

## Resources/Recursos

Adult Protective Services .....	1(800) 491-7123
Alzheimer's Association alz.org .....	1(800) 272-3900
American Society on Aging .....	1(800) 537-9728
Blindness Support Services .....	(951) 341-9244
Caregivers Alzheimer's Association .....	1(800) 272-3900
Community Access Center .....	(951) 274-0358
Community Action Partnership .....	(951) 955-4900
City of Jurupa Valley .....	(951) 332-6464
Community Connect .....	1(800) 465-1123
Dial-A-Ride .....	1(800) 795-7887
Elder Abuse Hotline .....	1(800) 677-1116
Fair Housing Council of Riverside County .....	(951) 682-6581
Family Caregiver Alliance .....	1(800) 445-8106
Feeding America .....	(951) 359-4757
HICAP Health Insurance Counseling .....	(909) 256-8369   1(800) 434-0222
ICLS-Inland County Services, Ins. ....	1(800) 977-4257
Inland Counties Legal Services/Senior Hotline.....	(951) 320-7500
Jurupa Area Recreation Park District .....	(951) 361-2090
Meals on Wheels .....	(951) 683-7151
Medicare .....	1(800) 633-4227
Office on Aging/County of Riverside .....	(951) 867-3800
Poison Control Hotline .....	1(800) 222-1222
Riverside County Veterans Services .....	(951) 955-3060
Riverside County Department of Social Services .....	(951) 358-3000
Riverside Transit Agency .....	(951) 565-5000
Rubidoux Resource Center .....	(951) 328-1575
Sherriff's (Jurupa Valley) .....	(951) 955-2600
Social Security Administration .....	1(800) 772-1213
Veteran's Assistance .....	1(800) 827-1000



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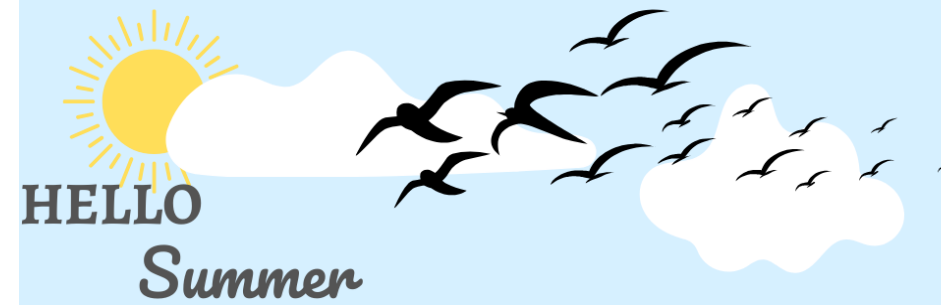
VOL. 4 ISSUE 3 •

# JULY, AUGUST, SEPTEMBER 2024 THE EDDIE DEE NEWS



5888 MISSION BLVD, JURUPA VALLEY, CA. 92509

(951) 275-9975



**Stunning Sunsets, the aroma of Backyard BBQs lingering in the air, and the sound of Summer Jams playing the night away have arrived once again to take us all back to those nostalgic Summer Daze! So grab your sunglasses, dust off your sandals, and join us this season for exciting activities and events!**

**¡Impresionantes puestas de sol, el aroma de asada persistiendo en el aire, el sonido de musica tocando la noche, ha llegado a llevarnos al pasado a esos dias nostálgicos de verano! ¡Así que agarre sus gafas de sol, desempolva sus sandalias y únas a nosotros esta temporada para participar en actividades y eventos emocionantes!**



