

VOL. 2 ISSUE 2 •  
OCTOBER, NOVEMBER, DECEMBER 2021

# THE EDDIE DEE NEWS



Newsletter of the Eddie Dee Smith Senior Center

5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

(951) 275-9975

Hello members of Eddie Dee!, this quarterly issue will feature activities that will include the months of October, November, and December. We are excited to offer our first dance this October. We are happy to see the members enjoying the activities and programming that is being offered at the Eddie Dee Smith Senior Center. We are always looking for innovative ideas for all our members. If you have any ideas please share them with us, we'd love to hear them!



¡Hola miembros de Eddie Dee!, este boletín incluye actividades que cubrirán los meses de Octubre, Noviembre y Diciembre. Estamos emocionados de ofrecer nuestro primer baile este Octubre. Estamos felices de ver a los miembros disfrutando de las actividades y la programación que se ofrece en el Centro para Personas de la Tercera Edad. Siempre estamos buscando ideas innovadoras para todos nuestros miembros. Si tiene alguna idea, compártala con nosotros, ¡Nos encantaría escucharla!

## Center Hours

MONDAY-FRIDAY

8:00AM-3:00PM

Email

EDSSC@JARPD.org

### CENTER STAFF

DEBBIE PATTERSON  
Recreation Coordinator

JANET PALACIO  
Recreation Specialist



Operated by JARPD  
under agreement with the City of Jurupa Valley





## FSA-Senior Nutrition Lunch Program

Monday - Friday/Lunes - Viernes

11:30am - 12:00pm / 12:00pm - 12:30pm

To schedule a reservation for the senior nutrition lunch program, please call (951) 275-9975. A 24 hour noticed is required for all lunch reservations.

Para programar una reservacion para el programa de almuerzo, llame al (951) 275-9975. Se requiere un aviso de 24 horas para todas las reservas de almuerzo.

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## Feeding America-Food Pantry

1st Thursday of the month/ Primer Jueves del mes

By appointment only/ Por cita solamente.

To schedule an appointment for the Food Pantry, please call (951) 275-9975 on Tuesday the week of pick-up. You Must bring a cart.

Para programar una cita para recoger la comida, llame al (951) 275-9975 los lunes de cada semana.

Debe traer su propio carrito.

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## Orange County Food Box

Last Monday of the month/ Ultimo Lunes del mes

10:00am-1:00pm

Eddie Dee Smith Senior Center

\*Drive up outdoor pick-up. Conduzca hasta la recogida al aire libre.

Pick-up the last Monday of the month.

Please call (714) 897-6670 for more information.

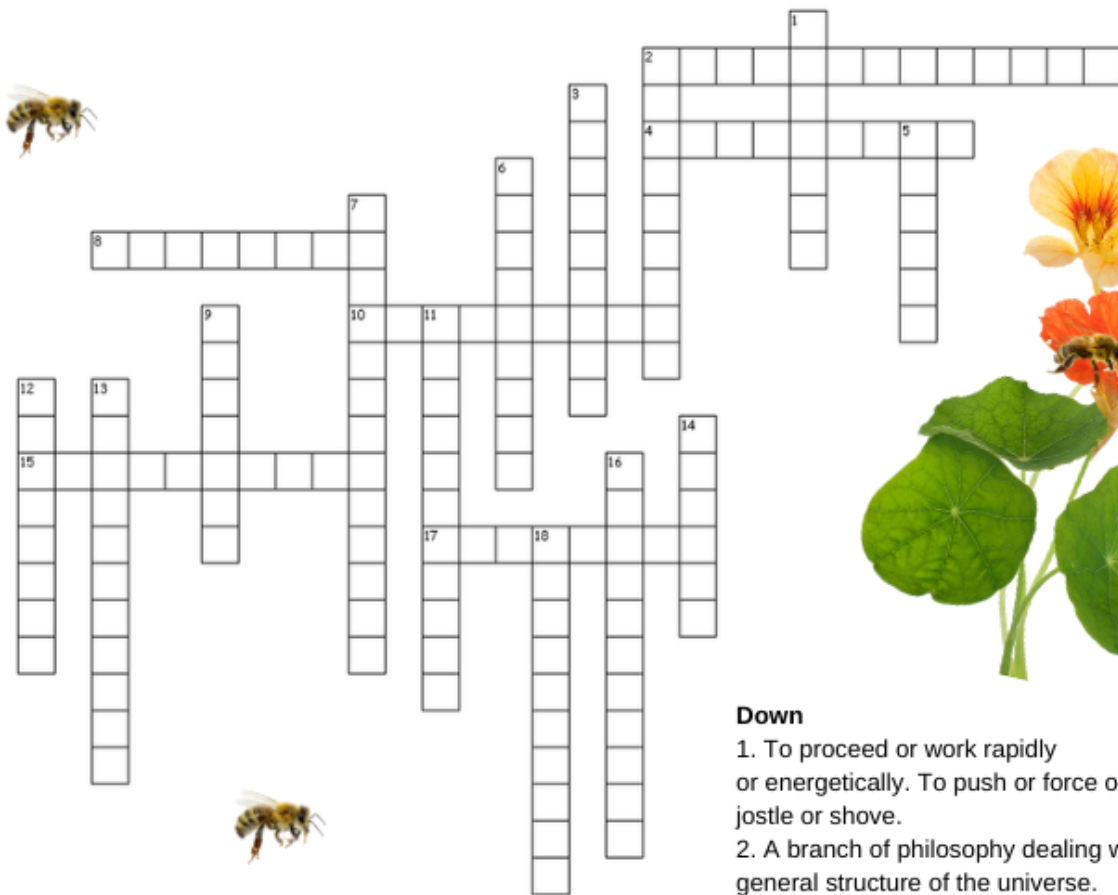
Llame para mas informacion.

