

## Resources/Recursos

Adult Protective Services .....	1(800) 491-7123
Alzheimer's Association alz.org .....	1(800) 272-3900
American Society on Aging .....	1(800) 537-9728
Blindness Support Services .....	(951) 341-9244
Caregivers Alzheimer's Association .....	1(800) 272-3900
Community Access Center .....	(951) 274-0358
Community Action Partnership .....	(951) 955-4900
City of Jurupa Valley .....	(951) 332-6464
Community Connect .....	1(800) 465-1123
Dial-A-Ride .....	1(800) 795-7887
Elder Abuse Hotline .....	1(800) 677-1116
Fair Housing Council of Riverside County .....	(951) 682-6581
Family Caregiver Alliance .....	1(800) 445-8106
Feeding America .....	(951) 359-4757
HICAP Health Insurance Counseling .....	(909) 256-8369   1(800) 434-0222
ICLS-Inland County Services, Ins. ....	1(800) 977-4257
Inland Counties Legal Services/Senior Hotline.....	(951) 320-7500
Jurupa Area Recreation Park District .....	(951) 361-2090
Meals on Wheels .....	(951) 683-7151
Medicare .....	1(800) 633-4227
Office on Aging/County of Riverside .....	(951) 867-3800
Poison Control Hotline .....	1(800) 222-1222
Riverside County Veterans Services .....	(951) 955-3060
Riverside County Department of Social Services .....	(951) 358-3000
Riverside Transit Agency .....	(951) 565-5000
Rubidoux Resource Center .....	(951) 328-1575
Sherriff's (Jurupa Valley) .....	(951) 955-2600
Social Security Administration .....	1(800) 772-1213
Veteran's Assistance .....	1(800) 827-1000



Operated by JARPD  
under agreement with the City of Jurupa Valley



5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

(951) 275-9975

VOL. 4 ISSUE 1 •

JANUARY, FEBRUARY,  
MARCH 2024

## THE EDDIE DEE NEWS

5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

(951) 275-9975



**Happy New Year!** 2023 went by fast we had a of fun times and made some lasting memories. We now welcome 2024 and all the new possibilities it brings as well as new fun activities we have planned.

**¡Feliz año nuevo!** 2023 pasó rápido, pasamos momentos divertidos y creamos recuerdos duraderos. Ahora demos le la bienvenida al 2024 y a todas las nuevas posibilidades que trae, así como a las nuevas actividades divertidas que hemos planeado.

