

## Resources/Recursos

Adult Protective Services .....	1(800) 491-7123
Alzheimer's Association alz.org .....	1(800) 272-3900
American Society on Aging .....	1(800) 537-9728
Blindness Support Services .....	(951) 341-9244
Caregivers Alzheimer's Association .....	1(800) 272-3900
Community Access Center .....	(951) 274-0358
Community Action Partnership .....	(951) 955-4900
City of Jurupa Valley .....	(951) 332-6464
Community Connect .....	1(800) 465-1123
Dial-A-Ride .....	1(800) 795-7887
Elder Abuse Hotline .....	1(800) 677-1116
Fair Housing Council of Riverside County .....	(951) 682-6581
Family Caregiver Alliance .....	1(800) 445-8106
Feeding America .....	(951) 359-4757
HICAP Health Insurance Counseling .....	(909) 256-8369   1(800) 434-0222
ICLS-Inland County Services, Ins. ....	1(800) 977-4257
Inland Counties Legal Services/Senior Hotline.....	(951) 320-7500
Jurupa Area Recreation Park District .....	(951) 361-2090
Meals on Wheels .....	(951) 683-7151
Medicare .....	1(800) 633-4227
Office on Aging/County of Riverside .....	(951) 867-3800
Poison Control Hotline .....	1(800) 222-1222
Riverside County Veterans Services .....	(951) 955-3060
Riverside County Department of Social Services .....	(951) 358-3000
Riverside Transit Agency .....	(951) 565-5000
Rubidoux Resource Center .....	(951) 328-1575
Sherriff's (Jurupa Valley) .....	(951) 955-2600
Social Security Administration .....	1(800) 772-1213
Veteran's Assistance .....	1(800) 827-1000



Operated by JARPD  
under agreement with the City of Jurupa Valley



5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

(951) 275-9975

VOL. 3 ISSUE 3 •

# JULY, AUGUST, SEPTEMBER 2023 THE EDDIE DEE NEWS



5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

(951) 275-9975



**Happy summer! We are half way through 2023 already. This year has gone by so fast but not to worry because we have a lot of fun activities planned for the months of July, August, and September. Remember to stay cool and hydrated these hot summer months.**



**¡Feliz verano! Ya estamos a la mitad del 2023. Este año ha pasado muy rápido, pero no se preocupen porque tenemos planeadas muchas actividades divertidas para los meses de Julio, Agosto y Septiembre. Recuerden mantenerse frescos e hidratado en estos calurosos meses de verano.**



## Center Hours

MONDAY-FRIDAY  
LUNES- VIERNES

8:00AM-3:00PM

Email

EDSSC@JARPD.org

CENTER STAFF

DEBBIE PATTERSON  
Recreation Coordinator

MARELY PIÑA  
Recreation Specialist



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### FSA-Senior Nutrition Lunch Program

Monday - Friday/Lunes - Viernes  
11:30am - 12:30pm

To schedule a reservation for the senior nutrition lunch program, please call (951) 275-9975. A 24 hour notice is required for all lunch reservations. Para programar una reservacion para el programa de almuerzo, llame al (951) 275-9975. Se requiere un aviso de 24 horas para todas las reservas de almuerzo.

### Feeding America-Food Pantry

1st Thursday of the month/ Primer Jueves del mes  
By appointment only/ Por cita solamente.  
9:00am - 11:30am

To schedule an appointment for the Food Pantry, please call (951) 275-9975 on Tuesday the week of pick-up. You must bring a cart.

Para programar una cita para recoger la comida, llame al (951) 275-9975 el Martes antes de recoger la comida. Debe traer su propio carrito.

### Orange County Food Box

Last Monday of the month/ Ultimo Lunes del mes  
10:00am-1:00pm  
Eddie Dee Smith Senior Center

\*Drive up outdoor pick-up. Conduzca hasta la recogida al aire libre.

Pick-up the last Monday of the month.  
Please call (714) 897-6670 for more information.  
Llame al (714) 897-6670 para mas informacion.

"If you can't feed a hundred people, just feed one."

"Si no puedes alimentar a cien personas, solo dale de comer a una."

-MOTHER TERESA



## Eddie Dee's Thrift Store

LA TIENDA DE EDDIE DEE



Come on in to Eddie Dee's Thrift store open every Thursday except the first Thursday of the month. Ven a la tienda de segunda mano de Eddie Dee abierta todos los Jueves excepto el primer Jueves del mes.