"If you can't feed a hundred people, just feed one."

"Si no puedes alimentar a cien personas, solo dale de comer a una."

-MOTHER TERESA





**Across**

- 2. The outer boundary, especially of a circular area; perimeter.
- 4. To go, run, or glide lightly or rapidly. To skim along a surface.
- 8. An overabundance; excess.
- 10. To disturb persistently; torment, as with troubles or cares; bother continually.
- 15. The science of soil management and the production of field crops.
- 17. A person from whom one is descended; forebear; progenitor.

**Down**

- 1. To proceed or work rapidly or energetically. To push or force one's way; jostle or shove.
- 2. A branch of philosophy dealing with the origin and general structure of the universe.
- 3. An instance or case not conforming to the general rule. An adverse criticism
- 5. To call up or produce (memories, feelings, etc.); to evoke a memory.
- 6. An optical instrument for making distant objects appear larger and therefore nearer.
- 7. An expert or specialist in mathematics.
- 9. Accord; a consistent, orderly, or pleasing arrangement of parts; congruity.
- 11. The act of respiring; inhalation and exhalation of air; breathing.
- 12. A state of perplexity or uncertainty, especially as to what to do; dilemma.
- 13. A program or campaign to exterminate, drive away or subjugate people.
- 14. Excessive pride or self-confidence; arrogance.
- 16. So filled or flooded with water as to be heavy or unmanageable. Excessively saturated.
- 18. A long, precipitous cliff like ridge of land, rock, commonly formed by fracturing of the earth's crust.



# OCTOBER Activities

October is the National Breast Cancer Awareness month. Ensuring proper routine mammograms is very important in order to maintain your health. Most breast cancers are found in women who are 50 or older. Pink is everywhere during the month of October, join the Eddie Dee Center staff in wearing pink on October 27th all day long.

Octubre es el mes nacional de concientización sobre el cáncer de mama. Es muy importante asegurarse de que las mamografías de rutina sean adecuadas para mantener su salud. La mayoría de los cánceres de mama se encuentran en mujeres de 50 años o más. El rosa está en todas partes durante el mes de octubre, únase al personal del Centro Eddie Dee vistiendo de rosa el 27 de octubre durante todo el día.



En  
Octubre,  
usamos  
rosado!