## Center Hours

MONDAY-FRIDAY  
LUNES- VIERNES

8:00AM-3:00PM

Email  
EDSSC@JARPD.org

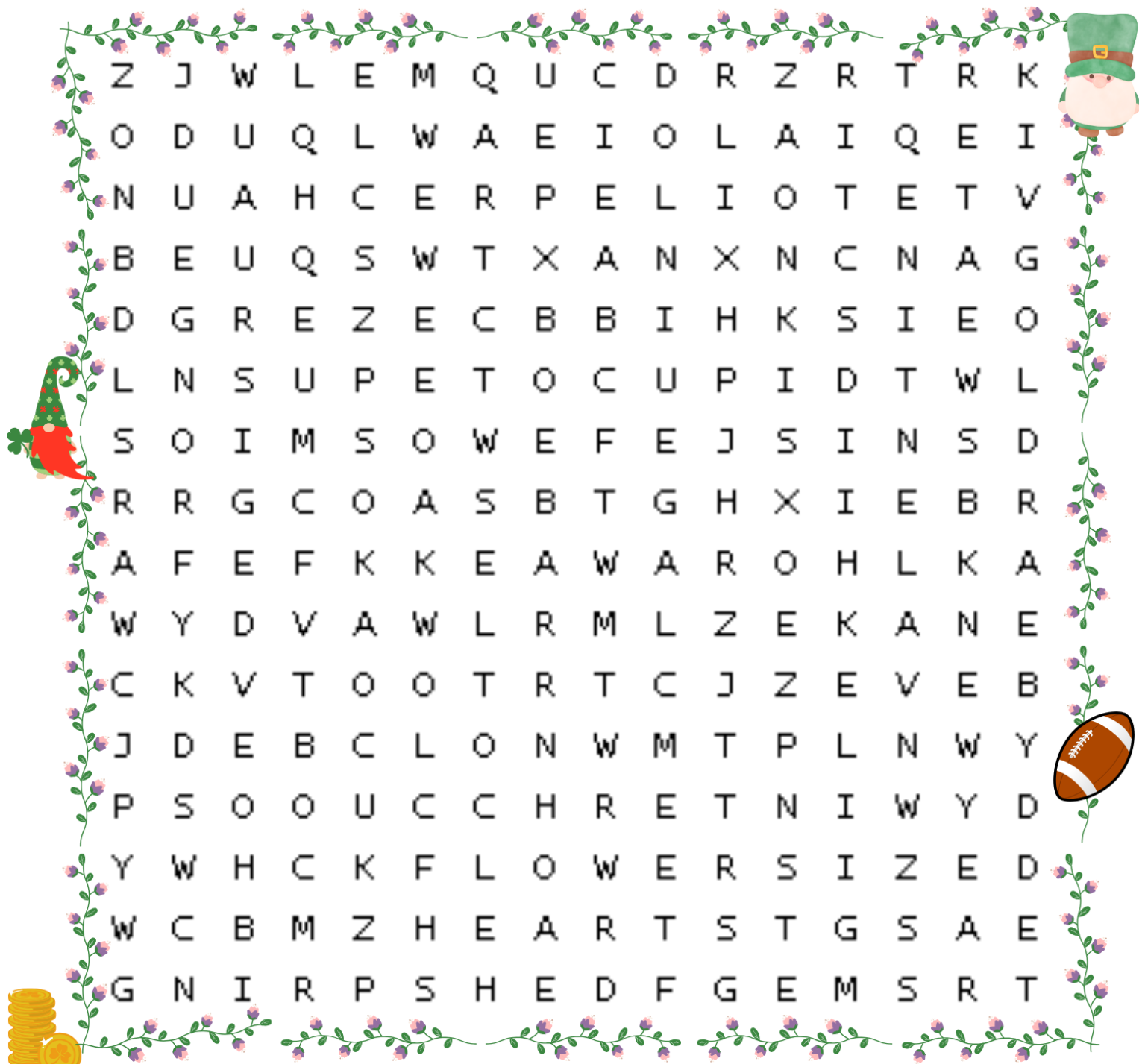
### CENTER STAFF

DEBBIE PATTERSON  
Recreation Supervisor

MARELY PIÑA  
Recreation Specialist



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Basketball    Cupid    Hearts    Shamrock    Treasure  
 Chocolate    Flowers    Leprechaun    Spring    Valentine  
 Clovers    Football    New Year    St. Patrick's    Winter  
 Coins    Gold    Rainbow    Sweater  
 Cold    Green    Roses    Teddy Bear

Para mas informacion, favor de llamar al Centro al  
 (951) 275-9975 or visite [www.JARPD.org](http://www.JARPD.org)

# Eddie Dee's Thrift Store

LA TIENDA DE EDDIIE DEE



Come on in to Eddie Dee's Thrift store open every Thursday except the first Thursday of the month.

Ven a la tienda de segunda mano de Eddie Dee abierta todos los Jueves excepto el primer Jueves del mes.

10:00 am - 1:00pm



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## Zumba Gold / Zumba

Join Elia from RCHF as she host Zumba Gold for the months of January and February at the center.

Únase a Elia de RCHF como presentadora de Zumba Gold durante los meses de Enero y Febrero en el centro.

Every Friday /  
 Cada Viernes  
 9 am - 10 am



## Medicare Resources

RECURSOS DE MEDICARE

Date    Time    Agency

1/18/2024	10:00 am - 12:00 pm	SCAN
1/29/2024	9:30 am - 10:30 am	PACE
2/1/2024	9:00 am - 11:30 am	ANTHEM
2/8/2024	10:00 am - 12:00 pm	SCAN
2/12/2024	9:00 am - 11:30 am	PACE
3/12/2024	10:00 am - 12:00 pm	SCAN



- Amistad Medical Clinic
- Anthem Blue Cross
- Monica Ruiz
- Rosa Kuybus
- Riverside Community Health Foundation
- Monica Fiallos
- Mila Arteaga
- Neighborhood HealthCare
- SCAN Health

For more information on how to become a sponsor, call (951) 275-9975.



