

Resources/Recursos

Adult Protective Services	1(800) 491-7123
Alzheimer's Association alz.org	1(800) 272-3900
American Society on Aging	1(800) 537-9728
Blindness Support Services	(951) 341-9244
Caregivers Alzheimer's Association	1(800) 272-3900
Community Access Center	(951) 274-0358
Community Action Partnership	(951) 955-4900
City of Jurupa Valley	(951) 332-6464
Community Connect	1(800) 465-1123
Dial-A-Ride	1(800) 795-7887
Elder Abuse Hotline	1(800) 677-1116
Fair Housing Council of Riverside County	(951) 682-6581
Family Caregiver Alliance	1(800) 445-8106
Feeding America	(951) 359-4757
HICAP Health Insurance Counseling	(909) 256-8369 1(800) 434-0222
ICLS-Inland County Services, Ins.	1(800) 977-4257
Inland Counties Legal Services/Senior Hotline.....	(951) 320-7500
Jurupa Area Recreation Park District	(951) 361-2090
Meals on Wheels	(951) 683-7151
Medicare	1(800) 633-4227
Office on Aging/County of Riverside	(951) 867-3800
Poison Control Hotline	1(800) 222-1222
Riverside County Veterans Services	(951) 955-3060
Riverside County Department of Social Services	(951) 358-3000
Riverside Transit Agency	(951) 565-5000
Rubidoux Resource Center	(951) 328-1575
Sherriff's (Jurupa Valley)	(951) 955-2600
Social Security Administration	1(800) 772-1213
Veteran's Assistance	1(800) 827-1000



Operated by JARPD
under agreement with the City of Jurupa Valley



5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

(951) 275-9975

VOL. 3 ISSUE 2 •

APRIL, MAY, JUNE
2023

THE EDDIE DEE NEWS

5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

(951) 275-9975



Happy Spring! As flowers start to bloom come on in and enjoy all the activities that we have planned. Make new friends and catch up with old ones.



¡Feliz primavera! Mientras las flores comienzan a florecer, ven y disfruta de todas las actividades que hemos planeado. Haz nuevos amigos y ponte al día con los viejas amistades.

Center Hours

MONDAY-FRIDAY
LUNES- VIERNES

8:00AM-3:00PM

Email

EDSSC@JARPD.org

CENTER STAFF

DEBBIE PATTERSON
Recreation Coordinator

MARELY PIÑA
Recreation Specialist



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FSA-Senior Nutrition Lunch Program

Monday - Friday/Lunes - Viernes
11:30am - 12:30pm

To schedule a reservation for the senior nutrition lunch program, please call (951) 275-9975. A 24 hour notice is required for all lunch reservations. Para programar una reservacion para el programa de almuerzo, llame al (951) 275-9975. Se requiere un aviso de 24 horas para todas las reservas de almuerzo.

Feeding America-Food Pantry

1st Thursday of the month/ Primer Jueves del mes
By appointment only/ Por cita solamente.
9:00am - 11:30am

To schedule an appointment for the Food Pantry, please call (951) 275-9975 on Tuesday the week of pick-up. You must bring a cart.

Para programar una cita para recoger la comida, llame al (951) 275-9975 el Martes antes de recoger la comida. Debe traer su propio carrito.

Orange County Food Box

Last Monday of the month/ Ultimo Lunes del mes
10:00am-1:00pm

Eddie Dee Smith Senior Center

*Drive up outdoor pick-up. Conduzca hasta la recogida al aire libre.

Pick-up the last Monday of the month.

Please call (714) 897-6670 for more information. Llame al (714) 897-6670 para mas informacion.

"If you can't feed a hundred people, just feed one."

"Si no puedes alimentar a cien personas, solo dale de comer a una."

-MOTHER TERESA



Eddie Dee's Thrift Store

LA TIENDA DE EDDIIE DEE



Come on in to Eddie Dee's Thrift store open every Thursday except the first Thursday of the month. Ven a la tienda de segunda mano de Eddie Dee abierta todos los Jueves excepto el primer Jueves del mes.

10:00 am - 1:00pm



5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

(951) 275-9975

Zumba Gold / Zumba

Join Elia from RCHF as she host Zumba Gold for the months of April and May at the center.

Únase a Elia de RCHF como presentadora de Zumba Gold durante los meses de Abril y Mayo en el centro.