10:00 am - 1:00pm



## Zumba Gold / Zumba

Join Elia from RCHF as she host Zumba Gold for the months of July and August at the center.

Únase a Elia de RCHF como presentadora de Zumba Gold durante los meses de Julio y Agosto en el centro.

Every Friday /  
Cada Viernes  
9 am - 10 am



## Medicare Resources

RECURSOS DE MEDICARE

Date	Time	Agency
7/6/2023	10:00 am- 12:00 pm	ANTHEM
7/11/2023	9:00 am - 10:00 am	PACE
7/19/2023	10:30 am - 11:30 am	PACE
7/20/2023	10:00 am - 11:30 am	SCAN
8/17/2023	10:30 am - 12:00 pm	SCAN
8/24/2023	10:00 am - 11:30 am	PACE
9/7/2023	10:00 am - 12:00 pm	ANTHEM
9/8/2023	10:30 am - 11:30 am	PACE
9/14/2023	10:30 am - 12:00 pm	SCAN

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(951) 275-9975



- Alexander Family
- Amistad Medical Clinic
- Anthem Blue Cross
- 365 MD Care
- Monica Ruiz
- Rosa Kuybus
- Riverside Community Health Foundation
- Monica Fiallos
- Mila Arteaga
- Neighborhood HealthCare
- Baker's Drive-Thru
- SCAN Health

# Sponsorship/Patrocinio

The Eddie Dee Smith Senior Center can only achieve its goals with assistance of generosity from members of our community. Without this assistance serving those in our area, would not be possible. Please consider sponsoring, we appreciate any contribution towards the center's programs and activities that serve our 55+ community.

El Centro para Personas Mayores Eddie Dee Smith solo puede lograr sus objetivos con la ayuda de la generosidad de los miembros de nuestra comunidad. Sin esta ayuda, no sería posible servir a los que se encuentran en nuestra área. Considere patrocinar, apreciamos cualquier contribución a los programas y las actividades del centro que sirven a nuestra comunidad de 55+.

**Monica I. Ruiz Bustos**  
Independent Insurance Agent  
Lic# 0K59843 | Hablo Español  
**Mobile: (909) 908-2599**  
**Office: (951) 588-2560**  
Fax: (909) 208-0498  
monica.bustos@myvitalityagent.com

**Monica Fiallos**  
Independent Broker  
Medicare Solutions  
Life Insurance  
Lic. 0G78920  
Hablo su idioma  
Cell: (951) 314-3258  
Fax: (951) 823-5502

Ajay G. Meka M.D., Inc. Serving Southern California since 1983

3800 Kilroy Airport Way  
Suite 100  
Long Beach, CA 90806

**Walther Moyano**  
Sales Representative  
**1-951-505-3341**  
wmoyano@scanhealthplan.com  
scanhealthplan.com/sales/walthermoyano  
Se habla español  
License #: 0H68128

J U N E S T S S S S Y K S E U L B M  
 U S M E A U Y E O U H I K I N G S A  
 S M W E E A N L U B N W A S E Y R E  
 U T W I R R S G I C A B L N A R E R  
 N S H V M T C C L T E A U D T V L C  
 T Y U G I M Y S E A D B I R S S K E  
 A G L C I C I R N N S L R R N D N C  
 N R E U L F M N A U O S E A R G I I  
 O E A E J E R S G H S W E A B N R C  
 S E D A L B R E L L O R O S R I P R  
 C N A O F L O G T L T B T E E T S E  
 H G N I H S I F F A E O A E E A H C  
 O R C A M P I N G T W T H B Z O C C  
 O A C I N C I P A W A S P S E B A O  
 L S F L I E S K M O S Q U I T O E S  
 T S U G U A S I L L A B E S A B B O  
 G N I N E D R A G S U N S H I N E N

- |          |             |            |               |              |
|----------|-------------|------------|---------------|--------------|
| ANTS     | BREEZE      | HIKING     | ROLLER BLADES | SUNSHINE     |
| AUGUST   | CAMPING     | HOLIDAYS   | SANDALS       | SUNTAN       |
| BARBECUE | FISHING     | HOT        | SKATEBOARD    | SWEAT        |
| BASEBALL | FLIES       | ICE CREAM  | SOCCER        | SWIMMING     |
| BEACH    | FLOWERS     | JULY       | SOLSTICE      | UV RAYS      |
| BEES     | GARDENING   | JUNE       | SPRINKLERS    | WASPS        |
| BICYCLE  | GOLF        | MOSQUITOES | SUNBURN       | WATER FIGHTS |
| BLUE SKY | GREEN GRASS | NO SCHOOL  | SUNGLASSES    | WATERMELON   |
| BOATING  | HAT         | PICNIC     | SUNSCREEN     |              |

For more information on how to become a sponsor, call (951) 275-9975.