# Sponsorship/Patrocinio

The Eddie Dee Smith Senior Center can only achieve its goals with assistance of generosity from members of our community. Without this assistance serving those in our area, would not be possible. Please consider sponsoring, we appreciate any contribution towards the center's programs and activities that serve our 55+ community.

El Centro para Personas Mayores Eddie Dee Smith solo puede lograr sus objetivos con la ayuda de la generosidad de los miembros de nuestra comunidad. Sin esta ayuda, no sería posible servir a los que se encuentran en nuestra área. Considere patrocinar, apreciamos cualquier contribución a los programas y las actividades del centro que sirven a nuestra comunidad de 55+.

**Monica I. Ruiz Bustos**  
Independent Insurance Agent  
Lic# 0K59843 | Hablo Español  
**Mobile: (909) 908-2599**  
**Office: (951) 588-2560**  
Fax: (909) 208-0498  
monica.bustos@myvitalityagent.com

Protection that Promotes Peace of Mind

**Monica Fiallos**  
Independent Broker  
Medicare Solutions  
Life Insurance  
Lic. 0G78920  
Hablo su idioma  
Cell: (951) 314-3258  
Fax: (951) 823-5502

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Suite 100  
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**Walther Moyano**  
Sales Representative  
**1-951-505-3341**  
wmoyano@scanhealthplan.com  
scanhealthplan.com/sales/walthermoyano  
Se habla español  
License #: 0H68128



## FSA-Senior Nutrition Lunch Program

Monday - Friday/Lunes - Viernes  
11:30am - 12:30pm

To schedule a reservation for the senior nutrition lunch program, please call (951) 275-9975. A 24 hour noticed is required for all lunch reservations. Para programar una reservacion para el programa de almuerzo, llame al (951) 275-9975. Se requiere un aviso de 24 horas para todas las reservas de almuerzo.

## Feeding America-Food Pantry

1st Thursday of the month/ Primer Jueves del mes  
By appointment only/ Por cita solamente.  
9:00am - 11:30am

To schedule an appointment for the Food Pantry, please call (951) 275-9975 on Tuesday the week of pick-up. You must bring a cart. Para programar una cita para recoger la comida, llame al (951) 275-9975 el Martes antes de recoger la comida. Debe traer su propio carrito.

## Orange County Food Box

Last Monday of the month/ Ultimo Lunes del mes  
10:00am-1:00pm  
Eddie Dee Smith Senior Center  
\*Drive up outdoor pick-up. Conduzca hasta la recogida al aire libre.

Pick-up the last Monday of the month. Please call (714) 897-6670 for more information. Llame al (714) 897-6670 para mas informacion.

"If you can't feed a hundred people, just feed one."

"Si no puedes alimentar a cien personas, solo dale de comer a una."

-MOTHER TERESA



# January / Enero

# LOTERIA

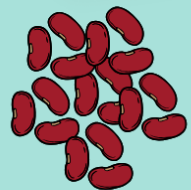
Lets welcome the new year with a fun game of Lotería.

Démosle la bienvenida al año nuevo con un divertido juego de Lotería.

Wednesday January 24, 2024  
Miércoles 24 de Enero, 2024



9:00 am - 10:30 am



Don't forget to register!  
No se le olvide registrarse!

5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

(951) 275-9975

## Upcoming Activities

Proximas actividades

**Food Pantry Bag**  
*Bolsa de Alimentos*  
January / Enero 4  
9:00am - 11:30am

**Monthly Birthday Celebration**  
*Celebración de Cumpleaños*  
January / Enero 19

**Smartphone Training**  
*Call to Sign-up*  
9:00 am - 11:00 am

**Entrenamiento de Teléfonos**  
Llamar para inscribirse  
9:00 am - 11:00 am

BOOK YOUR NEXT EVENT WITH US!

Salon de Fiestas Para Rentar

## Celebrate with Us!

### SPECIAL OCCASIONS!

The Jurupa Area Park District offers facilities with a wide range of amenities to meet your personal or professional needs.