Every Friday /
Cada Viernes

9 am - 10 am



Medicare Resources

RECURSOS DE MEDICARE

Date	Time	Agency
4/26/2023	10:30 am - 12:00 pm	PACE
5/17/2023	10:30 am - 11:30 am	SCAN
5/17/2023	10:30 am - 12 pm	PACE
6/14/2023	10:30 am - 11:30 am	SCAN
6/16/2023	10:30 am - 11:30 am	PACE



- Alexander Family
- Amistad Medical Clinic
- Anthem Blue Cross
- 365 MD Care
- Monica Ruiz
- Rosa Kuybus
- Riverside Community Health Foundation
- Monica Fiallos
- Mila Arteaga
- Neighborhood HealthCare
- Baker's Drive-Thru
- SCAN Health

Sponsorship/Patrocinio

The Eddie Dee Smith Senior Center can only achieve its goals with assistance of generosity from members of our community. Without this assistance serving those in our area, would not be possible. Please consider sponsoring, we appreciate any contribution towards the center's programs and activities that serve our 55+ community.

El Centro para Personas Mayores Eddie Dee Smith solo puede lograr sus objetivos con la ayuda de la generosidad de los miembros de nuestra comunidad. Sin esta ayuda, no sería posible servir a los que se encuentran en nuestra área. Considere patrocinar, apreciamos cualquier contribución a los programas y las actividades del centro que sirven a nuestra comunidad de 55+.

Monica I. Ruiz Bustos
Independent Insurance Agent
Lic# 0K59843 | Hablo Español
Mobile: (909) 908-2599
Office: (951) 588-2560
Fax: (909) 208-0498
monica.bustos@myvitalityagent.com

Protection that Promotes Peace of Mind

Monica Fiallos
Independent Broker
Medicare Solutions
Life Insurance
Lic. 0G78920
Hablo su idioma
Cell: (951) 314-3258
Fax: (951) 825-5502

Ajay G. Meka M.D., Inc. Serving Southern California since 1983

3800 Kilroy Airport Way
Suite 100
Long Beach, CA 90806

Walther Moyano
Sales Representative
1-951-505-3341
wmoyano@scanhealthplan.com
scanhealthplan.com/sales/walthermoyano
Se habla español
License #: 0H68128

Z E N I B O R U N E U S F X S M D C L Y
C Z C W A R M E P Z L F G C O U C I N R
X E H V W C D R L H F C A G G I D N C E
T E I W G R A W D L C V Y O E O U R R K
A R C U A N O T O L A A U C F B P W O C
D B K G K B T W E N G T L F R S C T C I
P O F S N L E H G R J I A I R O M A U L
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A E N I H S N U S G R A S S B E M S B L
T A N Z P U D D L E S Q Y O M A A A T B
T C M R O T S R E D N U H T D E L K C D
X H A L L E R B M U R T U L I P B L O C

- | | | | | | |
|-----------|-------------|---------|------------|----------------|----------|
| April | Camping | Eggs | Motorcycle | Scavenger Hunt | Travel |
| Baseball | Caterpillar | Flowers | Nest | Showers | Tulip |
| Beach | Chick | Garden | Pranks | Slicker | Umbrella |
| Bee Hive | Clouds | Grass | Puddles | Spring | Warm |
| Bloom | Clover | Honey | Rabbit | Spring Break | Weather |
| Breeze | Crocus | Lamb | Rainbow | Sunshine | Windy |
| Bunny | Daffodil | Lilac | Raincoat | Tadpole | Worms |
| Butterfly | Dugout | Melt | Robin | Thunderstorm | |

For more information on how to become a sponsor, call (951) 275-9975.



Para mas informacion, favor de llamar al Centro al (951) 275-9975 or visite www.JARPD.org

April / Abril

Eddie Dee Smith Senior Center

Health Fair

Feria de Salud



Thursday April 13, 2023
Jueves 13 de Abril, 2023
9:00 am - 12:00 pm

This event is a free community health resource including check-ups conducted in collaboration with various organizations throughout Riverside County.

Este evento es un recurso de salud comunitario gratuito que incluye chequeos realizados en colaboración con varias organizaciones en todo el condado de Riverside.

Know your Numbers

Conozca sus Números



Activities include:
 Blood Pressure
 Glucose
 Giveaways
 and much more!



Actividades incluyen:
 Presión arterial
 Glucosa
 regalos
 ¡y mucho más!