Para mas informacion, favor de llamar al Centro al (951) 275-9975 or visite [www.JARPD.org](http://www.JARPD.org)

## Upcoming Activities

Proximas actividades

**Food Pantry Bag**  
*Bolsa de Alimentos*  
August / Agosto 3

**Monthly Birthday Celebration**  
*Celebración de Cumpleaños*  
August / Agosto 18

**Smartphone Training**  
*Call to make appointment*  
9:00 am - 11:00 am

**Entrenamiento de Teléfonos**  
*Llamar para inscribirse*  
9:00 am - 11:00 am

**WATERMELON DAY**  
*Día de Sandía*  
August / Agosto 4

## August / Agosto

**B I N G O**

**Wednesday August 16, 2023**  
**Miércoles 16 de Agosto, 2023**

**9:00 am - 10:30 am**

**Don't forget to sign up by**  
**August 11, 2023**

**No se le olvide registrarse antes**  
**del 11 de Agosto, 2023**



## VACCINE CLINIC

## CLÍNICA DE VACUNAS



**Tuesday August 15, 2023**  
**Martes 15 de Agosto, 2023**

**10:30 am - 3:00 pm**

**No appointment needed**  
**No ocupa sita**



## Donut Day

**Come celebrate Senior Citizen Day with a donut**  
**Venga a celebrar el Día de las Personas de la**  
**tercera edad con una dona**

**Monday August 21, 2023 - Lunes 21 de Agosto, 2023**  
**9:30 am - 10:30 am**



5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

(951) 275-9975

## BOOK YOUR NEXT EVENT WITH US!

Salon de Fiestas Para Rentar

## Celebrate with Us!

### SPECIAL OCCASIONS!

The Jurupa Area Park District offers facilities with a wide range of amenities to meet your personal or professional needs.

### RENT A FACILITY!

Our Event Room and Dining Room at the Eddie Dee Smith Senior Center are the perfect venues for your wedding reception, quinceañeras, birthday party, or other special occasion.



### Locations Include:

Jurupa Community Center  
Veterans Memorial Community Center  
SkyView Event Center  
Eddie Dee Smith Senior Center  
Picnic Shelters  
and much more!