## Center Hours

MONDAY-FRIDAY  
LUNES- VIERNES

8:00AM-3:00PM

Email  
EDSSC@JARPD.org

### CENTER STAFF

DEBBIE  
PATTERSON  
Recreation Supervisor

MARELY PIÑA  
Recreation  
Coordinator



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# Summer Fun



Z U K G T P G E C R P Y V L L H Y D S I O V U E  
 F J I Z O N C U D B Z T D Z K E P S U Y P J G L  
 U J W G J U D E P X G W Z A K Z Z Y N M R W A C  
 S P S P F C I N C I P M A W Q D N Z S L I C I I  
 T D T U Q S Y F B I F S H Z H X O G C T N S P S  
 V S D M J K G U Y M X Y P B E A C H R D E U S P  
 I O F B B V E E N I H S N U S S H H E H G K D O  
 P S I E H O S W I M S U I T N D E Z E V B E C P  
 C S A N D C A S T L E N F B X N A S N A I G N Q  
 A C B I H O Y Y A X K Z Z U H E S G B C K N Q R  
 L O O P W U P E I P G R D O V I R F E A E I Q R  
 S J Q S N T Q N R H S G O U N R E P I T K P B A  
 I G D Z G S W B T G W K B V T F G M M I E M C C  
 C M Q B U I S H B Z I D R X S T R S Q O B A O V  
 E A J A H D N U P X M L Q L E O U W V N Z C O O  
 C L M C Z E D X T M M A Y I S L B E R I E L K U  
 R O M T W X S N P L I V Q Z S Y M A E A K T O H  
 E H W L J L W M S T N T M Y A H A T M E S L U V  
 A S A E P V K S O J G G Q Y L X H P M W S X T H  
 M J J C I N X T Z O I P D D G B M S U U W I K X  
 W C D O T Y I C D I L K L F N G M W S N K I L L  
 R N I J A H O T D O G S A U U H V M T H M P V T  
 K F D L G X Q R T E X X Y Y S S P R I N K L E R  
 W R P G H E N O L E M R E T A W U W V Z N X P L

SANDCASTLE  
 SUNSCREEN  
 POPSICLE  
 COOKOUT  
 FRIENDS  
 SWEAT

SUNGLASSES  
 SPRINKLER  
 SUNSHINE  
 CAMPING  
 PICNIC  
 BIKE

HAMBURGERS  
 VACATION  
 ICECREAM  
 OUTSIDE  
 SUMMER  
 POOL

WATERMELON  
 SWIMSUIT  
 SWIMMING  
 HOTDOGS  
 BEACH  
 HOT

Para mas informacion, favor de llamar al Centro al  
 (951) 275-9975 or visite [www.JARPD.org](http://www.JARPD.org)

## Now Accepting Submissions!

¡Aceptando envíos!

### DIGITAL SHOW & TELL!

Do you have a compelling story you would like to share, some hidden talent, or piece of art tucked away in a drawer, just waiting for it's moment to shine? Well look no further! If you have an art piece you would like to present, enter your submissions at the Eddie D Smith Senior Center Front Desk or email it to [edssc@jarpd.org](mailto:edssc@jarpd.org). Staff will review entries each quarter and choose one to showcase in the next issue of our newsletter, The Eddie Dee News!

\*\*Items do not stay with us! If you choose to bring in a hard copy, we will take a picture of it and the item will stay with you.\*\*

### DIGITAL MOSTRAR & CONTAR!

¿Tiene una historia cautivante que le gustaría compartir, un talento disimulado o una obra de arte guardada en un cajón, esperando su momento para brillar? No busque más! Si gusta enseñar alguna obra de arte, ingresa sus presentaciones en la recepción del Eddie D Smith Senior Center o envíelas por correo electrónico a [edssc@jarpd.org](mailto:edssc@jarpd.org). Nuestro personal revisará las entradas cada trimestre y elegirá una para mostrarla en el próximo número de nuestro boletín, El Eddie Dee News.

\*\*¡Los artículos no se quedan con nosotros! Si elige traer una copia impresa, le tomaremos una fotografía y el artículo se quedará con usted.\*\*

### Acceptable forms of submissions include but not limited to:

- Origami/Crafts
- Photography
- Short Stories
- Poems
- Paintings
- Drawings
- Clay Art
- Memoire



\*Please keep it family friendly!

