an animal or plant) spend the winter in a dormant state.
11. An outer garment extending either to the waist or the hips typically having sleeves and a fastening down the front.
12. Wood that is burnt as fuel.

Para mas informacion, favor de llamar al Centro al (951) 275-9975 or visite [www.JARPD.org](http://www.JARPD.org)

**October / Octubre**

# HALLOWEEN DANCE

**SATURDAY, OCTOBER 22**

**SABADO, 22 DE OCTUBRE**

**4 PM - 7 PM**

**\$7 PER TICKET**

**\$7 POR BOLETO**

Buy your ticket before Monday October 17, 2022  
Compre su boleto antes de Lunes 17 de Octubre 2022

## Coffee with the Mayor Café con el Alcalde

Monday, October 10, 2022

Lunes, 10 de Octubre, 2022

**9:15 am - 10:15 am**

Get to know your mayor, Chris Barajas,  
over a cup of coffee.

Conoce a tu alcalde, Chris Barajas, con una  
taza de cafe.

## Upcoming Activities

Proximas actividades

**Food Pantry Bag**

*Bolsa de Alimentos*

October / Octubre 6

9:00am - 11:30am

**Monthly Birthday Celebration**

*Celebración de Cumpleaños*

October / Octubre 21

**Smartphone Training**

October 11

9:00 am - 11:00 am

**Entrenamiento de Teléfonos**

Octubre 21

9:00 am - 11:00 am

**Wreath Class**

*Clase de Coronas*

October / Octubre 13

9:30 am - 1:00 pm

**Wear Pink**

*Use Rosado*

October / Octubre 13

All day / Todo el dia

**BOOK YOUR NEXT EVENT WITH US!**

Salon de Fiestas Para Rentar

*Celebrate with Us!*

### SPECIAL OCCASIONS!

The Jurupa Area Park District offers facilities  
with a wide range of amenities to meet your  
personal or professional needs.

### RENT A FACILITY!

Our Event Room and Dining Room at the Eddie  
Dee Smith Senior Center are the perfect venues  
for your wedding reception, quinceañeras,  
birthday party, or other special occasion.



### Locations Include:

Jurupa Community Center  
Veterans Memorial Community Center  
SkyView Event Center  
Eddie Dee Smith Senior Center  
Picnic Shelters  
and much more!

**FOR PRICING AND  
AVAILABILITY  
INFORMATION, PLEASE  
CALL THE CENTER!**

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(951) 275-9975

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(951) 275-9975

# Riverside Sunrise Rotary & Arlington High Interact Bar-B-Que Luncheon

Saturday, November 5  
Sabado, 5 de Noviembre  
11:30 am - 1:30 pm



**VOTE**



Venga a dejar su boleta del 11 al 28 de Octubre, 2022 de 10:00 am - 3:00 pm  
La votación en persona será del 5 al 7 de Noviembre, 2022 de 8:00 am a 6:00 pm y 8 de Noviembre, 2022 de 6:30 am - 9:00 pm

Come drop off your ballot October 11 - 28, 2022 from 10:00 am - 3:00 pm  
In person voting will be November 5 - 7, 2022 from 8:00 am- 6:00 pm and November 8, 2022 from 6:30 am - 9:00 pm



## Amistad Medical Clinic

**Tuesday/Martes**  
**9:00 am - 11:00 am**

*Painting Class*

*Clase de Pintura*

10/25/2022

11/8/2022

12/22/2022



# Classes & Workshops Talleres & Clases

## Amistad Medical Clinic

**Tuesday/Martes**

**9:00 am - 11:00 am**

*Nutrition Class*

*Clase de Nutricion*

10/3/2022

11/17/2022

12/13/2022

## Vision & Compromiso

**9:00 am - 10:30 am**

October 4 & 18

Craft class /

November 1 & 21

Clase de

December 5 & 19

Manualidades

# LOTERIA

Wednesday, December 28, 2022

Miércoles 28 de Diciembre, 2022

9:00 am - 10:30 am



## Upcoming Activities

Proximas actividades

**Food Pantry Bag**

*Bolsa de Alimentos*

November / Noviembre 3

**Monthly Birthday Celebration**

*Celebración de Cumpleaños*

November / Noviembre 19

**Smartphone Training**

November 15

9:00 am - 11:00 am

**Entrenamiento de Teléfonos**

Noviembre 18

9:00 am - 11:00 am

**Wreath Class**

*Clase de Coronas*

November / Noviembre 10

9:30 am - 1:00 pm



# November / Noviembre

Enjoy a performance by the kids at Pacific Avenue Academy of Music and the advanced choir at Rubidoux High School.