**FOR PRICING AND AVAILABILITY INFORMATION, PLEASE CALL THE CENTER!**

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(951) 275-9975

# Classes & Workshops Talleres & Clases

## Amistad Medical Clinic

*Nutrition Class*

*Clase de Nutrición*

*9 am - 11 am*

*7/13/2023*

*8/24/2023*

*9/21/2023*



*Painting Class*

*Clase de Pintura*

*9 am - 11 am*

*7/20/2023*

*8/10/2023*

*9/14/2023*

## Vision & Compromiso

*Craft class /*

*Clase de Manualidades*

*9 am - 10:30 am*

*7/18/2023 & 7/25/2023*

*8/8/2023 & 8/22/2023*

*9/5/2023 & 9/19/2023*



## Citrus Valley Medical

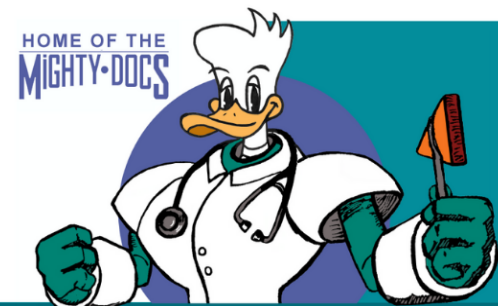
*Women's Health Class*

*Clase sobre Salud de Mujer*

*9:30 am - 10:30 am*

*Thursday August 31, 2023*

*Jueves 31 de Agosto, 2023*



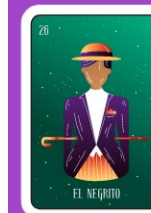
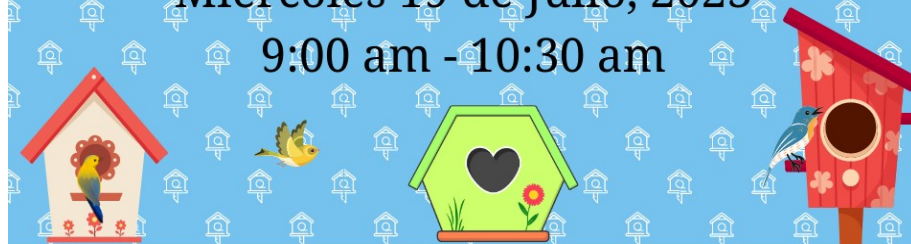
**July / Julio**

**Bird House Painting  
Pintura de Casa de Pajaro**

**Wednesday July 19, 2023**

**Miércoles 19 de Julio, 2023**

**9:00 am - 10:30 am**



**LOTERÍA**

**Wednesday July 26, 2023**

**Miércoles 26 de Julio, 2023**

**9:00 am - 10:30 am**

**Don't forget to sign up  
No se le olvide registrarse**



**LOLLIPOP DAY**

**Thursday July 20, 2023**

**Jueves 20 de Julio, 2023**

**Come get your lollipop to celebrate national lollipop day.  
Venga por su paleta para celebrare el dia nacional de paletas.**



## Upcoming Activities

Proximas actividades

**Food Pantry Bag**

*Bolsa de Alimentos*

*July / Julio 6*

*9:00am - 11:30am*

**Monthly Birthday Celebration**

*Celebración de Cumpleaños*

*July / Julio 21*

**Smartphone Training**

*Call to Sign-up*

*July 10*

*9:00 am - 11:00 am*

**Entrenamiento de Teléfonos**

*Llamar para inscribirse*

*9:00 am - 11:00 am*

**National Ice Cream Day**

*Día Nacional de Nieve*

*July / Julio 21*

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September / Septiembre

Happy National Senior Center Month

Grandparents Day  
Día de los Abuelos

Come in and enjoy a morning of scrapbooking to celebrate National Grandparents Day.

Ven y disfruta de una mañana de álbumes de recortes para celebrar el Día Nacional de los Abuelos.

Monday September 11, 2023

Lunes 11 de Septiembre, 2023

9:00 am - 10:30 am

Sign up by Thursday September 7, 2023

Regístrese antes de Jueves 7 de Septiembre, 2023

★ **Movie Day** ★

Join us for a fun afternoon watching a movie and enjoy some popcorn.

Friday September 8, 2023

Viernes 8 de Septiembre, 2023

12:00 pm - 3:00 pm



5888 MISSION BLVD. JURUPA VALLEY, CA. 92509

Upcoming Activities

Proximas actividades

Food Pantry Bag

Bolsa de Alimentos

September / Septiembre 7

Monthly Birthday Celebration

Celebración de Cumpleaños

September / Septiembre 15

11:30am - 12:30pm

Smartphone Training

Call to Sign-up

September 18

9:00 am - 11:00 am

Entrenamiento de Teléfonos

Llamar para inscribirse

9:00 am - 11:00 am

POPCORN DAY

DIA DE PALOMITAS

September / Septiembre 25

(951) 275-9975

Diabetes Empowerment through Self Management Classes

Clases sobre Empoderamiento de Diabetes a través del Automanejo

Join this 6 week class, English classes will be every Tuesday starting August 8, 2023 from 9:00 - 11:00 am

Únase a esta clase de 6 semanas, clases en Español serán cada Lunes empezando el 7 de Agosto de 9:00 - 11:00 am



National Root beer Float Day  
Día Nacional de Flotador de Cerveza de Raíz

Monday August 7, 2023

Lunes 7 de Agosto, 2023

During Lunch

Durante el Almuerzo



**GO GO GO**

**ENJOY LIFE.**  
Everyone Rides for 25c All Summer Long

Bus rides will be just a quarter from June 1 through August 30. As always, students who are part of the U-Pass and Go-Pass programs ride for free.

So get off the couch, find a quarter and go enjoy your summer!

Visit [RiversideTransit.com](http://RiversideTransit.com) or call us at (951) 565-5002 to plan your trip.

Cash, coin and GoMobile app payment accepted. 25c rides include all local bus routes, CommuterLink and GoMicro.