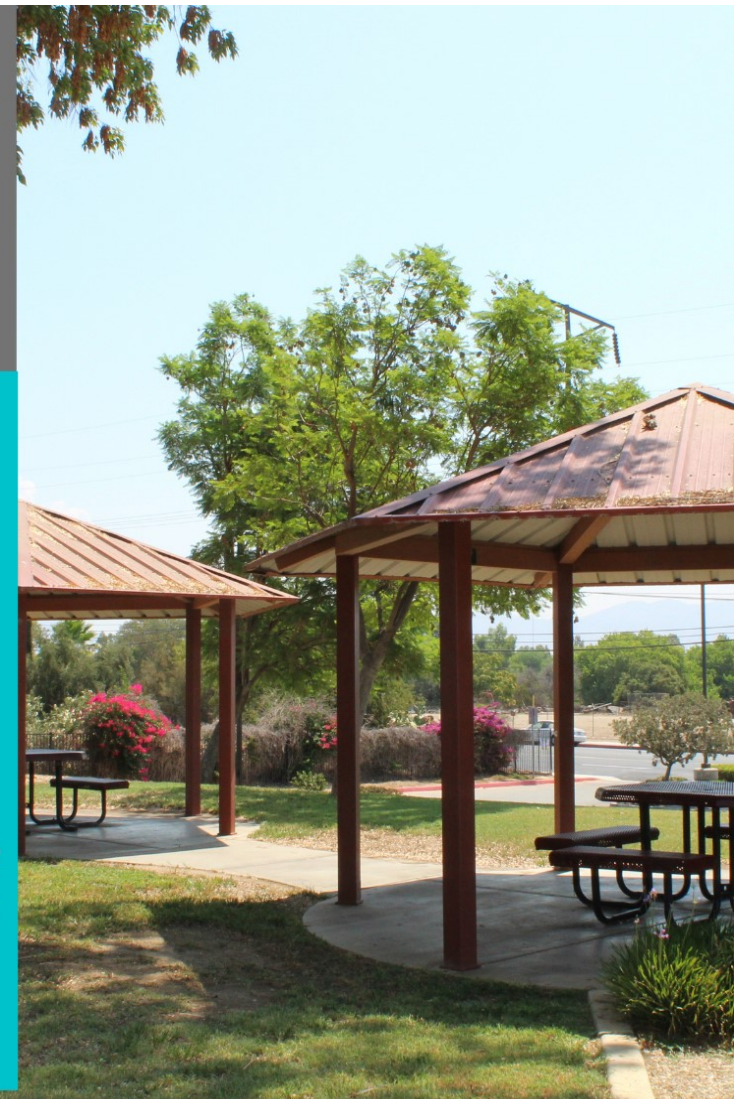
### RENT A FACILITY!

Our Event Room and Dining Room at the Eddie Dee Smith Senior Center are the perfect venues for your wedding reception, quinceañeras, birthday party, or other special occasion.



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### Locations Include:

- Jurupa Community Center
- Veterans Memorial Community Center
- SkyView Event Center
- Eddie Dee Smith Senior Center
- Picnic Shelters
- and much more!

**FOR PRICING AND AVAILABILITY INFORMATION, PLEASE CALL THE CENTER!**

# Classes & Workshops Talleres & Clases

## Amistad Medical Clinic

Health Class  
Clase de Salud

9 am - 11 am  
1/18/2024  
2/22/2024  
3/21/2024

Painting Class  
Clase de Pintura



9 am - 11 am  
2/15/2024  
3/14/2024

## Vision & Compromiso

Mental Health Classes  
Clases de Salud Mental

9 am - 10:30 am  
Every Tuesday  
Cada Martes

## Clase de Deficiencias

Mental Health Classes  
Clases de Salud Mental

9:30 am - 10:30 am  
1/11/2024



## Upcoming Activities

Proximas actividades

Food Pantry Bag  
Bolsa de Alimentos  
February / Febrero 8

Monthly Birthday  
Celebration  
Celebración de Cumpleaños  
February / Febrero 16

Smartphone Training  
Call to make appointment  
9:00 am - 11:00 am

Entrenamiento de Teléfonos  
Llamar para inscribirse  
9:00 am - 11:00 am



## February / Febrero

# Sweetheart

# Dance



Join us for a fun night full of dancing with friends.

Únete a nosotras para una noche divertida llena de baile con amigos.

Friday February 9, 2023  
Viernes 9 de Febrero, 2023

4:00 pm - 7:00 pm  
\$7 per person  
\$7 por persona

Don't forget to buy your ticket by Monday  
February 5, 2024

No se le olvide comprar su boleto antes de  
Lunes 5 de Febrero, 2024

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(951) 275-9975

March / Marzo

# Loteria

Wednesday March 20, 2024  
Miércoles 20 de Marzo, 2024  
9:00 - 10:30 am



Don't forget to sign up.  
No se le olvide registrarse.