### Las formas aceptables de envíos incluyen, entre otras:

- Origami/Manualidades
- Fotografía
- Cuentos cortos
- Poemas
- Pinturas
- Dibujos
- Arte De Arcilla
- Memoria

\*¡Por favor, manténgalo familiar!



Here at EDS, we encounter those from all walks of life, with various gifts and experiences. We believe we all have something to learn from each other, and captivating stories to share!

Aquí en EDS, nos encontramos con personas de todos los ámbitos de la vida, con diversos dones y experiencias. ¡Creemos que todos tenemos algo que aprender de cada uno y historias cautivadoras que compartir!

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- Amistad Medical Clinic
- Anthem Blue Cross
- Monica Ruiz
- Rosa Kuybus
- Riverside Community Health Foundation
- Monica Fiallos
- Mila Arteaga
- Neighborhood HealthCare
- SCAN Health
- Gloria España
- Welbe Health

For more information on how to become a sponsor call (951) 275-9975.



# Sponsorship/Patrocinio

The Eddie Dee Smith Senior Center can only achieve its goals with assistance of generosity from members of our community. Without this assistance serving those in our area, would not be possible. Please consider sponsoring, we appreciate any contribution towards the center's programs and activities that serve our 55+ community.

El Centro para Personas Mayores Eddie Dee Smith solo puede lograr sus objetivos con la ayuda de la generosidad de los miembros de nuestra comunidad. Sin esta ayuda, no sería posible servir a los que se encuentran en nuestra área. Considere patrocinar, apreciamos cualquier contribución a los programas y las actividades del centro que sirven a nuestra comunidad de 55+.



*Fiallos Insurance Solutions, Inc.*  
Protection that Promotes Peace of Mind

**Monica Fiallos**  
Independent Broker

Medicare Solutions  
Life Insurance

Lic. 0G78920      Cell: (951) 314-3258  
Hablo su idioma      Fax: (951) 823-5502



**Amistad Medical Clinics**  
Ajay G. Meka M.D., Inc.      *Serving Southern California since 1983*

**scan**  
HEALTH PLAN

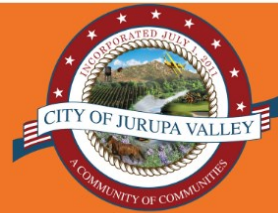
3800 Kilroy Airport Way  
Suite 100  
Long Beach, CA 90806

**Walther Moyano**  
Sales Representative  
**1-951-505-3341**  
wmoyano@scanhealthplan.com  
scanhealthplan.com/sales/walthermoyano  
Se habla español  
License #: 0H68128

**neighborhood HEALTHCARE**  
PACE

**Monica I. Ruiz Bustos**  
Independent Insurance Agent  
Lic# 0K59843 | Hablo Español  
**Mobile: (909) 908-2599**  
**Office: (951) 588-2560**  
Fax: (909) 208-0498  
monica.bustos@myvitalityagent.com

**VITALITY**



**California Phones**  
Keeping you connected.



## FSA-Senior Nutrition Lunch Program

Monday - Friday/Lunes - Viernes  
11:00am - 12:30pm

To schedule a reservation for the senior nutrition lunch program, please call (951) 275-9975. A 24 hour notice is required for all lunch reservations.

Para apuntarse por una reservacion para el programa del almuerzo, llame al (951) 275-9975. Se requiere un aviso de 24 horas para todas las reservas del almuerzo.

## Feeding America-Food Pantry

1st Thursday of the month / Primer Jueves del mes  
By appointment only / Por cita solamente.

9:00 am - 11:30 am

To schedule an appointment for the Food Pantry, please call (951) 275-9975 on Tuesday, the week of pick-up. You **MUST** bring a box or bag.

Para programar una cita para recoger la comida, llame al (951) 275-9975 el Martes antes de recoger la comida. **DEBE** traer su propia caja o bolsas.

## Orange County Food Box

Last Monday of the month/ Ultimo Lunes del mes  
10:00am-1:00pm

Eddie Dee Smith Senior Center

\*Drive up outdoor pick-up. Conduzca hasta la recogida al aire libre.