## Upcoming Activities

Proximas actividades

### Health Screening

*Examen de Salud*

October/Octubre 5 & 19

11:30am - 1:30pm

### Food Pantry Bag

*Bolsa de Alimentos*

October/Octubre 7

### Smart Phone Training

*Android*

October/ Octubre 12

9:00am - 11:00am

### Monthly Birthday Celebration

*Celebracion de Cumpleaños*

October/Octubre 15

### SCAN Lecture Table

*SCAN mesa de lectura*

October/Octubre 21

10:00am - 12:00pm

### Smart Phone Training

*iphone*

October/ Octubre 26

9:00am - 11:00am

# Upcoming Activities

Proximas actividades

## **Wear Pink**

*Use Rosado*

October/Octubre 27

All Day/Todo el Dia

## **Shake Them Bones Dance**

Baile de Sacudir los huesos

October/ Octubre 30

4:00pm - 7:00pm

## **Food Pantry Bag**

*Bolsa de Alimentos*

November /Noviembre 4

## **Smart Phone Training**

*Android*

November / Noviembre 9

9:00am - 11:00am

## **Karaoke with Dr. Rios**

November /Noviembre 9

1:00pm - 2:30pm

## **Center Closed**

Centro Cerrado

November / Noviembre 11

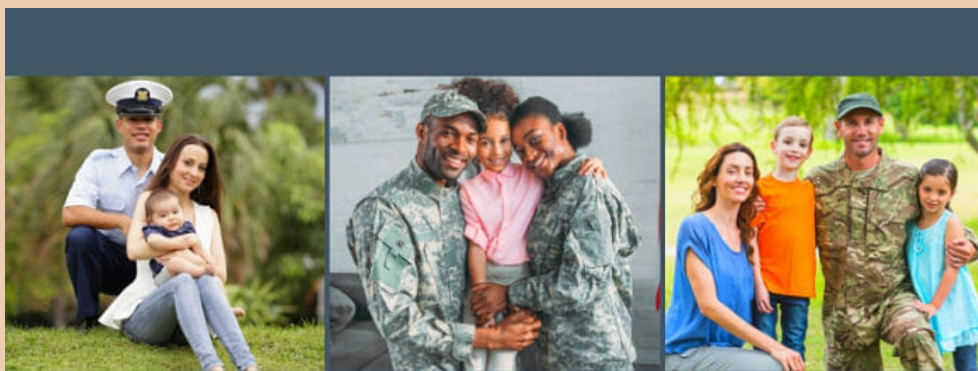
# Activities NOVEMBER

November is Military Family Appreciation Month—a time when America honors and recognizes those unique sacrifices and challenges family members make in support of their loved ones in uniform.

*Thank you, for your support!*

Gracias por su apoyo!

Noviembre es el Mes de Apreciación a la Familia Militar, un momento en el que Estados Unidos honra y reconoce esos sacrificios y desafíos únicos que los miembros de la familia hacen en apoyo de sus seres queridos en uniforme.



MILITARY FAMILY  
APPRECIATION MONTH

# DECEMBER Activities

This special month was established through the coming together of a broad range of people involved in donations from NPOs, universities, corporations, government and international institutions. National Giving Month celebrates Americans at their best by acknowledging the generosity and volunteerism that unites people of all ideologies during the month of December.

## Generosity

*Takes an open heart and a love that asks for nothing in return.*



## Generosidad

*Requiere un corazón abierto y un amor que no pide nada a cambio.*

Este mes especial se estableció mediante la reunión de una amplia gama de personas involucradas en donaciones de organizaciones sin fines de lucro, universidades, corporaciones, gobiernos e instituciones internacionales. El Mes Nacional de Donaciones celebra a los estadounidenses en su mejor momento al reconocer la generosidad y el voluntariado que une a personas de todas las ideologías durante el mes de diciembre.

## Upcoming Activities

### Proximas actividades

#### Monthly Birthday Celebration

Celebracion de cumpleaños  
November/ Noviembre 19  
11:30am - 12:30pm

#### Health Screening

Examen de Salud  
November/ Noviembre 23  
11:30am - 1:30pm

#### Smart Phone Training

iPhone  
November/ Noviembre 30  
9:00am - 11:00am

#### Food Pantry Bag

Bolsa de Alimentos  
December/Diciembre 2

#### Smart Phone Training

Android  
December/ Diciembre 7  
9:00am - 11:00am



# CENTER EVENTS & ACTIVITIES

Eventos & Actividades del Centro

## Health Screening

Examen de Salud  
December/Diciembre 7  
11:30am - 1:30pm

## Ugly Sweater Dance

Baile Navideño (Sueter Feo)  
December / Diciembre 10  
1:00pm - 4:00pm

## Monthly Birthday Celebration

Celebracion de cumpleaños  
December/ Diciembre 17  
11:30am - 12:30pm

## SCAN Lecture Table

SCAN mesa de lectura  
December/ Diciembre 16  
10:00am - 12:00pm

## Smart Phone Training

iphone  
December/ Diciembre 21  
9:00am - 11:00am

## Shake Them Bones - Senior Dance

SACUDE LOS HUESOS - BAILE

Halloween Dance

Saturday, October 30th  
4 -7pm

\$5 a ticket pre-sale

\$7 at the door

Attendees are encouraged to  
come in their costumes.