**DISFRUTA LA VIDA.**  
Todos viajan por 25c Todo el verano

Los viajes en autobús serán solo una cuarta parte desde el 1 de junio hasta el 30 de agosto. Como siempre, los estudiantes que forman parte de los programas U-Pass y Go-Pass viajan gratis con la aplicación GoMobile.

¡Así que levántate del sofá, encuentra veinticinco centavos y disfruta de tu verano!

Visite [RiversideTransit.com](http://RiversideTransit.com) o llámenos al 951-565 para planificar su próximo viaje.

Se aceptan pagos en efectivo, con monedas y con la aplicación GoMobile. Los viajes de 25c incluyen todas las rutas de autobuses locales, CommuterLink y GoMicro.

**25¢ RIDES** **25¢ VIAJES**

**ERT** **ERT**

Cool/Warm Center

Seniors Only 55+

Monday - Friday

10:00a.m. to 3:00p.m.

When temperatures are forecast to exceed 97°F or below 40°F.

In partnership with the County of Riverside's Community Action Partnership, the Center will act as Cool/Warm Center for vulnerable seniors in need of temporary relief from the heat or cold, under certain weather conditions.

Cuando se pronostica que las temperaturas excederán los 97 ° F o por debajo de los 40 ° F.

En asociación con la Asociación de Acción Comunitaria del Condado de Riverside, el Centro actuará como Centro Cool / Warm para personas mayores vulnerables en necesidad de un alivio temporal del calor o el frío, en determinadas condiciones climáticas.

Joke of the  
Quarterly Newsletter

I was in the waiting room of my doctor's office the other day when the doctor started yelling, "Typhoid! Tetanus! Measles!"  
I went up to the nurse and asked her what the hell was going on. She told me that the doctor liked to call the shots.



My face in the mirror isn't wrinkled or drawn. My house isn't dirty. The cobwebs are gone. My garden looks lovely and so does my lawn. I think I might never put my glasses back on.



Broma del Boletín  
Trimestral

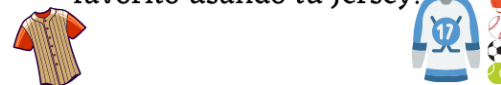
Iban 3 tartamudos en una moto a alta velocidad, de repente el del medio empieza a decir "JA JA JA.." y el que manejaba pregunta: "PO-po-porque te ries ta-tanto?"  
- A lo que le responde, "JA-JA-JAIME SE CAYO"



**Sports Day**  
**Día de Deportes**

Show your team pride by wearing your favorite jersey.

Muestra orgullo por tu equipo favorito usando tu Jersey.



Friday September 1, 2023  
Viernes 1 de Septiembre, 2023

**MEMBER  
SERVICES**

Fiallos Insurance Solutions, Inc. will be providing a variety of support services at no cost to our members.

**Make an appointment the  
2nd and 4th  
Thursday of each month.**



*Monica Fiallos*

Soluciones De Aseguranza Fiallos Inc. provee una variedad de servicios con apoyo sin ningun costo a nuestros miembros.

**Necesita asistencia? haga su  
cita el 2o y 4o  
Jueves de cada mes.**

**CRAZY HAT DAY  
DÍA DE LA GORRA  
LOCA**



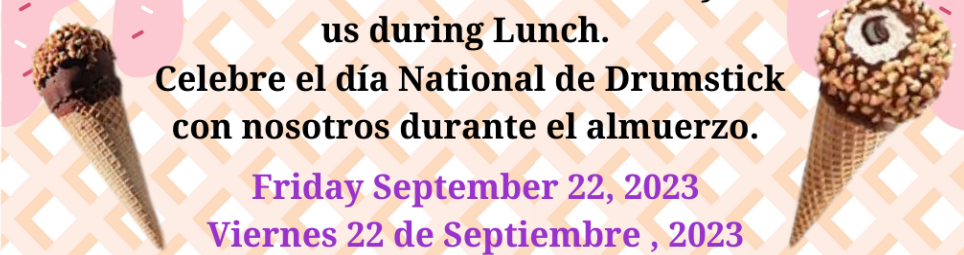
Friday September 15, 2023  
Viernes 15 de Septiembre, 2023