## Rock Painting Pintura de Rocas



Join us in welcoming spring while we paint rocks.

Únase a nosotros a dar la bienvenida a la primavera mientras pintamos rocas.



Wednesday March 27, 2024  
Miércoles 27 de Marzo, 2024



9:00 am - 10:30 am



5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

## Upcoming Activities

Proximas actividades

**Food Pantry Bag**  
*Bolsa de Alimentos*  
March / Marzo 7

**Monthly Birthday Celebration**  
*Celebración de Cumpleaños*  
March / Marzo 15

**Smartphone Training**  
*Call to Sign-up*  
9:00 am - 11:00 am

**Entrenamiento de Teléfonos**  
*Llamar para inscribirse*  
9:00 am - 11:00 am



(951) 275-9975

Gracias a todos que participaron en nuestra busqueda de Fantasmas en el boleten de octubre!



Thank you all that participated in our October newsletter ghost hunt!

**Felizidades a nustos ganadores  
Congratulations to our winners!**



We will be having an easter egg hunt in our April May June Newsletter so keep an eye out.

Tendremos una búsqueda de huevos de Pascua en nuestro boletín informativo de abril, mayo y junio, así que estén atentos.



## Cool/Warm Center

Seniors Only 55+  
Monday – Friday  
10:00a.m. to 3:00p.m.

When temperatures are forecast to exceed 97°F or below 40°F.

In partnership with the County of Riverside's Community Action Partnership, the Center will act as Cool/Warm Center for vulnerable seniors in need of temporary relief from the heat or cold, under certain weather conditions.

Cuando se pronostica que las temperaturas excederán los 97 ° F o por debajo de los 40 ° F.

En asociación con la Asociación de Acción Comunitaria del Condado de Riverside, el Centro actuará como Centro Cool / Warm para personas mayores vulnerables en necesidad de un alivio temporal del calor o el frío, en determinadas condiciones climáticas.

### Joke of the Quarterly Newsletter

They say that age is all in your mind. The trick is keeping it from creeping down into your body.

I've tried all the machines at the gym, but the only one I keep going back to is the vending machine.

### Broma del Boletín Trimestral

Un día, cuando mi hermana tenía seis años, se ofreció a cepillarme el cabello. Tras hacerlo durante varios minutos, me dijo:

-Ay, Brenda, tienes el pelo como el de una muñeca.

Creyendo que era un halago, le di las gracias, pero ella, moviendo mi cabellera, añadió:

-Si, mira: unas partes se ven vacías y otras no.

## MEMBER SERVICES

Fiallos Insurance Solutions, Inc. will be providing a variety of support services at no cost to our members.

**Make an appointment the  
2nd and 4th  
Thursday of each month.**

Soluciones De Asegurancia Fiallos Inc. provee una variedad de servicios con apoyo sin ningún costo a nuestros miembros.

**Necesita asistencia? haga su  
cita el 2o y 4o  
Jueves de cada mes.**



Monica Fiallos

# Movie day

Friday February 23, 2024  
Viernes 23 de Febrero, 2024

12:00 pm - 3:00 pm

Join us for a afternoon full of laughter .  
Únase a nosotros para una tarde llena de risas.

## CENTER EVENTS & ACTIVITIES

Eventos & Actividades del Centro



*Happy Valentines Day!*  
Come spend time with friends and enjoy a few games of Bingo.  
*Feliz día de San Valentín!*  
Ven a pasar tiempo con amigos y disfruta de unas partidas de Bingo.

Wednesday February 14, 2024  
Miércoles 14 de Febrero, 2024  
9:00 am - 10:30 am

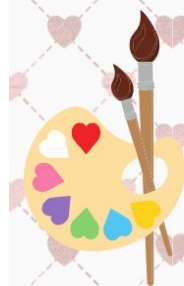


## Painting Craft Manualidad de Pintura

Join Neighborhood PACE for a Valentine painting craft.

Únase a Neighborhood PACE para realizar una manualidad de pintura de San Valentine.