Baile de Halloween

Sabado, 30 de Octubre  
4 -7pm

\$5 por boleto preventa

\$7 en la puerta

Se anima a los asistentes a que  
vengan con sus disfraces.



For more information, please call the Senior Center office at  
(951) 275-9975 or visit [www.JARPD.org](http://www.JARPD.org)

# Eddie Dee Smith Senior Center

Monday		Tuesday		Wednesday	
9:30 - 10:30	Coffee Social	9:30 - 10:30	Coffee Social	9:30 - 10:30	Coffee Social
10:00 -11:00	BEI Class	8:30 - 9:30	Stretch & Flex	8:00 - 10:00	Queen of the Hill (Ladies Only)
11:30-12:30	Lunch Program	10:00 -2:00	Sewing Club	8:30 - 10:30	Painting Club
12:00 -3:00	Crochet w/ Jae	11:30 -12:30	Lunch Program	11:30 -12:30	Lunch Program
Lunch Program <i>Programa de lonche</i> 11:30-12:00 pm 12:00-12:30 pm Reservations Required <i>se requieren reservaciones</i>		12 - 3pm	Ceramics Class	12:00 - 2:00	*Quilting
		<i>Gracias Por Usar Su Tapa Bocas!</i>		<i>*Food Pantry days may affect class times. Please check with the front desk for class times.</i>	




**Wreath Class**

OCTOBER 28  
NOVEMBER 18  
DECEMBER 30

9:30AM - 11:30AM

Thank You  
for wearing your  
**MASK**





# Programming Schedule

Thursday		Friday		Ongoing Activities	
8:30-9:30	*Stretch & Flex	8:30—9:30	Zumba Gold	8:00-3:00	Billiards
9:30 - 10:30	Coffee Social	9:30 - 10:30	Coffee Social	8:00-3:00	Computer Lab
11:30-12:30	Lunch Program	10:00 - 1:00	Watercolor	8:00-3:00	Gym
12:00-3:00	Mexican Train	11:30 -12:30	Lunch Program	8:00-3:00	Library



November 11th.  
 November 25th.  
 November 26th.  
 December 24th.  
 December 31st.

11:30-12:30	Birthday Celebration (3rd Fri)
11:00- 3:00	Canasta



**VOLUNTEERS  
 MAKE A  
 DIFFERENCE**

**Center Hours**  
 Monday-Friday  
*Lunes a Viernes*  
 8:00A - 3:00P

Sat & Sun  
 Available for  
 Rentals

*\*Centro disponible  
 para fiestas*



## Special Events/Eventos Especiales :

Monthly Birthday Celebrations/Celebraciones de  
 Cumpleaños Mensuales  
*3rd Friday of the month/3er viernes del mes*

# Fall Harvest

K X H B T C R C G L R T F J S  
U O C G S E V A E L U P T N Y  
H I M Y Y A H A P W U J I A D  
O R T M B J L B P R K K W S S  
Q C R V U V P C Y P P D M F D  
I I O M C A W S F M L A V A Q  
Z I I R C L E H U M F E C L L  
N X E O N L X P U Y D D S L S  
H V R T P R E C W Q I N D Q J  
D N X A T V K C U X C N U E T  
S B M T N B A I J Q I I M T R  
S C A R E C R O W W R C E X E  
C Z F Z D D F M Z R K F W N E  
R I T T J H Q Y E K R U T S S  
E A K E X K K L M T A X Y O R

LEAVES  
FALL  
ACORNS  
WIND  
TREES  
APPLES  
PUMPKINS  
MAPLESYRUP  
SCARECROW  
CORN  
RAKE  
SQUIRREL  
HAY  
TURKEY

## Joke of the Quarterly Newsletter

The local news station was interviewing an 80-year-old lady because she had just gotten married for the fourth time.

The interviewer asked her questions about her life, about what it felt like to be marrying again at 80, and then about her new husband's occupation.. "He's a funeral director," she answered. "Interesting," the newsman thought... He then asked her if she wouldn't mind telling him a little about her first three husbands and what they did for a living.

She paused for a few moments, needing time to reflect on all those years.

After a short time, a smile came to her face and she answered proudly, explaining that she had first married a banker when she was in her 20's, then a circus ringmaster when in her 40's, and a preacher when in her 60's, and now - in her 80's - a funeral director.