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(951) 275-9975

Upcoming Activities

Proximas actividades

Food Pantry Bag
Bolsa de Alimentos
 April / Abril 6
 9:00am - 11:30am

Monthly Birthday Celebration
Celebración de Cumpleaños
 April / Abril 21

Entrenamiento de Teléfonos
 Llamar para inscribirse
 9:00 am - 11:00 am

Wear Purple
Use Morado
 April / Abril 15

BOOK YOUR NEXT EVENT WITH US!

Salon de Fiestas Para Rentar

Celebrate with Us!

SPECIAL OCCASIONS!

The Jurupa Area Park District offers facilities with a wide range of amenities to meet your personal or professional needs.

RENT A FACILITY!

Our Event Room and Dining Room at the Eddie Dee Smith Senior Center are the perfect venues for your wedding reception, quinceañeras, birthday party, or other special occasion.



Locations Include:

Jurupa Community Center
 Veterans Memorial Community Center
 SkyView Event Center
 Eddie Dee Smith Senior Center
 Picnic Shelters
 and much more!

FOR PRICING AND AVAILABILITY INFORMATION, PLEASE CALL THE CENTER!

5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

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Classes & Workshops Talleres & Clases

Amistad Medical Clinic

Nutrition Class

Clase de Nutrición

9 am - 11 am

4/18/2023

5/16/2023

6/20/2023



Painting Class

Clase de Pintura

9 am - 11 am

4/20/2023

5/9/2023

6/6/2023

Vision & Compromiso

Craft class /

Clase de Manualidades

9 am - 10:30 am

4/4/2023 & 4/25/2023

5/2/2023 & 5/23/2023

6/13/2023 & 6/27/2023



Riverside Community Health Foundation

Solutions

Classes to manage

chronic illness

Mondays

April 3 - 17

9:00 am - 11:00 am

Upcoming Activities

Proximas actividades

Food Pantry Bag

Bolsa de Alimentos

May / Mayo 4

Monthly Birthday Celebration

Celebración de Cumpleaños

May / Mayo 19

Smartphone Training

May 8

9:00 am - 11:00 am

Entrenamiento de Teléfonos

Mayo

Llamar para inscribirse

9:00 am - 11:00 am

May / Mayo

Mother's Day Tea

Join us as we celebrate those special women in our lives with some tea and hors d'oeuvre.

Únase a nosotros mientras celebramos a esas mujeres especiales en nuestras vidas con un poco de té y aperitivos.

Thursday May 11, 2023

Jueves 11 de Mayo, 2023

9:00 am - 10:30 am



Come dressed in your Sunday's best!
¡Vengan en su mejor vestidura!

**Don't forget to sign up
No se le olvide registrarse**



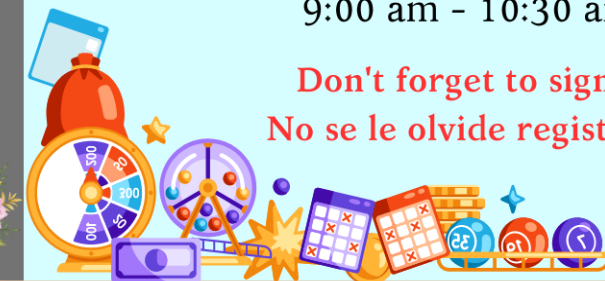
BINGO

Wednesday May 17, 2023

Miércoles 17 de Mayo, 2023

9:00 am - 10:30 am

**Don't forget to sign up
No se le olvide registrarse**



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June / Junio

Father's Day Luncheon

Let's celebrate and honor those special father figures in our lives. Join us for lunch.

Celebremos y honremos esas figuras paternas especiales en nuestras vidas. Únase a nosotros para el almuerzo.