Pick-up the last Monday of the month.

Please call (714) 897-6670 for more information.

Llame al (714) 897-6670 para mas informacion.

**"Give a man a fish; you have fed him for today. Teach a man to fish; and you have fed him for a lifetime."**  
-CHINESE PROVERB

**"Dale un pescado a un hombre; Le has dado de comer por hoy. Enseña a un hombre a pescar; y lo has alimentado para toda la vida."**  
-PROVERBIO CHINO





# July / Julio



## Upcoming Activities

### Proximas Actividades

**Food Pantry Bag**  
*Bolsa de Alimentos*  
July / Julio 11  
9:00 am - 11:30 am

**Crafts with Sandy & Kathy**  
*Artesanía*  
July / Julio 15  
9:00 am - 10:30 am

**Monthly Birthday Celebration**  
*Celebración de Cumpleaños*  
July / Julio 19  
11:30 am - 12:30 pm

**Karaoke with the Mayor**  
*Karaoke con el Alcalde*  
July / Julio 19  
11:30 am

**Movie Day**  
*Día de Película*  
July / Julio 26  
12:00 pm - 3:00 pm

# Vaccine Clinic

Wednesday / Miercoles

July / Julio 10

11:00 am - 3:00 pm



# Karaoke Lunch Party

with Mayor Willy Silva &

Council member

Leslie Altamirano

Friday July 19

Viernes 19 de Julio

During Lunch

Durante el Almuerzo



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## BOOK YOUR NEXT EVENT WITH US!

Salon de Fiestas Para Rentar

### Celebrate with Us!

### SPECIAL OCCASIONS!

The Jurupa Area Park District offers facilities with a wide range of amenities to meet your personal or professional needs.

### RENT A FACILITY!

Our Event Room and Dining Room at the Eddie Dee Smith Senior Center are the perfect venues for your wedding reception, quinceañeras, birthday party, or other special occasion.



### Additional Locations:

Jurupa Community Center  
Veterans Memorial Community Center  
SkyView Event Center  
Eddie Dee Smith Senior Center  
Picnic Shelters  
and much more!

**FOR PRICING AND AVAILABILITY INFORMATION PLEASE CALL THE CENTER!**

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# Classes & Workshops Talleres & Clases

## Amistad Medical Clinic

Health Class  
Clase de Salud

9 am - 11 am

7/18/2024

8/22/2024

9/12/2024

Painting Class  
Clase de Pintura

9 am - 11 am

8/15/2024

9/19/2024

## Vision & Compromiso

Mental Health Class  
Clase de Salud Mental

9:30 am - 10:30 am

7/22/2024

## Upcoming Activities

### Proximas Actividades

Food Pantry Bag  
Bolsa de Alimentos  
August / Agosto 8  
9:00 am - 11:30 am

Crafts with Kathy and Sandy  
Artesanía  
August / Agosto 12  
9:00 am - 10:30 am

Monthly Birthday  
Celebration  
Celebración de Cumpleaños  
August / Agosto 16  
11:30 am - 12:30 pm

Movie Day  
Dia de Pelicula  
August / Agosto 23  
12:00 pm - 3:00 pm

# August / Agosto

## End of Summer Dance

Saturday August 24  
Sabado 24 de Agosto

4:00 pm - 7:00 pm

\$8 per ticket

\$8 por boleto

Don't forget to register by Monday  
August 19  
No se le olvide registrarse antes de Lunes  
19 de Agosto



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# September / Septiembre

September is national senior center month!

¡Septiembre es el mes nacional de los centros para personas mayores!



# BUNKO!



Wednesday September 18  
Miércoles 15 de Septiembre  
9:00 am - 10:30 am



Join us for a fun game of Bunko!

Unase a nosotros para un juego divertido de Bunko!