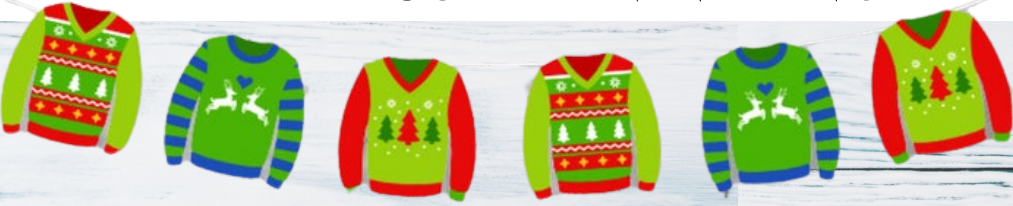
The interviewer looked at her, quite astonished, and asked why she had married four men with such diverse careers.

*(Wait for it...)*

- She smiled and explained, "I married one for the money, two for the show, three to get ready, and four to go."

# Ugly Sweater Senior Dance

BAILE DE SUETER NAVIDEÑO



**December 10, 2021**

**1pm - 4pm**

**\$5 Pre-Sale Ticket**

**\$7 At the Door**



**10 de Diciembre, 2021**

**1pm - 4pm**

**\$5 Boletos de Preventa**

**\$7 En la puerta**



**Come Dressed  
in your Ugly  
Sweater!**

**Venga vestido  
en su sueter  
Navideño**



## Cool/Warm Center

Seniors Only 55+

Monday – Friday

10:00a.m. to 3:00p.m.

When temperatures are forecast to exceed 97°F or below 40°F.

In partnership with the County of Riverside's Community Action Partnership, the Center will act as Cool/Warm Center for vulnerable seniors in need of temporary relief from the heat or cold, under certain weather conditions.

Cuando se pronostica que las temperaturas excederán los 97 ° F o por debajo de los 40 ° F.

En asociación con la Asociación de Acción Comunitaria del Condado de Riverside, el Centro actuará como Centro Cool / Warm para personas mayores vulnerables en Necesidad de un alivio temporal del calor o el frío, en determinadas condiciones climáticas.

H L W O G K Q A G M C W X L L D G R C X V X C S  
 Z K T P O C I T A P M I S O K Y U H L S W S T D  
 V B D M P K X F Z K T L I B Q V K M Y T N L X P  
 I Y Y D B C Q R F I U R S U Y A F T Y L O G M L  
 O G R D J O R J N Q E E G A Z T E T I K D R Y J  
 K H C L O V N Y M S X H O N L K O G S M B F R S  
 U P L X U Y T I S F T O V J E L G K F Z I N H F  
 K L V O T I A C T P T U X V H N N L D H M D G E  
 J I A W F B G N V O D I T R E V O R T X E P O G  
 E O G R Q U V D E W C V S E Z T A E Y B R K Q X  
 S J M P K C R O P A U G B O H X T O E C C Z O X  
 W P E L I R R O J O S L O W E R J D N R B H U Y  
 O D A G L E D H J J A Y D I C U Y I N O G T R L  
 Y H T M W I A X A N H M I A R B N V W A C D J E  
 V X B J C M Y P C E B T N U B I H E X L D L C I  
 G Y F C E V M O Q U W T Z N A O B R N T X O K O  
 N R M A Y O R I H L I G C O J J Q T E O N D R S  
 S L A X P I W F H P E X O B O L I A V B N K F S  
 Y F B C C A W G A M E F W R I N M I O J T G S P  
 U P D F I U S T V O P J O E D R M W J J Y B Z I  
 Q U F P X O I A Z R W B K V T O O Q C Z W A J A  
 W A H R O C S W H E N E G R O O P J K Y F F S N  
 E G M X O N V O Y N Q Z O F G A G G O O D B G A  
 K N X O W Q C H L O O P R T D I V E R T I D O C

antipatico	simpatico	divertido	gracioso
serio	timido	extrovertido	atrevido
negro	blanco	feo	guapo
bonito	mayor	moreno	joven
pelirrojo	rubio	gordo	delgado
alto	bajo		

## **Broma del Boletín Trimestral**

- Un padre en la misa dice en alta voz: Hoy solo me limitaré a confesar a las devotas. Se detiene delante de su asiento una feligresa y le dice al padre:  
¿Y cuándo nos toca a las que no vinimos en botas?
- ¿Qué le dice una iguana a su hermana gemela? \*Somos iguanitas

# BOOK YOUR NEXT EVENT WITH US!

Salon de Fiestas Para Rentar

*Celebrate with Us!*

## SPECIAL OCCASIONS!

The Jurupa Area Park District offers facilities with a wide range of amenities to meet your personal or professional needs.