Friday June 16, 2023
Viernes 16 de Junio, 2023
11:00 am - 12:00 pm



Don't forget to sign up by
Monday June 12
No se le olvide registrarse
antes de Lunes 12 de Junio



Independence Day



Bingo



Friday June 30, 2023
Viernes 30 de Junio, 2023
9:00 am - 10:30 am



Don't forget to sign up by Monday June 26
No se le olvide registrarse antes de Lunes
26 de Junio



5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

Upcoming Activities

Proximas actividades

Food Pantry Bag
Bolsa de Alimentos
June / Junio 8

Monthly Birthday Celebration
Celebración de Cumpleaños
June / Junio 16
11:30am - 12:30pm

Entrenamiento de Teléfonos
Junio
Llamar para inscribirse
9:00 am - 11:00 am

Wear Pink
Use Rosado
June / Julio 23



(951) 275-9975



Movie Day



Join us for a fun afternoon watching a movie in celebration of National Movie Night.
Únase a nosotros para pasar una tarde divertida viendo una película en celebración de la Noche



Nacional de Cine.
Friday June 6, 2023
Viernes 6 de Junio, 2023
1:30 pm - 3:30 pm



Don't forget to sign up
No se le olvide registrarse



Chair Volleyball

Join us for a fun game of chair volleyball as we celebrate Senior Health and Fitness Day.

Únase a nosotros para un divertido juego de voleibol en silla mientras celebramos el Día de la Salud y el Estado Físico para Personas Mayores.

Wednesday May 31, 2023
Miércoles 31 de Mayo, 2023
9:00 am - 10:30 am



Don't forget to sign up
No se le olvide registrarse

SNAP-Ed Sessions



Classes will be provided by
Riverside County
Office on Aging
Date: 04/24/2023
Time: 9:15am to 10:15am
Location:
Eddie Dee Smith Senior Center
5888 Mission Blvd., Riverside,
CA 92509

Cabbage Fresh from the Garden



Cool/Warm Center

Seniors Only 55+
Monday – Friday
10:00a.m. to 3:00p.m.

When temperatures are forecast to exceed 97°F or below 40°F.

In partnership with the County of Riverside's Community Action Partnership, the Center will act as Cool/Warm Center for vulnerable seniors in need of temporary relief from the heat or cold, under certain weather conditions.

Cuando se pronostica que las temperaturas excederán los 97 ° F o por debajo de los 40 ° F.

En asociación con la Asociación de Acción Comunitaria del Condado de Riverside, el Centro actuará como Centro Cool / Warm para personas mayores vulnerables en necesidad de un alivio temporal del calor o el frío, en determinadas condiciones climáticas.

Joke of the Quarterly Newsletter

A group of moles are hibernating in a burrow for the winter...
One day one mole pops his head out and sniffs around.

"It must be spring because I smell maple syrup in the air. The farmer's wife always cooks pancakes in the springtime" says the mole as he leaves the burrow.

A second mole sticks his head out and smells the air.

"By George, he's right! It smells of sweet boysenberry syrup out here." The second mole then leaves.

A third mole pokes his head out and with a confused look shrugs and starts to leave. As he's leaving the other moles in the hole ask, "Do you smell syrup too? Is that why you're leaving?"

"No," says the mole, "but for the last three months down here I've smelt nothing but mole asses"

A guy gives flowers to all of his family. To his wife he gives roses, to his parents he gives orchids, to his daughters he gives daisies. And to his sons, he gives sunflowers.

Broma del Boletín Trimestral

Entra un tipo en una farmacia:
¿Tiene pastillas para los nervios?
Sí.

Pues tómese dos, ¡porque esto es un asalto!

El hijo de un inmigrante comentaba:
- Mi abuelo vino a América buscando la libertad... Pero no le sirvió de mucho: en el siguiente barco vino mi abuela.

Entra un ladrón a robar un banco, llevaba un gato en la mano y dice:
¡Manos arriba o aprieto el gatillo!

¿Qué le dice la cucharita a la gelatina?
No tiembles, cobarde.

MEMBER SERVICES

Fiallos Insurance Solutions, Inc. will be providing a variety of support services at no cost to our members.

**Make an appointment the
2nd and 4th
Thursday of each month.**

SERVICIOS DE MIEMBROS

Soluciones De Aseguranza Fiallos Inc. provee una variedad de servicios con apoyo sin ningun costo a nuestros miembros.

**Necesita asistencia? haga su
cita el 2o y 4o
Jueves de cada mes.**

Hawaiian Bunco

Join us for a fun game of bunco to celebrate the beginning of summer. Come dressed in your favorite Hawaiian outfit.

Únase a nosotros para un divertido juego de bunco para celebrar el comienzo del verano. Venga vestido en su atuendo hawaiano favorito.