Disfrute de una actuación de los niños en Pacific Avenue Academy of Music y el coro avanzado en Rubidoux High School.

**Wednesday November 30, 2022**  
**Miércoles 30 de Noviembre, 2022**



**During Lunch**  
**Durante el almuerzo**



# 2 BINGO 2

**Tuesday, November 22, 2022**  
**Martes, 22 de Noviembre, 2022**

9:00 am - 10:30 am

Patrocinado por:  
Sponsored by:



5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

(951) 275-9975

December / Diciembre

# Ugly Christmas Sweater Dance

Saturday December 17

Sábado, 17 de Diciembre

4 pm – 7 pm

\$ 7 per Ticket

\$7 por Boleto

Buy your ticket before Monday  
December 12, 2022

Compre su boleto antes de Lunes  
12 de Diciembre, 2022



5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

## Upcoming Activities

Proximas actividades  
Food Pantry Bag  
Bolsa de Alimentos  
December / Diciembre 8

Monthly Birthday Celebration  
Celebración de Cumpleaños  
December / Diciembre 18  
11:30am - 12:30pm

Fuzzy Sock Day  
Día de Calcetín Calientitos  
December 5 / Diciembre 5

Smartphone Training  
December 6  
9:00 am - 11:00 am

Entrenamiento de Teléfonos  
Diciembre 16  
9:00 am - 11:00 am

Wreath Class  
Clase de Coronas  
December / Diciembre 15  
9:30 am - 1:00 pm

# Holiday Luncheons

Thanksgiving / Acción de

Gracias

November 17, 2022

17 de Noviembre, 2022

Deadline to buy tickets is  
Friday November 4, 2022  
Fecha limite para comprar  
boletos es Viernes 4 de  
Noviembre, 2022

\$5 per ticket  
\$5 por boleto

RSVP  
Required  
Requerido

Space is limited!  
Espacio Limitado!

# Christmas / Navideña

December 22, 2022

22 de Diciembre, 2022

Deadline to buy tickets is  
Friday December 4, 2022  
Fecha limite para comprar  
boletos es Viernes 4 de  
Diciembre, 2022

\$5 per ticket  
\$5 por boleto

## Cool/Warm Center

Seniors Only 55+

Monday – Friday

10:00a.m. to 3:00p.m.

When temperatures are forecast  
to exceed 97°F or below 40°F.

In partnership with the County of  
Riverside's Community Action  
Partnership, the Center will act as  
Cool/Warm Center for vulnerable  
seniors in  
need of temporary relief from the  
heat or cold, under certain  
weather conditions.

Cuando se pronostica que las  
temperaturas excederán los  
97 ° F o por debajo de los 40 ° F.

En asociación con la Asociación  
de Acción Comunitaria del  
Condado de Riverside, el Centro  
actuará como Centro Cool /  
Warm para personas mayores  
vulnerables en necesidad de un  
alivio temporal del calor o el frío,  
en determinadas condiciones  
climáticas.

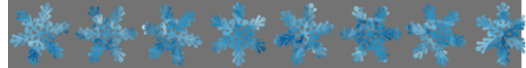
FSA FAMILY SERVICE ASSOCIATION

EDS FRIENDS

(951) 275-9975

Joke of the  
Quarterly Newsletter

A woman told her friend, "I feel like my body has gotten totally out of shape, so I got my doctor's permission to join a fitness club and start exercising."  
She said, "So, I decided to take an aerobics class for seniors. I bent, twisted, gyrated, jumped up and down, and perspired for an hour. But by the time I got my leotards on, the class was already over."



Broma del Boletín  
Trimestral

Una vieja está en la puerta de una casa queriendo tocar un timbre, pero ella no lo puede tocar porque no lo alcanza, de repente llega un señor y muy amablemente se ofrece:  
- Señora, buenos días, ¿En qué puedo ayudarle?  
- Por favor joven, ¿puedes ayudarme a tocar el timbre?  
- Señora, con mucho gusto, le respondió. Ya está señora, y ¿Ahora qué?  
La señora le responde:  
- ¡A correr!

# MEMBER SERVICES

Fiallos Insurance Solutions, Inc. will be providing a variety of support services at no cost to our members.



Monica Fiallos

**Make an appointment the  
2nd and 4th  
Thursday of each month.**

## SERVICIOS DE MIEMBROS

Soluciones De Aseguranza Fiallos Inc. provee una variedad de servicios con apoyo sin ningun costo a nuestros miembros.