## RENT A FACILITY!

Our Event Room and Dining Room at the Eddie Dee Smith Senior Center are the perfect venues for your wedding reception, quinceañeras, birthday party, or other special occasion.



## Locations Include:

Jurupa Community Center  
Veterans Memorial Community Center  
SkyView Event Center  
Eddie Dee Smith Senior Center  
Picnic Shelters  
and much more!



**FOR PRICING AND  
AVAILABILITY INFORMATION,  
PLEASE CALL THE CENTER!**

5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

(951) 275-9975

# Thank you

Alexander Family

Baker's  
Drive-Thru

Dr. Javier Rios

JAR Insurance

Riverside  
Community  
Health  
Foundation

SCAN Health

For more information on how to become a sponsor, call (951) 275-9975.

## Sponsorship/Patrocinio

The Eddie Dee Smith Senior Center can only achieve its goals with assistance of generosity from members of our community. Without this assistance serving those in our area, would not be possible. Please consider sponsoring, we appreciate any contribution towards the center's program and activities that serve our 55+ community.

El Centro para Personas Mayores Eddie Dee Smith solo puede lograr sus objetivos con la ayuda de la generosidad de los miembros de nuestra comunidad. Sin esta ayuda, no sería posible servir a los que se encuentran en nuestra área. Considere patrocinar, apreciamos cualquier contribución al programa y las actividades del centro que sirven a nuestra comunidad de 55+.



3800 Kilroy Airport Way  
Suite 100  
Long Beach, CA 90806



**Walther Moyano**  
Sales Representative  
**1-951-505-3341**  
wmoyano@scanhealthplan.com  
scanhealthplan.com/sales/walthermoyano  
Se habla español  
License #: 0H68128





**Monica Ruiz Bustos**  
Independent Agent  
Lic#: OK59843  
909-908-2599  
951-243-6500  
951-243-6552  
mruiz@jaragent.com  
jarinsuranceservices.com  
13373 Perris Blvd., Ste. E410  
Moreno Valley, CA 92553





# Holiday Luncheons

LONCHES NAVIDEÑOS

*Thanksgiving/ Acción de Gracias*

**November 19th**

*19 de Noviembre*

\$5 lunch meal ticket

\*Deadline to purchase tickets is November 4th.



\$5 Boleto de almuerzo

\* La fecha límite para comprar boletos es el 4 de Noviembre.



SPACE IS LIMITED!

*Christmas/ Navideño*

**December 23rd**

*23 de Diciembre*

\$5 lunch meal ticket

\*must be purchased by December 8th.



\$5 Boleto de almuerzo

\*La fecha límite para comprar boletos es el 8 de Diciembre.



ESPACIO LIMITADO!



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# Resources/Recursos

Adult Protective Services .....	1(800) 491-7123
Alzheimer's Association alz.org .....	1(800) 272-3900
American Society on Aging .....	1(800) 537-9728
Blindness Support Services .....	(951) 341-9244
Caregivers Alzheimer's Association .....	1(800) 272-3900
Community Action Partnership .....	(951) 955-4900
City of Jurupa Valley .....	(951) 332-6464
Community Connect .....	1(800) 465-1123
Elder Abuse Hotline .....	1(800) 677-1116
Fair Housing Council of Riverside County .....	(951) 682-6581
Family Caregiver Alliance .....	1(800) 445-8106
Feeding America .....	(951) 359-4757
HICAP Health Insurance Counseling .....	1(800) 434-0222
ICLS-Inland County Services, Ins. ....	1(800) 977-4257
Inland Counties Legal Services/Senior Hotline.....	(951) 320-7500
Jurupa Area Recreation Park District .....	(951) 361-2090
Meals on Wheels .....	(951) 683-7151
Medicare .....	1(800) 633-4227
Office on Aging/County of Riverside .....	(951) 867-3800
Poison Control Hotline .....	1(800) 222-1222
Riverside County Veterans Services .....	(951) 955-3060
Rubidoux Resource Center .....	(951) 328-1575
Sherriff's (Jurupa Valley) .....	(951) 955-2600
Social Security Administration .....	1(800) 772-1213
Veteran's Assistance .....	1(800) 827-1000

Due to COVID-19, masks, social distancing, and other guidelines provided by the CDC, State, or County may also be required at the time of events.



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