**Wednesday June 14, 2023
Miércoles 14 de Junio, 2023
9:00 am - 10:30 am**

**Sign up before Monday June 5, 2023
Regístrese antes de Lunes 5 de
Junio, 2023**



Monica Fiallos



CENTER EVENTS & ACTIVITIES

Eventos & Actividades del Centro



¿Tiene dificultad **mirando** o **escuchando** en su teléfono inteligente Android? ¡Participe en un entrenamiento **GRATIS** y haga mejor uso de su teléfono inteligente!

Aprenda a:

- Ajustar el volumen de su Android para que sea más fácil escuchar
- Enviar o recibir mensajes de texto
- Conectar dispositivos Bluetooth
- Manejar las funciones básicas de su Android...¡y mucho más!



Cuándo: Martes, Abril 11, 2023
9:00am - 11:00am



Rock Painting Pintura de Rocas

Celebrate Earth Day with us as we paint rocks to set out in the garden.

Celebra el Día de la Tierra con nosotros mientras pintamos rocas para ponerlas en el jardín.

Wednesday April 26, 2023
Miércoles 26 de Abril, 2023
9:00 am - 10:30 am

Sign up before Thursday
April 20, 2023
Regístrese antes de Jueves
20 de Abril, 2023

Walking Club Club de Caminata

Every Wednesday at 8:00 am

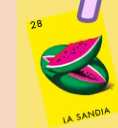
Cada Miercoles a la 8:00 am

Join Vision & Compromiso
for an hour walk.

Únase a
Vision & Compromiso
para una caminata de una
hora.



Spring Loteria



Wednesday April 19, 2023
Miércoles 19 de Abril, 2023
9:00 am - 10:30 am



Eddie Dee Smith Senior Center

MONDAY		TUESDAY		WEDNESDAY	
8:30 - 9:30	Stretch & Flex	8:00 - 9:00	Walking Club	8:00 - 10:00	Queen of the Hill
8:30 - 10:30	Coffee Social	8:30 - 9:30	Stretch & Flex	8:30 - 10:30	Coffee Social
11:30 - 12:30	Lunch Program	8:30 - 10:30	Coffee Social	8:30 - 10:30	Painting Club
11:00 - 3:00	Ceramics Class	10:00 - 2:00	Sewing Club	9:00 - 11:00	Crochet Club
“The spirit never ages. It stays forever young.” – Lailah Gifty Akita		11:30 - 12:30	Lunch Program	11:30 - 12:30	Lunch Program
		11:30 - 3:00	Ceramics Class	12:00 - 2:00	Quilting*
		<u>Coloring Social</u> Tuesdays/Martes 8:30am-10:30am		* Food Pantry Days may affect class. Please check with the front desk.	

COMPUTER CLASS

Want to learn the basics of computers? Join our instructor Don as he teaches you the basics of computers.

Wednesdays

4/5 & 4/19

5/3, 5/17 & 5/31

6/7 & 6/21

9:00 am -
11:00 am

CHAIR YOGA YOGA EN SILLA

PRICE / PRECIO

\$5 Per Class / \$5 Por Clase
 DATES / FECHAS
 4/9 - 4/23

Wednesday /
Miercoles
 8:30 am -
9:30 am

Program Schedule

THURSDAY		FRIDAY		ONGOING ACTIVITIES	
8:30 - 9:30	Stretch & Flex	8:30 - 10:30	Coffee Social	8:00 - 3:00	Billiards
8:30 - 10:30	Coffee Social	9:00 - 10:00	Zumba Gold*	8:00 - 3:00	Computer Lab
11:30 - 12:30	Lunch Program	10:00 - 1:00	Watercolor	8:00 - 3:00	Gym
12:00 - 3:00	Mexican Train	11:00 - 3:00	Canasta	8:00 - 3:00	Library
		11:30 - 12:30	Lunch Program	Center Hours Monday-Friday Lunes a Viernes 8:00am - 3:00pm Sat & Sun Available for Rentals *Centro disponible para fiestas	
		11:30 - 12:30	Birthday Celebration (3rd Friday)		

May 29, 2023

*Zumba Gold for the months of April and May.
 Zumba para los meses de Abril y Mayo.

Lunch Program
 Programa de Lonche
 11:30 — 12:30 pm
Reservations Required



**VOLUNTEERS
MAKE A
DIFFERENCE**

Special Events / Eventos Especiales:
 Monthly Birthday Celebrations /
 Celebraciones de Cumpleaños Mensuales
 3rd Friday of the Month / 3er Viernes del Mes