**Necesita asistencia? haga su  
cita el 2o y 4o  
Jueves de cada mes.**



# Pumpkin Carving Day Dia de Tallado de Calabaza

Wednesday, October 26, 2022

Martes, 26 de Octubre, 2022

9 am - 10:30 am



**Sign up before Friday October 21, 2022  
Inscríbete antes del Viernes 21 de  
Octubre de 2022**



# CENTER EVENTS & ACTIVITIES

Eventos & Actividades del Centro

## HALLOWEEN BINGO

Monday October 31, 2022  
Lunes 31 de Octubre, 2022  
9 am - 10:30 am

**Sign up before  
October 24  
Regístrese antes  
del 24 de Octubre**

**Make sure to come  
dressed in your  
favorite costume.  
Asegúrate de venir  
vestido con tu disfraz  
favorito.**

## GINGERBREAD HOUSE

### CASA DE JENGIBRE

Monday December 12, 2022  
Lunes 12 de Diciembre, 2022

9 am - 10:30 am

Come build your own  
Gingerbread house for the  
holiday season!

¡Ven a construir tu propia casa  
de pan de jengibre para la  
temporada navideña!

**Sign up before  
December 7, 2022**

**Apúntese antes del  
7 de Diciembre, 2022**



## Walking Club Club de Caminata

Every Tuesday at 8:00 am  
Cada Martes a las 8:00 am

Join Vision & Compromiso  
for an hour walk.

Unase a Vision &  
Compromiso para una  
caminata de una hora.



## Christmas Carols with

# The Sanchez Family

Tuesday, December 20  
Martes, 20 de Diciembre

During Lunch  
Durante el Almuerzo



# Eddie Dee Smith Senior Center

MONDAY		TUESDAY		WEDNESDAY	
8:30 - 9:30	Stretch & Flex	8:00 - 9:00	Walking Club	8:00 - 10:00	Queen of the Hill
8:30 - 10:30	Coffee Social	8:30 - 9:30	Stretch & Flex	8:30 - 10:30	Coffee Social
11:30 - 12:30	Lunch Program	8:30 - 10:30	Coffee Social	8:30 - 10:30	Painting Club
11:00 - 3:00	Ceramics Class	10:00 - 2:00	Sewing Club	9:00 - 11:00	Crochet Club
<b>"The spirit never ages. It stays forever young." - Lailah Gifty Akita</b>		11:30 - 12:30	Lunch Program	11:30 - 12:30	Lunch Program
		11:30 - 3:00	Ceramics Class	12:00 - 2:00	Quilting*
		<u>Coloring Social</u> Tuesdays/Martes 8:30am-10:30am		* <b>Food Pantry</b> Days may affect class. Please check with the front desk.	



**Wreath Class**  
**October 13, 2022**  
**November 10, 2022**  
**December 15, 2022**  
 9:30AM - 11:30AM

**CHAIR YOGA**  
**YOGA EN SILLA**

DATES / FECHAS

10/12 - 10/26	PRICE / PRECIO
11/9 - 11/23	\$8 Per Class
12/14 - 12/28	\$8 Por Clase

Wednesday / Miercoles **8am - 9am**

# Program Schedule

THURSDAY		FRIDAY		ONGOING ACTIVITIES	
8:30 - 9:30	Stretch & Flex	8:30 - 10:30	Coffee Social	8:00 - 3:00	Billiards
8:30 - 10:30	Coffee Social	9:00 - 10:00	Zumba Gold	8:00 - 3:00	Computer Lab
11:30 - 12:30	Lunch Program	10:00 - 1:00	Watercolor	8:00 - 3:00	Gym
12:00 - 3:00	Mexican Train	11:00 - 3:00	Canasta	8:00 - 3:00	Library
 November 11, 2022 November 24, 2022 November 25, 2022 December 26, 2022		11:30 - 12:30	Lunch Program	<b>Center Hours</b> Monday-Friday Lunes a Viernes 8:00am - 3:00pm  Sat & Sun Available for Rentals  *Centro disponible para fiestas	
		11:30 - 12:30	Birthday Celebration (3rd Friday)		
<b>Lunch Program</b> Programa de Lonche 11:30 — 12:30 pm <b>Reservations Required</b> Se Requiere Reservacion		 <b>VOLUNTEERS MAKE A DIFFERENCE</b>			
		<b>Special Events / Eventos Especiales:</b> Monthly Birthday Celebrations / Celebraciones de Cumpleaños Mensuales 3rd Friday of the Month / 3er Viernes del Mes			