# Chair Volleyball

Wednesday September 11  
Miércoles Septiembre 11  
9:00 am - 10:30 am



5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

## Upcoming Activities

### Proximas actividades

Food Pantry Bag  
Bolsa de Alimentos  
September / Septiembre 5  
9:00 am - 11:30 am

Crafts w/Sandy & Kathy  
September / Septiembre 16  
9:30 am - 10:30 am

Monthly Birthday Celebration  
Celebración de Cumpleaños  
September / Septiembre 20  
11:30 am - 12:30 pm

Movie Day  
Dia de Películas  
September / Septiembre 27  
12:00 pm - 3:00 pm



(951) 275-9975

## Zumba Gold

Join Elia from RCHF as she host Zumba Gold for the months of July and August at the center.

Únase a Elia de RCHF como presentadora de Zumba Gold durante los meses de Julio y Agosto en el centro.

Every Friday /  
Cada Viernes 9 am - 10 am



## Medicare Resources

RECURSOS DE MEDICARE



Date Time Agency

7/18/2024	10:00 am - 12:00 pm	SCAN
7/23/2024	9:00 am - 11:00 am	PACE
8/7/2024	10:00 am - 12:00 pm	SCAN
9/4/2024	10:00 am - 12:00 pm	SCAN
9/24/2024	9:00 am - 11:00 am	PACE



## Cool Center

Seniors Only 55+  
Monday – Friday  
10:00a.m. to 3:00p.m.

When temperatures are forecast to exceed 97°F or below 40°F.

In partnership with the County of Riverside's Community Action Partnership, the Center will act as Cool/Warm Center for vulnerable seniors in need of temporary relief from the heat or cold, under certain weather conditions.

Quando se pronostica que las temperaturas excederán los 97 ° F o por debajo de los 40 ° F.

En asociación con la Asociación de Acción Comunitaria del Condado de Riverside, el Centro actuará como Centro Cool / Warm para personas mayores vulnerables en necesidad de un alivio temporal del calor o el frío, en determinadas condiciones climáticas.



### Joke of the Quarterly Newsletter

A frustrated wife told me the other day her definition of retirement:  
"Twice as much husband on half as much pay."

# HAHAHA

### Broma del Boletín Trimestral

Una esposa frustrada me dijo el otro día su definición de jubilación:  
"El doble de marido con la mitad de salario".



## MEMBER SERVICES

Fiallos Insurance Solutions, Inc. will be providing a variety of support services at no cost to our members.

**Make an appointment the 2nd and 4th Thursday of each month.**

Soluciones De Aseguranza Fiallos Inc. provee una variedad de servicios con apoyo sin ningun costo a nuestros miembros.

**Necesita asistencia? haga su cita el 2o y 4o Jueves de cada mes.**



Monica Fiallos



"He should be up and complaining in no time."



## CENTER EVENTS & ACTIVITIES

Eventos & Actividades del Centro

### JEOPARDY!



Tuesday July 23  
Martes 23 de Julio  
12:00 - 3:00 pm

What is?



Must sign up  
Debe apuntarse



Join us on Wednesdays for our monthly game of Bingo!  
July 17, 2024  
August 28, 2024  
September 25, 2024



Únase a nosotros el Miercoles para nuestro juego mensual de bingo!  
17 de Julio, 2024  
28 de Agosto, 2024  
25 de Septiembre, 2024  
9:00 am - 10:30 am



Don't forget to register.  
No se le olvide registrarse.



### Manicures

Join us for a relaxing morning of manicures!  
¡Únete a nosotras para una mañana relajante de manicuras!

7/2 & 7/25  
8/15 & 8/29  
9/12 & 9/26

Don't judge a polish by its first coat.