**Drumstick Day**

**Celebrate National Drumstick Day with  
us during Lunch.**

**Celebre el día National de Drumstick  
con nosotros durante el almuerzo.**

Friday September 22, 2023  
Viernes 22 de Septiembre, 2023



**CENTER EVENTS & ACTIVITIES**

Eventos & Actividades del Centro



**End Of Summer  
Dance  
Baile de Fin de  
Verano**

Saturday August 26, 2023  
Sábado 26 de Agosto, 2023  
4:00 pm - 7:00 pm

\$7 per ticket  
\$7 por boleto

Join us for a fun afternoon as we dance and celebrate the end of summer

Únase a nosotros para una tarde divertida mientras bailamos y celebramos el fin de verano

**Sign up before Friday  
August 18  
Regístrese antes de Viernes  
18 de Agosto**

**COFFEE  
WITH THE  
MAYOR**

Tuesday September 26, 2023  
Martes 26 de Septiembre, 2023  
9:30 am - 10:30 am

**CHAIR  
VOLLEYBALL**

Wednesday September 20, 2023  
Miércoles 20 de Septiembre, 2023  
9:00 am - 10:30 am



Sign up by Monday September 18, 2023  
Regístrese antes de Lunes 18 de Septiembre, 2023

**BUNKO**

Wednesday September 13, 2023  
Miércoles 13 de Septiembre, 2023  
9:00 am - 10:30 am

Sign up before Friday September 8, 2023  
Regístrese antes de Viernes 8 de Septiembre, 2023

# Eddie Dee Smith Senior Center

MONDAY		TUESDAY		WEDNESDAY	
8:30 - 9:30	Stretch & Flex	8:00 - 9:00	Walking Club	8:00 - 10:00	Queen of the Hill
8:30 - 10:30	Coffee Social	8:30 - 9:30	Stretch & Flex	8:30 - 10:30	Coffee Social
11:30 - 12:30	Lunch Program	8:30 - 10:30	Coffee Social	8:30 - 10:30	Painting Club
11:00 - 3:00	Ceramics Class	10:00 - 2:00	Sewing Club	9:00 - 11:00	Crochet Club
<b>"The spirit never ages. It stays forever young."</b> – Lailah Gifty Akita		11:30 - 12:30	Lunch Program	11:30 - 12:30	Lunch Program
		11:30 - 3:00	Ceramics Class	12:00 - 2:00	Quilting*
		<u>Coloring Social</u> Tuesdays/Martes 8:30am-10:30am		* <b>Food Pantry</b> Days may affect class. Please check with the front desk.	

## COMPUTER CLASS

Want to learn the basics of computers? Join our instructor Don as he teaches you the basics of computers.

**Wednesdays**  
 7/05 & 7/19                      9:00 am -  
 8/02 & 8/16 & 8/30            11:00 am  
 9/06 & 9/20



# Program Schedule

THURSDAY		FRIDAY		ONGOING ACTIVITIES	
8:30 - 9:30	Stretch & Flex	8:30 - 10:30	Coffee Social	8:00 - 3:00	Billiards
8:30 - 10:30	Coffee Social	9:00 - 10:00	Zumba Gold*	8:00 - 3:00	Computer Lab
11:30 - 12:30	Lunch Program	10:00 - 1:00	Watercolor	8:00 - 3:00	Gym
12:00 - 3:00	Mexican Train	11:00 - 3:00	Canasta	8:00 - 3:00	Library
		11:30 - 12:30	Lunch Program	<b><u>Center Hours</u></b> Monday-Friday Lunes a Viernes 8:00am - 3:00pm  Sat & Sun Available for Rentals  *Centro disponible para fiestas	
		11:30 - 12:30	Birthday Celebration (3rd Friday)		
July 3, 2023 July 4, 2023 September 4, 2023		Office on Aging County of Riverside <b>Classes</b> <u>What's on the Label</u> Tuesday August 8 at 9:30 am - 10:30 am Class in English ¿Qué hay en la Etiqueta? Martes 15 de Agosto a las 9:30 am - 10:30 am Clase en Español <u>Gardening Class</u> Tuesday September 5 at 9:30 am - 10:30 am Class in English <u>Clase de Jardinería</u> Martes 12 de Septiembre a las 9:30 am - 10:30 am Clase en Español			
<b>Lunch Program</b> Programa de Lonche 11:30 — 12:30 pm <b>Reservations Required</b> Se Requiere Reservacion					
		<b>Special Events / Eventos Especiales:</b> Monthly Birthday Celebrations / Celebraciones de Cumpleaños Mensuales 3rd Friday of the Month / 3er Viernes del Mes			