Monday February 12, 2024  
Lunes 12 de Febrero, 2024  
9:00 am - 10:30 am



### Classes / Clases

#### Haciendo un Plato saludable

Lunes 8 de Enero de 9:30 am - 10:30 am

Clase en Español

#### Planning a Healthy Plate

Monday January 22 at 9:30 am - 10:30 am

Class in English

#### Que esta en la etiqueta

Lunes 5 de Febrero de 9:30 am - 10:30 am

Clase en Español

#### What's on the label

Monday February 26 at 9:30 am - 10:30 am

Class in English

#### Fresco del Jardín

Lunes 4 de Marzo de 9:30 am - 10:30 am

Clase en Español

#### Fresh from the Garden

Monday March 11 at 9:30 am - 10:30 am

Class in English

## Manicures

Come get your nails painted with a cool design.

Venga a pintarse las uñas con un diseño genial.



Thursdays / Jueves  
9:00 am - 11:40 am

1/18/2024  
2/1/2024  
3/14/2024



# Eddie Dee Smith Senior Center

MONDAY		TUESDAY		WEDNESDAY	
8:30 - 9:30	Stretch & Flex	8:00 - 9:00	Walking Club	8:00 - 10:00	Queen of the Hill
8:30 - 10:30	Coffee Social	8:30 - 9:30	Stretch & Flex	8:30 - 10:30	Coffee Social
11:00 - 12:30	Lunch Program	8:30 - 10:30	Coffee Social	8:30 - 10:30	Painting Club
11:00 - 3:00	Ceramics Class	10:00 - 2:00	Sewing Club	9:00 - 11:00	Crochet Club
<b>“The spirit never ages. It stays forever young.”</b> – Lailah Gifty Akita		11:00 - 12:30	Lunch Program	11:00 - 12:30	Lunch Program
		11:30 - 3:00	Ceramics Class	12:00 - 2:00	Quilting*
		<i>Coloring Social</i> Tuesdays/Martes 8:30am-10:30am		* <b>Food Pantry</b> Days may affect class. Please check with the front desk.	

5	1	3
8	7	2
6	2	5
7	6	8
7	1	4
2	5	4
6	9	4
2	3	7
7	2	8

## Lunch Program

*Reservation required*  
*Se requiere reservación*

We now have TWO lunch times 11:00 am and 12:00 pm. When calling to make a reservation specify what time you would like to attend.

Ahora tenemos DOS Horarios de almuerzo 11:00 am y 12:00 pm. Al llamar para hacer una reservación, especifique a que hora le gustaría atender.

# Program Schedule

THURSDAY		FRIDAY		ONGOING ACTIVITIES						
8:30 - 9:30	Stretch & Flex	8:30 - 10:30	Coffee Social	8:00 - 3:00	Billiards					
8:30 - 10:30	Coffee Social	9:00 - 10:00	Zumba Gold	8:00 - 3:00	Computer Lab					
11:00 - 12:30	Lunch Program	10:00 - 1:00	Watercolor	8:00 - 3:00	Gym					
12:00 - 3:00	Mexican Train	11:00 - 3:00	Canasta	8:00 - 3:00	Library					
<div style="border: 2px solid red; padding: 5px; text-align: center;"> <h2 style="color: red;">Closed / Cerrado</h2> </div> January 1, 2024 January 15, 2024 February 19, 2024		11:00 - 12:30	Lunch Program							
		11:30 - 12:30	Birthday Celebration (3rd Friday)							
		<b>CENTER HOURS</b> <b>HORAS DEL CENTRO</b> Monday - Friday Saturday & Sunday Lunes a Viernes Sábado y Domingo 8:00 am - 3:00 pm Available for Rentals Disponible para Renta		5 7 9 8 1 2 6 4 3	3 4 8 6 5 7 9 2 1	1 6 2 4 9 3 8 7 5	9 1 7 2 6 8 3 5 4	8 5 4 7 3 1 2 9 6	2 3 6 5 4 9 1 8 7	6 8 1 9 7 5 4 3 2

**THANK YOU**  
**VOLUNTEERS!**

**GRACIAS**  
**VOLUNTARIOS!**

*thank you*

**Birthday Celebration**  
**Celebration de Cumpleaños**

Come celebrate your birthday month with us!  
**Every 3rd Friday of the month**  
*During your lunch time*

Venga a celebrare el mes de su cumpleaños con nosotros!  
**Cada 3er Viernes del mes**  
*Durante su hora de almuerzo*