### Painting Craft with Pace

8/20/2024  
9:30am - 11:00am



### Movie Nights

12:30 pm - 3:00 pm

Friday July 26  
Viernes 26 de Julio  
Friday August 23  
Viernes 23 de Agosto  
Friday September 27  
Viernes 27 de Septiembre



# Eddie Dee Smith Senior Center

MONDAY		TUESDAY		WEDNESDAY	
8:30 - 9:30	Stretch & Flex	8:00 - 9:00	Walking Club	8:00 - 10:00	Queen of the Hill
8:30 - 10:30	Coffee Social	8:30 - 9:30	Stretch & Flex	8:30 - 10:30	Coffee Social
11:00 - 12:30	Lunch Program	8:30 - 10:30	Coffee Social	8:30 - 10:30	Painting Club
11:00 - 3:00	Ceramics Class	10:00 - 2:00	Sewing Club	11:00 - 12:30	Lunch Program
<p><b>“We can complain because rose bushes have thorns, or we can rejoice because thorn bushes have roses.”</b> - Abraham Lincoln</p>		11:00 - 12:30	Lunch Program	12:00 - 2:00	Quilting*
		11:30 - 3:00	Ceramics Class	<p><i>* Food Pantry Days may affect class. Please check with the front desk.</i></p>	
		<p><u>Coloring Social</u> Tuesdays/Martes 8:30am-10:30am</p>			



**Office on Aging**  
County of Riverside

Classes / Clases

**Fresco del Jardin: Repollo**  
Lunes 8 de Julio de 9:30 am - 10:30 am  
*Clase en Español*

**Fresh from the Garden: Cabbage**  
Monday July 22 at 9:30 am - 10:30 am  
*Class in English*

**Disfrute comida saludable**  
Lunes 5 de Agosto de 9:30 am - 10:30 am  
*Clase en Español*

**Enjoy healthy food choices that taste great**  
Monday August 19 at 9:30 am - 10:30 am  
*Class in English*

**Vuelve a pensar tu Bebida**  
Lunes 9 de Septiembre de 9:30 am - 10:30 am  
*Clase en Español*

**Re-think your Drink**  
Monday September 23 at 9:30 am - 10:30 am  
*Class in English*



## Lunch Program

*Reservation required*  
*Se requiere reservación*

Lunch will be served from 11:30 am - 12:30 pm. Reservation is required with at least one day notice to ensure enough food is made. If unable to attend please call to cancel your reservation.

El almuerzo se servirá de 11:30 am - 12:30 pm. Se requiere reserva con al menos un día de anticipación para garantizar que se prepare suficiente comida. Si no puede asistir, llame para cancelar su reserva.

# Program Schedule

THURSDAY		FRIDAY		ONGOING ACTIVITIES	
8:25 - 9:30	Technology Class	8:30 - 10:30	Coffee Social	8:00 - 3:00	Billiards
8:30 - 9:30	Stretch & Flex	9:00 - 10:00	Zumba Gold	8:00 - 3:00	Computer Lab
8:30 - 10:30	Coffee Social	10:00 - 1:00	Watercolor	8:00 - 3:00	Gym
11:00 - 12:30	Lunch Program	11:00 - 3:00	Canasta	8:00 - 3:00	Library
12:00 - 3:00	Mexican Train	11:00 - 12:30	Lunch Program	<p>Celebrating September as National Senior Center Month</p>  <p>HEALTHY AGING never gets old</p>	
<p><b>Closed / Cerrado</b> July 3, 2024 July 4, 2024 September 2, 2024</p>		11:30 - 12:30	Birthday Celebration (3rd Friday)		
		11:30 - 3:00	Crochet Club		
		<p><b>CENTER HOURS</b> <b>HORAS DEL CENTRO</b> Monday - Friday Saturday &amp; Sunday Lunes a Viernes Sábado y Domingo 8:00 am - 3:00 pm Available for Rentals Disponible para Renta</p>			



**Birthday Celebration**  
**Celebration de Cumpleaños**

Come celebrate your birthday month with us!  
**Every 3rd Friday of the month**  
*During your lunch time*

Venga a celebrare el mes de su cumpleaños con nosotros!  
**Cada 3er Viernes del mes**  
*Durante su hora de almuerzo*



**THANK YOU VOLUNTEERS!**

**GRACIAS VOLUNTARIOS!**

thank you